



**Tuggeranong Valley Australian  
Football Club  
Est. 2020**



**Return to Small Group Training**  
**Parent/Carer Guidance Note (Juniors)**

**The Return to Small Group Training hygiene protocols outlined in this document are to be strictly adhered to with no exceptions.**

**(please ensure that you have discussed the protocols with your child prior to commencement of training.)**

***AFL COMMUNITY CLUBS CAN RESUME SMALL GROUP TRAINING (UP TO 20 PEOPLE) IF THE FOLLOWING GUIDELINES AND PROTOCOLS ARE MET:***

1. A maximum of **20 participants per group** (inclusive of coaches and support staff).
2. All players who attend training must be **registered** and **stay in the group** they are assigned to. **No movement between groups** can occur.
3. There is strictly to be **no sharing of water bottles**, food, or towels. Personal items need to be labelled and kept separate.
4. Players need to turn up ready to train, **with boots on and NO mouthguard**. Any **taping** that is required must be done prior to arrival at training.
5. On arrival to the ground players are to **proceed directly to the oval section for their group**. (Refer to the training schedule and map). If they need help please direct them to the people wearing orange vests.
6. Strictly **no physical contact** between players can occur (i.e. no tackling, no bumping, no marking contests).
7. Players are not to bring their own ball, **only club issued footballs** can be used. These will be cleaned by club officials after each session.
8. **Social distancing of 1.5m** must be maintained at all times. We ask that **parents remain in their car** if possible and avoid bringing siblings to 'have a kick' as it will impact the group numbers and training protocols. If you do need to get out of the car please remain outside of the oval boundary lines and return to your car as quickly as possible.
9. **No access to changerooms** however toilets will be open for use in an emergency, so please ask your child to go to the toilet before arriving at the ground.
10. If you, or people you have been in contact with are sick or if you feel unwell, **please DO NOT attend training**, and advise your football coach.

11. Players and caregivers are asked not to congregate before or after their session. We need to make sure that we 'get in, train and get out'.

It is not compulsory for players to return to small training if they do not feel comfortable at this stage, please remain in contact with your coach as we progress to playing.

Please direct any questions to Kellie Hogan on 0402220936 or by email to [juniordirector@tuggeranongfc.com.au](mailto:juniordirector@tuggeranongfc.com.au)

***This Guidance Note is to be read in conjunction with the Tuggeranong Valley Australian Football Club's Return to Play in a COVID-safe Environment Plan.***