

# VALLEY NEWS

TUGGERANONG VALLEY AUSTRALIAN FOOTBALL NETBALL CLUB



## TVAFNC Titans

## A WORD FROM THE NETBALL DIRECTOR

### IMPORTANT DATES

**Every Friday Night**

Meat Raffles

Canberra Southern Cross Club,  
Tuggeranong

**7th May to 1st July 2023**

Auskick Rookies Clinic

**17th June 2023**

Movie Night

**26-27th June 2023**

Photo Nights

**1st July 2023**

Cocktail Party

**23 July 2023**

GWS Giants Home Game

After what seemed like a long build up to Season 2023, netball kicked off with a bang at the end of April. Our very first junior teams have taken on the challenge of mastering hard-court competition, with new rules and tall goal posts. They have approached each game with determination, positivity and skills that are growing week by week. Tornados have fought back to play three nail biting draws, keeping parents and coaches on their frozen toes on the sidelines. Terrors are fighting hard each week, embracing the challenge of not only mastering the hardcourts, but then playing up a grade. We are all super proud of their willingness to work hard and the resilience they are showing.

Our Intermediate Teams are fighting it out each week, playing some great netball. **Tiaras** kicked off their season with a couple of cracking games before meeting a slight hiccup in the road. Round 5 saw us bounce back, playing out a draw against a much bigger team. **Troublemakers** are managing to keep the competition on their toes and are establishing themselves as a team to watch in Division 3. **Thrillers** picked up where they left off at the end of season 2022, showing that they are the ones to beat in 2023. The move to Division 1 has proved a challenge for **Thunder**, who are starting to settle into the physicality and speed of what this competition brings. Each week they string together some impressive sequences of play- let's go Thunder! **Toxic Spills** are reaping the rewards of a challenging 2022 season, knocking off some of the top teams and shaping up to be the dark horses of the Division 1 competition.

After a very successful 2022 season, our **Titans** are facing the challenge of competing in a fierce Division 1/2 competition. Changes in the team line-up and the absence of some players, has seen Titans show flexibility and new positions, all with a smile and incredible poise. Keep at it, ladies! **Trailblazers** have started the season with a bang, showing no signs of slowing down after their season 2022 success. A mixture of youth and experience have seen the Trailblazers take down some tough competition. Our youngest seniors team **Tradies** are experiencing senior competition for the very first time. Their first time as a playing group and they have already pulled off some convincing wins- looking to see what the rest of the season holds for our Bob's (as they're affectionately known as!).

We are looking forward to our Community Night (to be held at Greenway Pavilion on 06/06/2023) where we can come together for some laughter and fun! As we approach an interrupted month of netball (long weekend's and pauses for ACT Junior Championships) I encourage parents to keep an eye on the Netball Calendar that was distributed earlier this season, as well as our social pages- movie nights, cocktail ball and photo nights are all coming up.

I do want to give a special shout out to Charliese Virtue and Maegan Briedis who achieved selection in the ACT Under 15's Netball Team. They will travel to Western Australia in July to represent ACT- we wish them all the best. Also, congratulations to Indi Kildey and Kate Patton who were selected into the ACT Under 15's AFL team- I know they'll smash it!

A big thank you to our parents and players who have helped already this season- TNA duties, managing, umpiring, photographs, scoring, bringing fruit- all the little things that keeps our girls on court. We also say a big thank you to our team sponsors: The Lazy Grazer (TVAFNC Terrors), Woden Automotive Services (TVAFNC Tiaras) and Irwin Hartshorn Group (TVAFNC Titans) for their ongoing support of our teams.

Bring on season 2023!

**Karen Cooper** (Director of Netball)



# NEWS

## TVAFNC Indigenous Artist, Tom Hodge Kicking Goals!

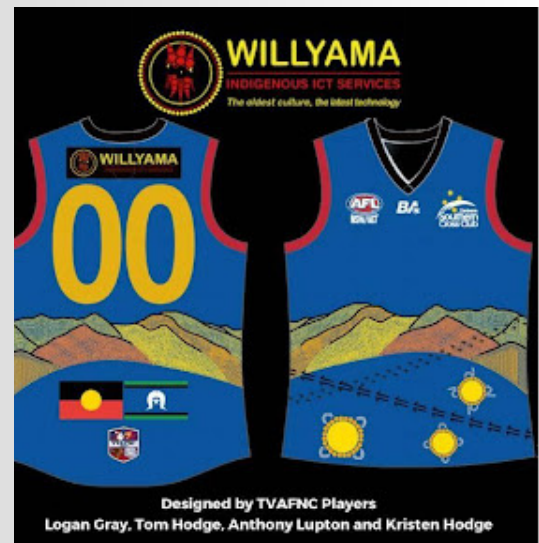
TVAFNC's own Tom Hodge has been busy over the past 12 months. Not only is he a father of 3, works full time for Indigenous Allied Health and plays football for the Club, Tom is also a talented artist that has been commissioned to design several pieces of work for the ACT Government.

