

VALLEY NEWS

TUGGERANONG VALLEY AUSTRALIAN FOOTBALL NETBALL CLUB



IMPORTANT DATES **A WORD FROM TIA STEVENS - U16 GIRLS COACH**

Every Friday Night

Meat Raffles

Canberra Southern Cross Club,
Tuggeranong

Saturday 14 October

Netball Presentation

Sunday 15 October

Junior Presentation

(Auskick Pro to 15 Boys)

Thursday 19 October

Annual General Meeting

7pm

The Pavilion, Greenway Oval

Saturday 27 August saw our minor premier U16 girls team finish off the season strong, walking away with the premiership cup held high after the big dance.

We expected a tight contest all day against a fierce Queanbeyan team bolstered through an amalgamation with the Gunghalin Jets talent at the start of the year. In the previous three contests, the Tigers had beaten our girls twice, including when we last met in the qualifying final. We knew going into the game that it was going to be close and we had to bring our best. The day started with a change room decked out in club colours and decorations thanks to our injured players who were unable to take the field. This was followed by a strong motivational speech from head coach Mick rallying the girls around our motto for the season #wentme and a last minute mindfulness session to calm the nerves. It was clearly just what the girls needed with every single player playing their best footy this year. The team stayed just in front at the end of every quarter and finally came away with a 5 point win on the final siren.

Every player stepped up across the field. Running in numbers, taking strong marks in contests and being first the ball day. We have worked so hard all year to build fitness and basic skills and this showed throughout the game. Our backs worked hard all game repelling the ball on the occasions it game into the Tigers 50. Our mids cleared the ball quickly and kept their opposition from getting near the ball and our forwards gave strong leads and kicked true through the big sticks. Although a great team effort our star mid Alana Fraser walked away with the very well deserved medal for best on ground racking up over 30 possessions for the game. Her comment coming off the field at half time - "This is so much fun" - reinforces that when footy is fun you play your best footy. Congratulations to Alana and the rest of the u16's for a brilliant season and for making your coaches and club so very proud as our only AFL Premiership team for 2024. We cant wait to see what you can all achieve next year!

Tia Stevens - U16's Coach





NETBALL GRAND FINALS



♥ Toxic Spills- an amazing game under trying conditions. The result wasn't what you deserved, but you made them work all the way through extra time.

So proud- sometimes how you play is so much more important than the result

♥ Thrillers- what can I say- back to back, baby! An awesome achievement, and a testament to hard work, relentless drive and commitment. Every player did their job yesterday, with a coach who knows how to bring out the best in each and every one of her players



♥ Tradies- my rays of sunshine in a tough season. A team that has not played together but knows each other so well- you played the game with joy and earned your title!

♥ Titans- you had to overcome a grading disaster and battle all the way for crack at finals. Dogged determination and utter ruthlessness saw you once again take out the title- love a good scrappy team!



Thanks to all our coaches and managers who have done a cracking job this season- see you all at presentation night, where we can celebrate our season ♥️💙💛💜

Karen Cooper - Director of Netball

AFL CANBERRA AWARDS

Congratulations to the following TVAFNC members on their Awards at the AFL Canberra Awards Night!

