

TUGGERANONG HAWKS



Football Club HAWKS NEST



TFC Results

TFC RESULTS 10 AUGUST

Men's 1s

<u>Tuggeranong Hawks</u>	1.2-8	2.4-16	2.7-19	3.8-26
<u>Gungahlin Jets</u>	6.2-38	8.3-51	9.4-58	13.11-89

TUGGERANONG HAWKS

Goal Kickers: Matt Channon 2, Ben Symons

Best Players: Logan Gray, Matt Channon, Connor Ashcroft, James McCabe, Peter Ashcroft, Cody Kickett

Women's 1s

<u>Tuggeranong Hawks</u>	3.6-24	6.11-47	9.13-67	14.17-101
<u>Gungahlin Jets</u>	0.0	0.0	0.0	0.0

TUGGERANONG HAWKS

Goal Kickers: Nikki Harvey 2, Erin Walsh 2, Charlie McDermott 2, Kate Davoren, Kate Greenacre, Kaiti Primrose, Holly Bartholomew, Sabrina Sanchez, Kathryn Ghirardello, Tess Bernasconi, Jackie Bryant

Best Players: Kate Greenacre, Nikki Harvey, Holly Bartholomew, Nicole Sparks, Sabrina Sanchez, Kate Davoren

Men's 2s

<u>Tuggeranong Hawks</u>	2.0-12	4.1-25	5.4-34	6.5-41
<u>Gungahlin Jets</u>	1.1-7	2.3-15	2.6-18	2.10-22

TUGGERANONG HAWKS

Goal Kickers: Luke Jess 3, Josh Motbey, Dion Cannon, Leo Lahey

Best Players: Aaron Ryan, Ben Dixon, Michael Sangston, Luke Petersen, James Brown, Justan Fuller

Women's 2s

<u>Tuggeranong Hawks</u>	0.0	0.0	0.0	0.0
<u>Queanbeyan Tigers</u>	2.6-18	5.9-39	7.9-51	9.12-66

TUGGERANONG HAWKS

Best Players: Taylah Bacon, Steph Koutsoupas, Emma Beaumont, Dakota Cairnduff, Nat Lockyer, Steph McGrath

Under 17s

<u>Tuggeranong Hawks</u>	1.1-7	2.3-15	3.6-24	3.7-25
<u>Ainslie Black</u>	5.1-31	9.5-59	10.6-66	10.9-69

TUGGERANONG HAWKS

Goal Kickers: Ciall O'Brien, Jarrod Hearne, Hayden Richards
Best Players: Ciall O'Brien, Tom Cargill, Noah Le Lievre, Ethan Cross, Hayden Richards, Joseph Packer

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Match Reports

Women's 1st Grade

Tuggeranong Senior Women week 14

The second last game of our season saw us line up against the Gungahlin team we had beaten twice previously this year. Excitement was high but the thought of complacency was a real possibility and we had to make sure this didn't get it in our heads, because they were for sure out to get us.

We again had a couple pull out prior to the game, so called on a couple more of the 2s players to back up and help out. We now had 8 players backing up from the earlier game, a fantastic commitment by all of them. The day had turned out alright weather wise, a fairly stiff and fresh breeze blowing to the southern end of the ground. We had decided to kick with the breeze if we won the toss and hit them hard and break their backs in the 1st quarter.

Unfortunately Kat lost another one and it was into the wind we went. We were very mindful that if this happened we had to work really hard and score as much as we could. We had also kept them scoreless in the 2 previous encounters and wanted to try and maintain that record.

The game kicked off and we were ready for this, the ball was moving between the middle and our half forward line for a bit when we all of a sudden kicked into gear and we were away, moving the ball deep into our forward line we scored our 1st major. Straight after the ensuring ball up we did it again and we realised we were on our way. The quarter finished up with us 3g 6b with the wind playing a huge part in the 6 bit. They had not scored with the wind, great effort.