Tom, who has Kamilaroi and Wiradjuri Aboriginal heritage, has honed his artistic skills over several years as the driving force in designing, along with a number of other TVAFNC players, 5 of the past 6 guernseys worn by the senior players during the Sir Doug Nicholls (Indigenous) Round in the Canberra AFL.

The 2023 guernseys were worn by TVAFNC's first and reserve grade teams on 27 May 2023 at Greenway Oval.

Tom notes that his art started out as a hobby and it also acts like a therapy for him, it "refills my cup and grounds me". Tom has styled his art with influences from artists all across Australia and describes his work as modern indigenous art.

In 2022, Tom was commissioned by the ACT Government, through Club sponsor Contract Professionals, to design the artwork in the changerooms at Greenway Oval.





The artwork is located in the home and away change rooms and in the umpire's change room.

In 2023, Tom was again commissioned by the ACT Government, this time to design the artwork in the home and away change rooms at Kambah Oval and Rivett Oval.



The artwork at Greenway Oval and Kambah Oval is particularly relevant for TFAFNC players, supporters and volunteers, as these grounds are used by various senior and junior Australian Football teams for their home games and for training.



To see some of Tom's other work, check out his Instagram page - [@brothermanarts](#).

Tom, we are immensely proud of you and hope you continue your artistic pursuits!

**Luke Jess** - TFAFNC Vice President



# EVENTS!



Movie night will be held on Saturday the 17th of June!

Click on the graphic to buy your tickets today!

Cocktail Party to be held on Saturday 1st of July!!

Click on the graphic to buy your tickets today!



TVAFNC

## Cocktail Party

JOIN US FOR AN EVENING OF LIVE MUSIC,  
SILENT AUCTIONS AND RAFFLES

WODEN  
SOUTHERN  
CROSS CLUB

1 JULY  
—  
6:30PM

ALL  
WELCOME  
(18+)



# EVENTS!



## **ATTENTION ALL JUNIOR FOOTBALLERS**

All juniors are invited to march out with the GWS Giants at their Home Game on Sunday 23rd July.

**Where:** Manuka Oval

**When:** 23 July 2023 1:10pm Bounce

Purchase your tickets by clicking on the photo above.

Announcements will be made at the game on when and where to meet.

Our amazing Junior Football Director, Amanda, will be there to lead the group out.

Any questions, please reach out to Amanda at [juniordirector@tuggeranongfc.com.au](mailto:juniordirector@tuggeranongfc.com.au)



# CHANGE IN BOARD MEMBERS

The Board has elected to fill a casual vacancy following the decision by Laura Scheele to step down.

We thank Laura for her time and would like to announce the appointment of Leo Lahey into the role of Sponsorship Director.



Leo is looking for others that may be interested in helping with the sponsorship portfolio too.

Whether it's building and maintaining relationships, helping with potential sponsors or any other creative ideas you may have, Leo would love to hear from you.

Simply email [sponsorship@tuggeranongfc.com.au](mailto:sponsorship@tuggeranongfc.com.au)



# CODE OF CONDUCT

A gentle reminder to all of AFL Canberra's Code of Conduct requirements.

Please continue to be respectful and comply with the Code.

Please also be advised that dogs are not permitted at ovals when in use for training or games.







This *Code of Conduct* is established under Rule 6.3 of the *AFL NSW/ACT Rules* and is intended to ensure Australian Rules football is a positive and enjoyable experience for everyone. All players, officials, parents and supporters are expected to abide by the *Code of Conduct*. Any person who fails to comply with the Code of Conduct will be subject of disciplinary proceedings for a breach of policy under Rule 26 of the *AFL NSW/ACT Rules*.