2023 Team of the Year

Future Stars Women

Morgan Stevens

Ash Patton

Georgia Mayer

Future Stars Men

Tristan Borghouts

Senior Women

Kiarna Woolley-Blain

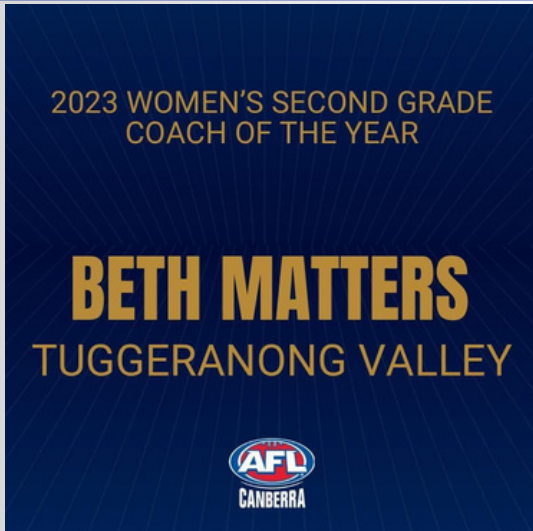
Senior Men

Rhys Mooney



2023 Goal of the Year

Joseph Dunn



2023 Women's Second Grade Coach of the Year

Beth Matters



2023

Social Media Award

Warren Leyden

Emma Kennedy

Kim O'Dea

Jackson O'Dea

Trunisha Patel

Natasha Monger

Luke Lowes

RAY GHIRARDELLO



Congratulations on receiving this truly well-deserved accolade, which serves as a testament to your unwavering dedication and outstanding support, not only for our club but also for grassroots football across the ACT.

Your tireless efforts and commitment to the sport have not only uplifted our club but have also significantly contributed to the growth and development of football at its grassroots level, making a profound impact on the entire ACT football community.

This recognition is a reflection of your relentless passion, and it is an honour to celebrate this remarkable achievement with you.

Your continued commitment to the sport is an inspiration to us all, and we look forward to witnessing your future endeavours in football, which we are confident will continue to elevate the game to new heights in the ACT and beyond.

Once again, congratulations on this well-deserved accolade, and thank you for your invaluable contributions!



VOLUNTEERS OF THE MONTH



**Netball Volunteer
of the Month**

Anita Rigby

Anita was one of the driving forces behind organising our highly successful RUOk? fundraiser in August.

Anita worked from early in the morning and was one of the last to leave. From tent construction, to cakes, to glitter tattoos, Anita was all over it.

Thanks for your fantastic work!

Trunisha Patel

Trunisha is the clubs Tribunal Advocate.

Trunisha has been instrumental in assisting the junior club when receiving notice of charges for offences during the season.

Often working within very tight timeframes during business hours she has provided families guidance and an understanding of a players rights.

Thank you Trunisha for your advice, time and effort in providing this support throughout the season.



**Junior Volunteer
of the Month**



**Senior Volunteer
of the Month**

Anthony Mayer

Anthony has done a fantastic job for the Club managing the Rising Stars Women's team. The coaches appreciate his organisational skills and cheerful no fuss approach.

Maysie is a quiet achiever and has demonstrated he is calm under pressure when he recently dealt with a late game venue switch. With the coaches away in Ballarat Maysie had to get his head around operating the lights system and the electronic scoreboard with his only helpline of instructions over the phone. All this and manage the team!

The Club is very appreciative of the time and effort Maysie has put into looking after the team. He is the essence of a great club-person, thank you.

Rachael Kennedy

Rach not only joined the board for the first time she also took on the brand new role of Director of Volunteers too.

If you needed a roster filled or help with any job small or large Rach is there taking names. She also ensures our volunteers are recognised and on game days at Greenway is often found timekeeping or doing general jobs around the ground.

Thanks Rach for a great season!



**Club Volunteer
of the Month**

UPCOMING EVENTS

NETBALL

Presentation Night

JOIN US TO CELEBRATE SEASON 2023!
PLAYERS & SUPPORTERS WELCOME

CANBERRA
SOUTHERN
CROSS CLUB
WODEN

14 OCTOBER
—
SMART CASUAL

5:30PM
FOR 6:00PM



Grab your tickets [here](#) for our Netball presentation on the 14th of October.

Ticket sales close Monday the 9th of October!

Junior Football Presentation Day 15th October!

JUNIOR FOOTBALL PRESENTATION DAY

SUNDAY, 15TH OCTOBER
CALWELL HIGH SCHOOL
111 CASEY CRES, CALWELL

10:00 - 11:30AM

U8'S, U9'S, U10'S,
U10 GIRLS

12:30 - 2:30PM

U11'S, U12'S, U12
GIRLS, U13'S, U14'S,
U14 GIRLS, U15'S



SENIOR PRESENTATION AWARD WINNERS

2023 TVAFNC PRESENTATION Major Awards

PATRON'S AWARD	NATASHA MONGER
PRESIDENT'S AWARD	KATIE KEARNEY
CLUB PERSON OF THE YEAR - SENIORS	JESSE MCPHAIL
VOLUNTEER SERVICE AWARD - SENIORS	IAN KNOX
MOST VALUABLE PLAYER - SENIORS	RHYS MOONEY
GERRY CARROLL AWARD - MOST COURAGEOUS PLAYER	CHARLEE CREMERIUS JOSH BRITTLIFF
GWS VOLUNTEER AWARD	LUKE LOWES DENNIS LIUZZI



