



Important Dates

12-13 June 2021
All Teams BYE

19-20 June 2021
Round 7: Seniors &
Rising Stars Men
Round 8: Juniors
Round 9: Community

26-27 June 2021
Round 8: Seniors &
Rising Stars Men
Round 9: Juniors
Round 10: Community

3-4 July
Junior BYE Round
Round 9: Seniors &
Rising Stars Men
Round 11: Community

10-11 July
Round 10: Seniors &
Rising Stars Men
Round 10: Juniors
Round 12: Community

17 July 2021
TVAFC Trivia Night

17-18 July 2021
Senior BYE Round
Round 11: Juniors
Round 13: Community

23 July 2021
TVAFC Movie Night

A Word from the President

I hope everyone is taking the time to enjoy the break this June long weekend.

We have reached the halfway point for footy and when you look back at the season so far, I am nothing short of proud to belong to our TVAFC Community.

Auskick - Our Rookies program continues to deliver, with 4 sessions that our 55 Rookies can choose from each week. More options than any other club in Canberra! A huge thanks to Breanna Henkel, Peter Ashcroft, and Anthony Sexton for running the sessions each week.

Tristan Turner is doing a fantastic job with coordinating the 5 Auskick Pro's teams and it was great to see many of our families come together for a Family Fun Day a couple of weeks back. These kinds of events are what makes our Club stand out above the rest, so thank you Tristan!

Juniors/Youth - With 23 teams from Under 9s to Rising Stars Women's, every team should be really happy with their efforts so far. Not everyone walks away with a win, but the positivity and the way our players are enjoying their season is a testament to the great effort put in by every one of our Coaches and Manager's.

Seniors – You'd have to go back a long way in the history books to find a time when Tuggeranong has had 6 senior teams in the competition! Numbers have never looked better, which presents new challenges for coaches in relation to team selections each week. Belief and commitment in ourselves as a group will see us continue to grow and improve each week and I am grateful for the work our men's and women's coaching and leadership groups have put into building our culture off field this season.





Our club strives to be inclusive, especially in times when life gets hard. The new Mental Health Program we launched earlier this year is a step towards achieving this and I am immensely proud of the way that our Club has embraced and supported the idea of a Mental Health Program and look forward to continuing to grow this program across the entire Club.

It was also really humbling to see the number of players and families from across the Club that attended the smoking ceremony at Greenway for Sir Doug Nicholls Round. The guernsey designed by our senior players Logan Gray, Kristen Hodge and Tom Hodge was truly special, representing the connection and pathway between juniors and seniors across Tuggeranong. I'd like to thank everyone involved in making this happen, especially our indigenous sponsor Willyama Indigenous ICT Services and the ACT Government for the provision of a Cultural Grant.

And if you thought the first half of the season was impressive, wait 'til you see what's installed for the second one, with more great opportunities to be involved in our great community!! Kicking things off in July is trivia and movies. Both events are set to be a fun night, so treat yourself to a kid free night for trivia (Note: you don't need to be a trivia buff to enjoy this night!) and then make it up to the kids by treating them to a movie and popcorn. The perfect combination! Check out the details for these events in the newsletter below.

Congratulations and a huge thanks again to our Board, coaches, managers, and all our volunteers, be it game day or otherwise. The Club can't be what it is without you!

Enjoy the long weekend and for those travelling, drive safe and see you all back out on the park next week.

Leo Lahey

President – Tuggeranong Valley Australian Football Club



WILLYAMA
INDIGENOUS ICT SERVICES

CLUB SPONSORS

The Club is proud to announce the following sponsors for Season 2021.

Please show your support for our sponsors where you can.



SPONSOR SPOTLIGHT

Silver Partner Contract Professionals

Contract Professionals is a Canberra based professional services firm specialising in the provision of:

- Procurement Services
- Contract Management Services
- Probity advice
- Logistics Services, and
- Temporary Personnel and Labour Hire.

Contract Professionals was established with the aim of provide high quality services and advice, and to support community organisations, with a particular focus on Indigenous youth and promoting cultural awareness.