<b>PART A</b>		<b>General Code of Conduct Requirements</b>
<b>Comply</b>	1.	Comply with: <ul style="list-style-type: none"> <li>(i) this <i>Code of Conduct</i>;</li> <li>(ii) the <i>AFL NSW/ACT Rules</i> ('the Rules');</li> <li>(iii) the <i>AFL Community Football Policy Handbook</i> ('the Policy Handbook');</li> <li>(iv) the <i>Laws of Australian Football</i>; and</li> <li>(v) any other rules or policy formally approved and/or adopted by the AFL from time to time.</li> </ul>
	2.	Comply with: <ul style="list-style-type: none"> <li>(i) any direction given or procedure imposed by the Controlling Body in accordance with the Rules or the Policy Handbook; and</li> <li>(ii) any sanction imposed by the Controlling Body or Tribunal under the Rules or Policy Handbook.</li> </ul>
	3.	Comply with all relevant laws including anti-discrimination and child protection laws.
<b>Protect</b>	4.	Prioritise the safety and welfare of children.
<b>Respect</b>	5.	Respect the spirit of fair play and behave accordingly, and participate in Competition Matches in accordance with the <i>Laws of Australian Football</i> and the <i>Rules</i>
	6.	Be ethical, fair, honest and respectful in all dealings with other people.
	7.	Contribute to a safe sporting environment and respectful culture which is accepting of individual differences.
	8.	Recognise that AFL is an inclusive environment and respect the rights, dignity and worth of all participants regardless of gender, ability, sexual orientation, cultural background or religion, and never engage in any act of vilification or discrimination toward anyone.
	9.	Recognise and respect the significant contribution of volunteers in our game.
	10.	Respect and use appropriately the facilities and equipment made available for administration, coaching, training, Competition Matches and events, including facilities and equipment provided by the opposing teams.
	<b>Never</b>	11.
12.		Never engage in physical and/or verbal intimidation or verbal abuse, including sledging and abusive language, toward another person.
13.		Never engage in any type of violence either on or off the field and condemn the use of violence in any form by another person.
14.		Never make a threat of violence toward another person or undertake actions that may incite violence toward another person.
15.		Never publicly criticise a participant – raise any concerns you have with your Club's officials.
16.		Never engage in conduct that is unethical, unbecoming or likely to cause harm to the reputation of the game of Australian Football, the AFL, the League or the Club into disrepute.
17.		Never take part in any form of harassment or bullying including via the use of social media.
18.		Never make or post inappropriate, offensive or discriminatory comments in public, including via social media, about Players, Clubs, Umpires, Officials, the League or the AFL. Social media includes, but is not limited to, email, instant messaging, text messages, phone messages, digital images, online postings (including social media such as, but not limited to Facebook, Twitter, LinkedIn, Instagram, websites and blogs).



**PART B** Code of Conduct Toward Community Football Umpires

LIKE players and coaches:

- ✓ Umpires are people and are critical participants in our game.
- ✓ Umpires have different levels of skill and experience and do the best they can.
- ✓ Umpires will make many good decisions during a Match and they may also make mistakes or decisions that others don't agree with.

UNLIKE players and coaches:

- ✗ Umpires, including those under the age of 18, have frequently been subject of unacceptable abuse from people, often adults.

Any person involved in Australian Rules community football must:

<b>Never</b>	1.	Never abuse an Umpire [NOTE: Abuse is defined in the Rule 10.14 as including any language, terminology or behaviour intended to insult, offend, intimidate, threaten or harm an Umpire.]
	2.	Never argue with, ridicule or dispute a decision of an Umpire.
	3.	Never approach an Umpire unless you are a person authorised to do so under the Rules.
	4.	Never make intentional contact with an Umpire on or off the field.
	5.	Never publicly criticize an Umpire - raise any concerns you have with your Club's officials.
<b>Do</b>	6.	Respect the critical and very difficult role that Umpires have in our game.
	7.	Support and encourage all Umpires.
	8.	Always consider the welfare and safety of our Umpires.