After a quick rev and encouragement we wanted to utilise the breeze and keep the momentum going. That we did, and our game was really starting to evolve with handball and short passing, really looking the goods. We had players who hadn't kicked goals before chiming in and opening their accounts. We should have had more goals on the board by half time but the big sticks eluded us and we only managed another 3g 5b to give us a 47 point margin going into half time. They still hadn't scored.

At the half time break we decided to give a couple of our backline players a chance to show their wares further up the ground. They didn't disappoint and we were able again into a stiff breeze to kick 3g 2b, a very consistent effort with 3 in each quarter, bringing the total at ¾ time to 9 goals 13 behinds. 67 to zip. They still hadn't scored.

The final break was full of excitement and we again swapped more of the backline further up the ground to give them opportunities. I had had enough of these consistent 3 goals a quarter and asked for them to kick 6 in the last and get 15 for the game, something we had not achieved this year. The challenge was taken on and they were determined to do their best with the wind.

We got under way and in no time we had 2 on the board and we looked like a team possessed. Players were all working so well together you'd think they were after a bonus. We completely dominated the final quarter even to the extent that Sabrina kicked her 1st goal from the 50 arch. It's very difficult towards the end of the game to keep pushing really hard but the determination was alive and we ended up finishing with 5g 4b, not without our

chances to get 7g 2b, but not to be. We ended the game glorious victors 14 goals 17 points 101 to 0, zip, nothing. They did not even achieve an inside 50 stat. Unreal performance. Best Greeny, Holly, Nikki, Sparksy, Sabrina and Dav's. PP Nikki. Once again we were able to sing the song with enormous gusto, all good practice for next year. Thank you all for your great performance, you did yourselves proud.

Pete.

Women's 2nd Grade

Tuggeranong Hawks Women 2 week 13

The expectation of this last game of the season in the lead up was, snow blizzards, storm showers and temps not above 6 deg. A great forecast for a 9.30 am starts more conducive to Mt Kosciusko. After the snowy showers the previous night it was not looking positive. As it turned out it was certainly fresh and icy but the sun was out and only a slight breeze, pretty good conditions really.

We took on the Queanbeyan Tigers for the 3rd time this season without much success. They had been a fairly tough and well skilled side. This was one of the only times this season that we looked like starting the game with some interchange players, wow, what were we to do, we weren't used to this scenario. With 5 players from ANU & Woden Blues, and 5 of the senior girls coming down to help out again before their afternoon game made it much easier to rotate players.

The game got under way with the local herd of kangaroos making their presence felt on the ground by not moving off and hanging around the boundary line feeding on the grasses. It must have been a hell of a party the night before because the grounds surface was covered with their droppings, which I guess made for a softer landing. All through the game we had the smaller roos darting in and out of the players from one end of the ground to the other, which gave Waz lots of photo opportunities.

Anyway I digress, the game was tight for most of the 1st half, Qbyn just had that edge of quality and skills over us which kept them in front, but due to our pressure in defence we forced them into many minor scores. I think we were up against the strongest opposition we had come across this season and we did force many mistakes from them. The half time break came and many of our players were still suffering with the cold conditions.

The second half was much the same as the first and they did run away with the game in the end, but the character of never say die within our group stood strong and we fought it out right to the end and it was a great way to finish the season knowing we have the fight and determination needed to become a very good side in the future.

Best player this week: Taylor B. Steph Koutsoupas, Emma Beaumont, Dakota, Nat and Teegan Williamson.

A huge thanks to all those players who have come down, then backed up for the seniors. I truly believe it has helped with your skills and the improvement was immeasurable by the end of the season. A special thanks to Kelly who took on the managers roll after getting injured in the seniors 1st game. It has been great the way you got involved and organised everything, you really took it on and did a great job and made my job much easier. To Tim, as my assistant was a great support and took a lot of the burden off me. He was so good that he ended up taking on the umpire's job for a few games and did a great job, I know because it's not an easy task when coaches are yelling at them with enthusiasm for their girls. Speaking of umpires, a huge thanks to Murray who officiated in most of our games in his own time and for free, a great club person, who also got yelled to on occasions by some idiot on the sidelines. Good job mate, I do appreciate it. Also to all trainers and strappers for giving up their time to help and support.