CONTRACT PROFESSIONALS

Contact Details

Luke Jess

Mobile: **0412 020 871**

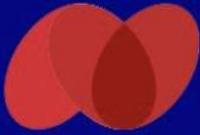
Website: contractprofessionals.com.au

Club Sponsorship Opportunities

If you, or someone you know, owns a business and wants to sponsor the Club, we would be happy to have them on board. In return, sponsors receive regular acknowledgement and publicity via Club website, Facebook page, Instagram account and in the Newsletter.

Sponsorship opportunities can be arranged by emailing Bob at robert.hughes@morellservices.com

VOLUNTEERS



NATIONAL
VOLUNTEER
AWARDS

2021 Toyota AFL

National Volunteer Awards

Nominations Open

In celebration of National Volunteers Week (May 17-23), the AFL launched their 2021 Toyota AFL National Volunteer Awards would like to recognise and thank the many thousands of volunteers who contribute to our game throughout the country.

<https://www.afl.com.au/clubhelp/club-management/volunteer-management/national-volunteer-awards>

Nominations close **8 August 2021**



Thank you to **ELCOM** for the massive amount of electrical work they have completed at our new shed at Kambah!



ELCOM

ELECTRICAL CONTRACTORS

FIRST AID



CONCUSSION MANAGEMENT WEBINAR

This course offers an introduction to concussion recognition and management. An enhanced understanding of this sporting injury assists medical practitioners, coaches, athletes, parents, officials, clubs and schools to manage player well-being in competition and return to play.

When: **Thursday 23 June 2021**

Time: **6pm – 8 pm**

Cost: \$30

Registration:

<https://sma.org.au/training-courses/safer-sport-courses/concussion-management-cm/>

COMMUNITY CONCUSSION GUIDELINES

THE MANAGEMENT OF SPORT-RELATED CONCUSSION IN AUSTRALIAN FOOTBALL

With Specific Provisions for Children and Adolescents
(Aged 5-17 Years)

FOR TRAINERS, FIRST-AID PROVIDERS, COACHES, CLUB OFFICIALS, PLAYERS AND PARENTS

APRIL 2021

TOYOTA **AFL**
CLUBHELP

The AFL is committed to providing ongoing education on the new Concussion Guidelines.

The guidelines, along with other helpful information is available on the [concussion page](https://www.afl.com.au/clubhelp) of the Toyota AFL Club Help website <https://www.afl.com.au/clubhelp>

Links to the information provided on the concussion page of the Toyota AFL Club Help website are also available on our website <https://www.tuggeranongfc.com.au/first-aid>

If you have any enquires in relation to First Aid, please email Tony at sportstrainer@tuggeranongfc.com.au

CLUB EVENTS



TVAFC 2021 FUNCTIONS AND EVENTS

Mark them in your diaries. You don't want to miss them!

17 July

Trivia Night - Woden CSCC

23 July

TVAFC Movie Night - Limelight Tuggeranong

26/27 July

Club Photo Nights - Greenway Oval

14 Aug

Sponsor/Life Member Day - Greenway Oval

10 Sept

Grand Final Lunch - Woden CSCC

24 Sept

Senior Presentation - Woden CSCC

09 Oct

Women In Sport - Woden CSCC

Oct

Junior Presentation - Venue and date TBC

Community@tuggeranongfc.com.au

CLUB EVENTS

TUGGERANONG VALLEY AFC'S

TRIVIA Night!

SAT 17 JULY - 6.30 FOR 7PM KICK OFF

Woden Canberra Southern Cross Club

\$30 per person - includes finger food and most activities

Purchase Tickets by Saturday 10 July at www.eventbrite.com.au

Seating will be arranged in tables of 10

(Please note this is an 18+ event. No ticket sales at the door)



You don't need to be a trivia buff to have a good night!
Plenty of prizes and auction items up for grabs

Enquiries: community@tuggeranongfc.com.au

Click [here](#) to buy your tickets now!

In Kind Sponsors



CLUB EVENTS

TVAFC Movie Night

SPACE JAM 2: A NEW LEGACY



Watch Space Jam 2 with your TVAFC team mates!

The latest sports movie starring LeBron James (LA Lakers), Zendaya and all your favourite Looney Tunes characters.