CONGRATULATIONS

2023 TVAFNC PRESENTATION Community Men

BEST & FAIREST	NICK FORESTER
BEST & FAIREST - Runner Up	SETH WELSH
PLAYER'S PLAYER	NICK FORESTER
MOST CONSISTENT	PHIL MCDONALD
COACHES AWARD	DION CANNON
MOST IMPROVED	LACHLAN MANUEL



2023 TVAFNC PRESENTATION Life Members

PAT MCLINDIN
JOHN GLENN
SCOTT NEWHOUSE
MICK PATTON



SENIOR PRESENTATION AWARD WINNERS

2023 TVAFNC PRESENTATION

2nd Grade Men

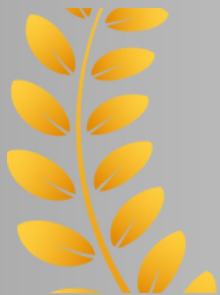
BEST & FAIREST - Peter Ashcroft Medal	ADAM CROWTHER
BEST & FAIREST - Runner Up	ANTHONY LUPTON
PLAYER'S PLAYER	ANTHONY LUPTON
MOST CONSISTENT	TYLER DALMOLIN
COACHES AWARD	PETER ASHCROFT
MOST IMPROVED	LANE TATTAM



2023 TVAFNC PRESENTATION

2nd Grade Women

BEST & FAIREST - Eugenie Hickey Medal	KAREN HILL
BEST & FAIREST Runner Up	MARNI MULCAHY
PLAYER'S PLAYER	CHARLIE BARTAK
MOST CONSISTENT	SAM HENNESSY
COACHES AWARD	SARAH GURGEN
MOST IMPROVED	PARIS AHERN



WINNER



2023 TVAFNC PRESENTATION

1st Grade Men

BEST & FAIREST - Bob Hughes Medal	RHYS MOONEY
BEST & FAIREST - Runner Up	SAM EMERY
PLAYER'S PLAYER	RHYS MOONEY
MOST CONSISTENT	TRISTAN BORGHOUTS
COACHES AWARD	RYAN KENNEDY OLIVER SYNNOTT
MOST IMPROVED	ANTHONY MARANDO
FUTURE STAR	TYLER DONLAN



2023 TVAFNC PRESENTATION

1st Grade Women

BEST & FAIREST - Dino Benedetti Cup	CHLOE HINDE
BEST & FAIREST - Runner Up	CHARLIE CREMERIUS
PLAYER'S PLAYER	CHLOE HINDE
MOST CONSISTENT	TRUNISHA PATEL
COACHES AWARD	NIKKI HARVEY
MOST IMPROVED	SAMANTHA LAWSON
FUTURE STAR	ASHLEY PATTON



EMERGING LEADERS PRESENTATION AWARD WINNERS

2023 TVAFNC PRESENTATION

Junior Female Player of the Year

MORGAN STEVENS



Congrats!

2023 TVAFNC PRESENTATION

Under 16 Girls

BEST & FAIREST	ALANA FRASER
BEST & FAIREST Runner Up	MORGAN STEVENS
PLAYERS PLAYER - Jo and Greg Lewis Trophy	ALANA FRASER
TEAM PLAYER OF THE YEAR	KATRINA BRINE
COACH'S AWARD	GEORGIE COOPER
MOST IMPROVED	INDI KILDEY
BEST IN A FINAL SERIES	ALANA FRASER



2023 TVAFNC PRESENTATION

Rising Star Women's

BEST & FAIREST	ASHLEY PATTON
BEST & FAIREST Runner Up	MORGAN STEVENS
PLAYER'S PLAYER	HANNAH DEVOY
MOST CONSISTENT	ASHLEY BRINE
COACH'S AWARD	MILLIE CHISHOLM
MOST IMPROVED	MADDIE GARNER



ANNUAL GENERAL MEETING

Tuggeranong Valley Australian Football Netball Club Annual General Meeting (AGM)

This serves as notice that the Tuggeranong Valley Australian Football Netball Club (TVAFNC) will hold its 2023 AGM on Thursday 19th October 2023 at 7pm.