Thanks to everyone involved.

Pete.

Men's 1st Grade

Hawks V Jets

At home for our big game against the Jets and a crunch game. We were highly optimistic about our performance and felt we had prepared well for the clash. Unfortunately, the energy we displayed through the week did not transfer on game day and we were again a victim of our own inability to maintain possession and turned it over so many times, particularly in the 1st ¼, that saw the Jets establish a healthy lead. A consistent theme of turnovers for the remainder of the game made it a difficult task to rein in their lead and ultimately the scoreboard reflected a poor day out. The harshest pill to swallow was despite controlling most contests we struggled to capitalise going forward.

The final home & away game against Eastlake this Saturday afternoon, provides us with another opportunity to go out with renewed energy and effort to our systems and close out the season on a high. A few changes to positions and inclusions to the team gives, what the coaching group and players believe, a good chance to finish the season on a positive note. With nothing to lose and looking towards next season, we are all determined to finish strong and give us some momentum for 2020. By and large we have made some significant ground as a club overall and our senior group has benefited enormously from the season in terms of our game plan and what it takes to compete at this level. We will play with a more free willing energy this week and release the beast from within.

Let's go Hawks

Men's 2nd Grade

No Repot

Rising Stars

No Repot

Under 17's

No Repot

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THIS WEEK'S GAMES

TFC Games this week – SATURDAY 16 AND SUNDAY 17 August 2019

Friday 16 August - Women's 1s v Eastlake at Football Park at 6:30pm

Saturday 17 August - Rising Stars v Eastlake at Manuka at 9:30am

Saturday 17 August - Men's 1s v Eastlake at Manuka at 3pm

Saturday 17 August - Men's 2s v Eastlake at Manuka at 5:30pm

Saturday 17 August - U17s v Ainslie at Kambah 107 at 2.15pm

AWARDS will be at the Club at 8:15pm on Saturday 17 August.

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Nathan (Cosi) Costigan To Hang Up The Boots



The Tuggeranong Football Club – our Board, Members, Players and Supporters thank Nathan for his dedication and commitment to the footy Club. We wish him and his beautiful family all the best. We are certain we will continue to see Nathan, Sammy, William and Harry at the footy.

“After 22 years, 155 odd games, 4 premierships, 4 season ending injuries, 3 surgeries, coaching every grade at the club, coaching women’s and men’s representative teams, running the canteen (going bald

and getting fat) - it’s time to hang up the boots this Saturday at Manuka Oval (5.30).

I’ve made some enemies as a player and coach (sooks) - but I have made so many good friends across AFL Canberra and the other clubs.

I was given another family with the Tuggeranong Hawks. Words can not explain the significance this club has had on my family’s and my life.

So many people to thank but I can only name a few. Ray and Mary Ghirardello (and MG, TG, Kat and Annie) are right up there, Mark Woodward, Brett Monger, Glenn Symons, Chief Wanganeen, Craig McLeish, Leo Lahey, Kym Lovett, Justan Fuller, Robert Hughes, Peter McGrath, Gormo, Geoff Bartley, Mel Bods, Uncle Ollie, Uncle Greg, Jack Adamson, My Pop, Uncle Stephen, Annette Ellis, Pat McLindin, the Enrights, the Walshes, the Blumfields, the Kearneys, the McGraths, the Mongers, the Symons, the Adamsons, the Prowses - the list is endless, and I apologise if I have missed anyone.

But the top of the list is my two favourite women - My Mum Maria Costigan and my beautiful

Sammy Costigan - none of this happened or happens without you two. Thank you for all your support, and especially Sammy for covering me with the boys for the last 6 years.

It’s never an easy decision but it’s the right time. My wife and sons are my world, and I’ll follow my boys through their sporting adventures now. Will’s first 4 years he was treated like a King at this club - you can’t explain the emotions I feel thinking about how many people opened their arms up to my boy.