DETAILS

Friday 23 July 2021

Arrive at **6.00pm** to be seated by 6:30pm

Cinemas, Tuggeranong
SouthPoint Shopping Centre, Greenway, ACT

Cost: \$22*

* Price includes your movie ticket, a small soft drink, and either a small popcorn or vanilla choc-top ice cream.

Tickets are limited, so get in quick to secure your ticket/s.

BOOK YOUR TICKET NOW!

<https://www.trybooking.com/BRFON>

NOTE: Children who are young and require adult supervision will need to have an adult with them. However if your child/ren are old enough and would normally attend the movies by themselves, then you are welcome to collect them at the end.

Exact movie end time not yet known, but likely to be 8-8:10pm

WHAT AN ACHIEVEMENT

SONDER MONSTER MARATHON



Alicia Heron our Under 10 Girls – Titans Coach recently competed in the Sonder Monster Marathon, a 231km race through the MacDonnell Ranges west of Alice Springs.

What an amazing achievement by one of our Junior Coaches!



If you have any enquires in relation to Junior Football, please email Laura at juniordirector@tuggeranongfc.com.au

Team Sponsors



IMPORTANT NOTICES

AFL NSW/ACT CODE OF CONDUCT

AFL Canberra would like to remind all Players and Officials as well as Parents and Spectators of the AFL NSW/ACT Code of Conduct. The Code of Conduct aims to promote and strengthen the reputation of Australian Football in NSW and the ACT by establishing a standard of performance, behaviour and professionalism for its participants and stakeholders. It also seeks to ensure the safety and enjoyment of all participants and stakeholders and deter conduct that could impair confidence in the honest and professional conduct of Matches or in the integrity and good character of its participants.



The Code of Conduct gives scope for AFL NSW/ACT to impose sanctions on any Club, Player, Official, Parent or Spectator including but not limited to; Fines, Player Registration, suspension and loss of competition points for off-field incidents.

Please remind others of the Spirit in which Australian Rules Football is to be played.

For more information go to the AFL Canberra Website or Click [here](#) for the AFL NSW/ACT Code of Conduct.

Remember
Sportsmanship
Win *with class*
Lose *with class*

If you have any enquires in relation to Senior Football, please email Ray at football@tuggeranongfc.com.au

FUNDRAISERS

Our Club is a not-for-profit organisation that is run by volunteers. Our registration fees are kept low by the community participating in fundraising activities. There are two main fundraisers this season:

1. Cadbury Chocolates; and
2. Good for Footy Raffle



Chocolates

Chocolates are currently being distributed at training sessions.

All money is to be returned by **Sunday 18 July 2021**. You can return your money to your Team Manager or directly to the Club bank account.

Account Name: Tuggeranong Valley Australian Football Club
BSB: 082 902

Account Number: 413 086 113

Reference: Chocolates Players Surname and Age Group
e.g., ChocolatesSmithU15

Good for Footy Raffle



SUPPORT OUR CLUB & WIN A CAR

\$5 RAFFLE TICKETS



OH WHAT A FEELING

Support our Club by buying tickets in the Toyota Good for Footy Raffle.

The Club will get to keep 100% of the proceeds, and you'll go into the draw to win some amazing prizes, including three brand new Toyotas. Now that's Good for Footy!

Spread the word amongst your family and friends now!

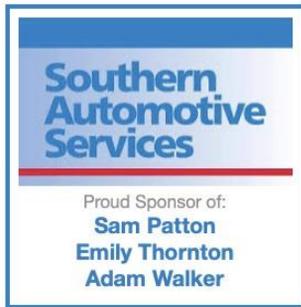
BUY YOURSELF A GOOD FOR FOOTY RAFFLE TICKET TODAY

If you have any enquires in relation to our Club Fundraisers, please email Murray at Community@tuggeranongfc.com.au

PLAYER SPONSORS



Pat McLinden
TVAFC
EST. 2020
Proud Sponsor of:
Bradley Crowe
Noah LeLievre



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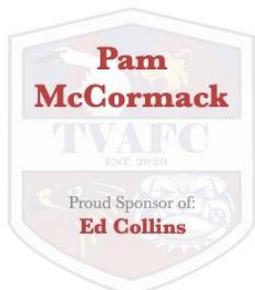
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Pam McCormack
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EST. 2020
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Bill Haidon
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EST. 2020
Proud Sponsor of:
Jake Whyte

MERCHANDISE



TVAFC Indigenous Guernsey



The TVAFC 2021 Sir Doug Nicholls Round guernsey was designed by our very own Logan Gray, Tom Hodge and Kristen Hodge.