# 2023 NETBALL TEAM SPONSORS



PROUDLY SPONSORING  
YR 5 TERRORS



PROUDLY SPONSORING TITANS



PROUDLY SPONSORING  
INTERS DIV 4 - TIARAS

# 2023 FOOTBALL TEAM SPONSORS



PROUDLY SPONSORING  
UNDER 14'S BLUE



PROUDLY SPONSORING  
UNDER 14'S GIRLS



PROUDLY SPONSORING  
UNDER 13'S MIXED



# 2023 FOOTBALL TEAM SPONSORS



**CROSSFIT**  
STRIVE FOR SUCCESS

**PROUDLY SPONSORING  
UNDER 13'S MIXED**



**PROUDLY SPONSORING  
UNDER 14'S RED  
UNDER 14'S GIRLS**

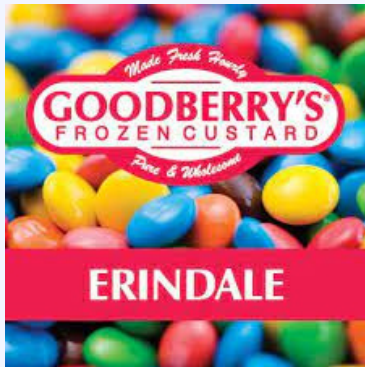


**PROUDLY SPONSORING  
UNDER 10'S GIRLS**



**PROUDLY SPONSORING  
UNDER 16'S GIRLS**

# 2023 IN KIND SPONSORS



Conder | Calwell | Weston



Brindabella Print



TROPHY | LINK  
Canberra's only shop online trophy store

**Supaturf**  
line marking systems

Ph: (+61) 02 6040 4808 [www.supaturf.com.au](http://www.supaturf.com.au)





# 2023 PLAYER SPONSORS

**CLICK ON THE LOGO TO CONTACT OUR SPONSORS!**



PROUD SPONSOR OF:  
**Sally Scott**



PROUD SPONSOR OF:  
**Ethan Bates**



PROUD SPONSOR OF:  
**Paris Ahearn**



PROUD SPONSOR OF:  
**Matt Channon**



PROUD SPONSOR OF:  
**Teigan Single**



PROUD SPONSOR OF:  
**Lucy McKelvie-Hill**



PROUD SPONSOR OF:  
**Annie Ghirardello**



PROUD SPONSOR OF:  
**Lachlan Kennedy**



PROUD SPONSOR OF:  
**Nikki Harvey**



PROUD SPONSOR OF:  
**Rhys Mooney**



PROUD SPONSOR OF:  
**Lily Bulter-Woollard**



PROUD SPONSOR OF:  
**Lucas O'Dea**



PROUD SPONSOR OF:  
**Jesse McPhail**



PROUD SPONSOR OF:  
**Ed Collins**



PROUD SPONSOR OF:  
**Maarten de Wilt**



PROUD SPONSOR OF:  
**Natasha Monger**



PROUD SPONSOR OF:  
**Sam Patton**



PROUD SPONSOR OF:  
**Polly McKelvie-Hill**



PROUD SPONSOR OF:  
**Charlee Cremeris**



PROUD SPONSOR OF:  
**Maddie Chynoweth**



PROUD SPONSOR OF:  
**Mitch Ivey**



PROUD SPONSOR OF:  
**Rhys Weller-Lewis**



PROUD SPONSOR OF:  
**Kat Ghirardello**



PROUD SPONSOR OF:  
**Erin Shute**



PROUD SPONSOR OF:  
**Kat Ghirardello**



PROUD SPONSOR OF:  
**Trunisha Patel**



PROUD SPONSOR OF:  
**Emily Knox**



PROUD SPONSOR OF:  
**Kyra Jackson**

# 2023 CLUB SPONSORS

CLICK ON THE LOGO TO CONTACT OUR SPONSORS!

## PLATINUM PARTNER



## GOLD PARTNERS



**CONTRACT**  
PROFESSIONALS



**McIntyre**  
PROPERTY

## PREMIUM SILVER PARTNER





# 2023 CLUB SPONSORS

## SILVER PARTNERS



AUTHENTIC. CONTRACTING. PEOPLE. DEVELOPMENT.



**PROCUREMENT**  
PROFESSIONALS



**BALFRAN**  
—REMOVALS—



BREWING COMPANY



## BRONZE PARTNERS



**Belgravia Apparel**

**civium**

# 2023 CLUB SPONSORS

## GAME DAY PARTNERS



## INDIGENOUS PARTNER



**WILLYAMA**  
INDIGENOUS ICT SERVICES  
*The oldest culture, the latest technology*

CONTACT US!



CLICK ON THE ICON TO VISIT OUR PAGES!



FACEBOOK



INSTAGRAM



TIKTOK



WEBSITE



EMAIL