Thank you to all the players, coaches, managers, water runners, volunteers, board members and sponsors I’ve met along the way. I’ll always be a Hawk (and Bulldog) for life.”



CONGRATULATIONS

MILESTONES

CONGRATULATIONS to Peter Ashcroft who will play his 375th TFC Club game on Saturday



CONGRATULAIONS to Joe McGrath who will play his 50th TFC First Grade game on Saturday



**Tuggeranong Hawks – Squads for Friday 16 and
Saturday 17 August 2019**

**FRIDAY 16 August - Women's 1st Grade v Eastlake at
6:30pm at Football Park, Phillip**

Backs	2. Sarah O'Hehir	28. Sabrina Sanchez	27. Nat Lockyer
	5. Kathryn Ghirardello (C)	30. Kate Greenacre	
C	17. Em Larkin	14. Nikki Harvey	29. Erin Walsh
Fwds	33. Hayley Dunn	21. Charlie McDermott	22. Mel Bodsworth
	9. Tess Bernasconi	31. Taylah Bacon	
Rucks	10. Kate Davoren	26. Holly Bartholomew	18. Steph Lahey
I/C	20. Jackie Bryant	1. Steph Koutsoupas	7. Steph McGrath
	11. Beth Matters		
Emerg	24. Kaiti Primrose	32. Courtney Bacon	

Rising Stars v Eastlake -SATURDAY 17 August at 9:30am at Manuka

Backs	5. Andrew Ryan (VC)	16. James McIntyre	22. Jaiden Puglisi-Mott
H/B	25. Lachlan Bryce	21. Joseph Dunn	1. Ash Laing (C)
C	3. Tom Gordon	8. Brad Hancock (VC)	14. Ed Collins
H/F	9. Adam Walker	12. Connor Ashcroft	11. Luke Adamson
Fwds	13. Mitch Thomas	15. Liam Creech	19. Anthony Lupton
Rucks	18. Ryan Kennedy	23. Liam Shallies	2 Tom Scrivener
Int	29. Noah Le Lievre	6. Nathan Gibbons	17. Anthony Marando
	7. Ollie Synnott	60. Dante Miller	24. Brad Crowe
Emerg	4. Ben Walker		

Men's 1st Grade v Eastlake - SATURDAY 17 August at 3:00pm at Manuka

Backs	12. Tim Cleaver	8. Luke Andreatta	27. Mitch Asher
H/B	18. Ben Cleaver	48. James McCabe	7. Joseph McGrath
C	16. Logan Gray	9. Daniel Johnson	5. Jack Adamson
H/F	59. Lochie Tilly	13. Will Prowse (V/C)	33. Cody Kickett
Fwds	1. Matt Ghirardello (VC)	17. Matt Channon	6. Jake Whatman
Rucks	28. Antony Pezzullo	40. Billy Toy	4. Ben Symons (C)
I/C fm	14. Peter Ashcroft	29. Jaydon Bates	66. Dean Harris
	20. John Roache	3. Nathan Smith	57. Phil McDonald

Men's 2s v Eastlake - SATURDAY 17 August

at 5:30pm at Manuka

Backs	53. Daryl Ornsby	39. Scott Newhouse	44. Luke Petersen
H/B	52. Jason Symons (VC)	69. Ben O'Brien	30. Baz Hogan
C	46. Dion Cannon	54. Michael Sangston	38. Tijs Lejeune
H/F	47. Adam Ellison	64. Phil Balding	41. Tim Shafron
Fwds	10. Jake Whyte	26. Luke Jess	76. Nathan Costigan
Rucks	11. Ben Dixon	22. James Brown	2. Aaron Ryan (C)
I/C fm	From 1 st Grade	From 1 st Grade	31. Justan Fuller
	68. Terry Pink	45. Josh Motbey	63. Jayden Lumley
	23. Leo Lahey		

End Of Season Events

AFL Canberra have provided the below information to allow players, families and clubs to plan end of season events. More detailed information will be provided for the individual competitions.