The venue for the AGM is the Greenway Pavilion, 288 Soward Way, Greenway.

2024 Board Elections

The Board is elected each year at the AGM and consists of up to 12 members. Members are able to nominate for any or all roles as referred to in the attached nomination form.

Luke Jess (Vice President) and Leo Lahey (Ordinary Member - Sponsorship Director) have advised they will not be re-nominating this year. Both Luke and Leo have been involved at the Board level for over 5 years (covering pre and post amalgamation) and we would like to thank and acknowledge the fantastic contribution they have made during this time.

Should you wish to nominate for a position on the 2024 Board, feel free to reach out to myself, Kellie Hogan or Luke Jess if you would like to discuss further.

Nominations should be submitted to me at secretary@tuggeranongfc.com.au and will close 7pm on Thursday 5th October 2023.

Kristie Chynoweth - TVAFNC Secretary

2023 NETBALL TEAM SPONSORS



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2023 FOOTBALL TEAM SPONSORS



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UNDER 14'S BLUE



PROUDLY SPONSORING
UNDER 14'S GIRLS



PROUDLY SPONSORING
UNDER 13'S MIXED

2023 FOOTBALL TEAM SPONSORS



CROSSFIT
STRIVE FOR SUCCESS

**PROUDLY SPONSORING
UNDER 13'S MIXED**



**PROUDLY SPONSORING
UNDER 14'S RED
UNDER 14'S GIRLS**

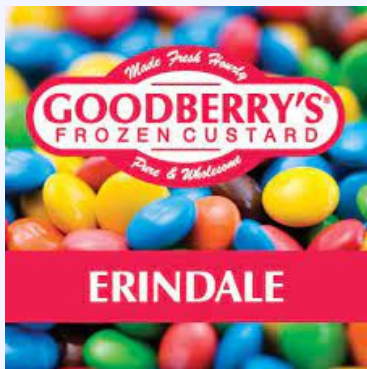


**PROUDLY SPONSORING
UNDER 10'S GIRLS**



**PROUDLY SPONSORING
UNDER 16'S GIRLS**

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PROUD SPONSOR OF:

Ethan Bates



PROUD SPONSOR OF:

Paris Ahearn



PROUD SPONSOR OF:

Matt Channon



PROUD SPONSOR OF:

Teigan Single



PROUD SPONSOR OF:

Lucy McKelvie-Hill



PROUD SPONSOR OF:

Annie Ghirardello



PROUD SPONSOR OF:

Lachlan Kennedy



PROUD SPONSOR OF:

Nikki Harvey



PROUD SPONSOR OF:

Rhys Mooney



PROUD SPONSOR OF:

Lily Bulter-Woollard



PROUD SPONSOR OF:

Lucas O'Dea



PROUD SPONSOR OF:

Jesse McPhail



PROUD SPONSOR OF:

Ed Collins



PROUD SPONSOR OF:

Maarten de Wilt



PROUD SPONSOR OF:

Natasha Monger



PROUD SPONSOR OF:

Sam Patton



PROUD SPONSOR OF:

Polly McKelvie-Hill



PROUD SPONSOR OF:

Charlee Cremeris



PROUD SPONSOR OF:

Maddie Chynoweth



PROUD SPONSOR OF:

Mitch Ivey



PROUD SPONSOR OF:

Rhys Weller-Lewis



PROUD SPONSOR OF:

Kat Ghirardello



PROUD SPONSOR OF:

Erin Shute



PROUD SPONSOR OF:

Kat Ghirardello



PROUD SPONSOR OF:

Trunisha Patel



PROUD SPONSOR OF:

Emily Knox



PROUD SPONSOR OF:

Kyra Jackson

2023 CLUB SPONSORS

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GOLD PARTNERS



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PROFESSIONALS



McIntyre
PROPERTY

PREMIUM SILVER PARTNER



2023 CLUB SPONSORS

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PROFESSIONALS



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—REMOVALS—



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2023 CLUB SPONSORS

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