The guernsey represents the **CONNECTION** between Tuggeranong Juniors and Seniors.

It acknowledges the history of AFL in the valley and the pathway of Juniors becoming Senior players. The three meeting places on the back represent the history of Junior players in Tuggeranong from the Bulldogs, Lions and Swans clubs. The rivers from each of the Junior clubs into the single river represents the journey to becoming Senior players.

The Hawks club is represented through the colouring of the river. The main meeting place on the front, represents our Hawks heritage and our new community as Tuggeranong Valley Australia Football Club. All rivers connect and become one stream to the main meeting place, which represents the home and amalgamation of all the Tuggeranong Valley clubs.

The six symbols represent our senior Men and Women's totems.

- ◆ **Rainbow snake:** Lupton - Bundjalung
- ◆ **Dingo:** Kickett - Noongar
- ◆ **Goanna:** Hodge - Wiradjuri
- ◆ **Red tail black cockatoo:** Packer - Wemba Wemba
- ◆ **Magpie:** Koutsoupias - Palawa
- ◆ **Yam (bush potato):** Gray - Arrernte

Order an Indigenous Guernsey today!

To order yourself a 2021 Indigenous Guernsey @\$45 click [here](#)

Orders close **Friday 26 June 2021**

Note: Payment must be received before this date for your order to be processed.

2021 SEASON

This weekend - 12-13 June 2021, is a BYE weekend for all teams!

Enjoy your long weekend, if you are travelling stay safe.

2021 Season Rounds			
Dates	Junior/Youths	Community	Seniors
12/13 June	No Games	No Games	No Games
19/20 June	8	9	7
26/27 June	9	10	8
3/4 July	No Games	11	9
10/11 July	10	12	10
17/18 July	11	13	No Games
24/25 July	12	14	11
31 Jul-1Aug	13	15	12
7/8 Aug	14	16	13
14/15 Aug	Finals Week 1	17	14
21/22 Aug	Finals Week 2	Finals Week 1	15
28/29 Aug	Grand Final	Finals Week 2	Finals Week 1
4/5 Sept		Grand Final	Finals Week 2
11/12 Sept			Grand Final



SPONSOR OFFER

National Capital Toyota – TVAFC Offer

National Capital Toyota are back on board for the 2021 Season and have offered to donate \$200 back to the Club for any cars purchased from them.

If you are after a new or used car pop in to see our friends at **National Capital Toyota** today!

Address: **211 Scollay Street, Greenway**

Phone: **02 6173 6100**

Email: sam.droulias@ncm.com.au

Website: <https://www.nationalcapitaltoyota.com.au>



National Capital Toyota 

\$200

Donated to your footy club
when you purchase a
car from us!

SIMPLY
MENTION THE
"TUGGERANONG VALLEY
AUSTRALIAN FOOTBALL
CLUB"



Visit us today at
National Capital Toyota
211 Scollay Street, Tuggeranong

SPONSOR OFFER

Double Community Rewards until the end of June 2021

The CSCC Community Reward program donates a percentage of linked member purchases on food and beverages to us.



Link Your Canberra Southern Cross Club (CSCC) membership
to the Club Today!

Choose your Community Rewards
Partner and they'll earn

DOUBLE REWARDS

That's 15 cents for every dollar you spend*
until 30 June 2021



Tuggeranong Valley
Australian Football Club

We ♥ our
Community



CONTACT US

Club Contact Details



playafl@tuggeranongfc.com.au

Club Communication Details



www.tuggeranongfc.com.au



<https://www.facebook.com/tvaafc>



tv_afc



@TuggeranongFC

Communications Contact Details

Want to advertise a Club activity or include something in the newsletter, please email Mel at:

Communications@tuggeranongfc.com.au