PRESENTATION FUNCTIONS				
Event	When	Where	Cost	Attire
Community and Regional Presentation Evening	Monday 19 th August	Southern Cross Club, Woden	Approx. \$75	Cocktail
Mulrooney & Bainrot Medal	Monday 2 nd September	Southern Cross Club, Woden	Approx. \$100	Formal
Actew AGL Junior Presentation Evening	Wednesday 11 th September	Southern Cross Club, Woden	Approx. \$30	Club Polos

FINALS SERIES – GRAND FINALS		
Event	Start	Grand Final Day
Community and Regional Competitions	Saturday 17 th August	Saturday 31 st August
The Tradies Senior Competitions	Saturday 24 th August	Saturday 7 th September
Actew AGL Junior Competitions – Mixed and Boys	Saturday 31 st August	Saturday 14 th September
Actew AGL Junior Competitions – Youth Girls	Sunday 1 st September	Sunday 15 th September

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AFL W Academy Trials

- Access to first class training facilities
- Technique and skill development
- Athlete education
- Opportunities to represent SESA at various events including the Your Local Club Academy Games

TRIAL DETAILS

U/16 Wednesday 18/9/2019
(Born 2004 or 2005)

U/18 Thursday 19/9/2019
(Born 2002 or 2003)

Allinsure Park, Queanbeyan

Online nominations close Monday
16 Sept 2019

Are you turning between 15-18 years of age in 2020 and reside in the South East Region of NSW or the ACT? Are you looking to be a part of an exciting initiative alongside other aspiring athletes?

Complete our online form and come along for a trial day.

Selected AFL players will become part of the South East Sports Academy AFL program offered in partnership with AFL NSW/ACT.

Don't miss this exciting opportunity to advance your football in your home region. For more information, visit sesa.net.au/afl





The Suburban Footballer

Proudly brought to you by the
Tuggeranong Hawks Football Club

AFL Canberra Grand Final Lunch

Friday, 6 September 2019

Woden Southern Cross Club

12.00pm – 3.00pm

Tickets \$140

Table of 10 for \$1,300

Guest Speaker:
Stand Up Comedian
The Suburban Footballer
(Tom Siegert)

**From the Melbourne Comedy Festival
and the AFL Footy Show**

Includes 2 course meal & drinks

**Email events@tuggeranongfc.com.au
to purchase tickets**

TUGGERANONG HAWKS



30 March

Season Launch

Greenway Oval, 6-8pm

Football Club

13 April

ACTAFL Seniors First Round & Sponsors Day

Greenway Oval

Awards 7pm upstairs TSSCC

Book a table for dinner
downstairs 8.30pm

27 April

ANZAC Weekend

Games at Queanbeyan

Awards 7pm TSSCC. Stay to

watch Swans v Giants & book a
table for dinner downstairs TSSCC

25 May

Indigenous Round

Greenway Oval

Awards 7pm TSSCC. Stay to
watch Richmond v Essendon & book a
table for dinner downstairs TSSCC

SOCIAL CALENDAR 2019

1 June

Women in Sport

Greenway Oval

Women in Sport

Cocktail Event

7pm, Yacht Club

10 August

Something for Everyone

Celebrating our families, Greenway Oval

Trivia Night

7pm, Woden Southern Cross Club

16 June

Socket2MND

Motor Neurone Disease

Greenway Oval

22 June

We Can't Do It Without You

Celebrating our

Support Staff & Volunteers

Greenway Oval

6 July

Heritage Round

Greenway Oval

Reunion Dinner

7pm, Yacht Club

TUGGERANONG
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Football Club

6 September

Grand Final Lunch

Woden Southern
Cross Club

11 October

End of Season

Celebration

(Juniors & Seniors)

6.30pm, Woden Southern Cross Club





TUGGERANONG HAWKS TOYOTA GOOD FOR FOOTY RAFFLE

Buy a raffle ticket and 100% of the proceeds go to Tuggeranong Hawks. You'll also go in the draw to win 1 of 10 amazing prizes, including a brand new car! Now that's good for everyone.

PRIZES

1st Prize - 2019 Toyota Kluger 2WD GX 3.5L Petrol (RRP: \$50,175.00)

2nd Prize - 2019 Toyota Camry Hybrid Ascent 2.0L Petrol (RRP: \$34,693.00)

3rd Prize - 2019 Toyota Corolla Ascent Sport Hybrid 1.8L Petrol

4th Prize - 2.5 hour coaching clinic with an AFL Star at a Club's ground in Australia

5th Prize - 2.5 hour coaching clinic with an AFL Star at a Club's ground in Australia

<https://toyotagoodforfooty.raffletix.com.au/tuggeranongfc?>



Our 'Taste of' series at Woden returns in the newly refurbished Orion Room. Enjoy six fabulous courses, with produce in each dish featuring the High Country around the Canberra region. We have partnered with Wildbrumby distillery from Crackenback to match each course to their award winning range of schnapps, gin and vodka.

Friday 27 September, 6:30 Woden. For full menu and bookings visit: <https://www.csccl.com.au/whats-on/a-taste-of-the-high-country>



Petaluma Wine Dinner

Under Head Chef Brad Howden's guidance and expert eye, we have developed a menu to perfectly complement the fine selection of wines from the prestigious Petaluma winery. Hosted by wine maker Mike Mudge, this is an event not to be missed. With 6 delicious courses with perfectly paired wines for only \$90 per person, this event is sure to sell out quickly.

Thursday 12 September, Tuggeranong Bookings and full menu, visit: <https://www.csccl.com.au/whats-on/petaluma-wine-dinner>



AFL Grand Final Lunch

Come and watch the biggest game of the year at the 'Southo'- Our AFL Grand Final Lunch is on again for 2019, on Saturday 28 September at Tuggeranong!

For more details and bookings, visit: <https://www.csccl.com.au/whats-on/afl-grand-final-lunch>



Tuesday is Schnitzel Night

Tuggeranong and Jamison

What a deal!

Tempt your taste buds every Tuesday night at Tuggeranong and Jamison. Enjoy our crumbed chicken schnitzel served with chips and salad for just \$11.90.

Make your meal extra exciting with your choice of topping for an additional \$2 – choose **Parmigiana** or one of our exciting new flavours.

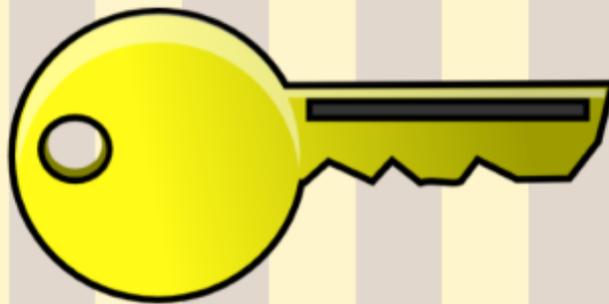
Introducing **Wild West Parmigiana** – premium chicken breast schnitzel topped with bacon, chorizo, spicy salami, smokey BBQ sauce and melted cheese – and **Garlic Prawn Schnitzel**, premium chicken breast schnitzel with five freshly grilled garlic prawns, topped with hollandaise sauce (extra \$5 for prawns).

Every Tuesday night at Tuggeranong and Jamison

*Members Price.

Available at Tuggeranong and Jamison on Tuesday nights.
Members pricing only.

HawKeys Cash



**Do you hold the Key
to \$5000?**

**Keys are \$20 each
Only 1000 available**

**Try your key on Saturday 10th August at Greenway Oval
Second Chance Draw of \$500 cash on the day**

To purchase a key,
contact the Hawks at
Secretary@tuggeranongfc.com.au
or call Kristie on 0432 685 146

All money raised goes to the
Tuggeranong Hawks Football Club
assisting with rent, AFL levies and
player insurance

Thanks to our Player Sponsors



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