

VALLEY NEWS

TUGGERANONG VALLEY AUSTRALIAN FOOTBALL NETBALL CLUB



U10's Thunder

IMPORTANT DATES

Every Friday Night

Meat Raffles

Canberra Southern Cross Club,
Tuggeranong

29th April

Netball Round one

7th May to 1st July 2023

Auskick Rookies Clinic

14th May 2023

Mothers Day

1st July 2023

Cocktail Party

A WORD FROM THE SENIOR FOOTBALL DIRECTOR

Footy is back!

After a very long and arduous pre-season, it's great to finally get the season underway – both at senior and junior levels.

I would like to give a shout-out to Sam Robinson and Jarrod Phillips for the work they have done in the senior men's & women's spaces to get our players fit and ready for the rigours of the season ahead.

Results-wise, it has been a mixed bag across the first two rounds. It was great for the Women's 2's, Men's 2's, and Women's 1's to record solid wins against Gungahlin, and hopefully they are just the first of many wins for all of our teams. However, our Club's most precious resource is our players, so one really pleasing aspect to the start of the new season has been the number of players who are either new or returning to the Club, and how seamlessly they have fit into our program.

In the men's space, we have welcomed Josh Brittliff, Will O'Connor, Sam Emery, Isaac Van Bockel, Will Anderson, Mitch Ivey, Maarty de Wilt, Rhys Weller-Lewis, Dan Supple, Angus Knox, Lane Tattam, Ethan Bates, and Mike Carruthers. We would also like to congratulate the following players for having made their 1st Grade debut for the club: Teagan Murphy, Ash Patton, Chloe Hinde, Jorja Cockburn, Charlie Cremerius, Sabrina Ting, Sam Patton, Tyler Donlan and Adam Bennett.

Another great sign for our Club is that we are fielding a Men's Community Div.3 team this season. A big thanks to Jesse McPhail who has done a mountain of work in putting this team together which comprises a lot of people who have previously played for the Club including Bowan Shelton, Brett Ward, Darryl Ornsby, Justan Fuller, Brad Bergkotte, while Lachlan Manuel is totally new to AFL.

We also have a highly skilled team of physios and sports trainers this year led by our physios Matt Moxon and Laura King, and our trainers Denis Liuzzi, Ian Knox, Sean Finn, Sandy Beggs, Rebecca Ramsay and Jarrod Phillips – while Tony O'Dea is assisting as our Incident Notification Manager. Their expertise, professionalism and caring approach is very much appreciated by the Club.

A big shout-out to our army of volunteers who do so much work behind the scenes to make sure things run smoothly – particularly our team managers. Your efforts don't go unnoticed.

Paul Highmore

Senior Football Director

Tuggeranong Valley Australian Football Netball Club



SAVE THE DATE

Save the date for our Cocktail Party to be held on
Saturday 1st of July!!

More information to come!!

T V A F N C

Cocktail Party

JOIN US FOR AN EVENING OF LIVE MUSIC,
SILENT AUCTIONS AND RAFFLES

WODEN
SOUTHERN
CROSS CLUB

1 JULY
—
6:30PM

ALL
WELCOME
(18+)

VOLUNTEERS

A MESSAGE FROM RACHAEL KENNEDY

It is with great excitement that the season has finally started. This year the lead up has been made that bit more hectic as the Club came to terms with the damage caused by the fire at the Gordon oval. Our wonderful TVAFNC volunteers took this all in their stride and got to work. They have been purchasing replacement items such as training equipment, first aid kits and jerseys, organising temporary facilities and managing fundraising activities. Many people were involved in this effort, but we do need to recognise some special efforts. So, a big thanks to Kellie Hogan for her tireless (and patient) hours spent with the insurance company and the government to arrange temporary facilities, Luke Jess for his innovative fundraising, Peter Ashcroft and the Merchandise committee for organising new junior uniform items, Dennis Liuzzi who arranged new first aid kits and Amanda Lowes who arranged the new game day and training equipment.

The start of the season is a festive time, for some it might be their first season with the Club and an opportunity to meet new people, for others they are returning to catch up with friends made over many years. Katie Kearney as our Director of Community and her many volunteers made sure our Season opening events set the tone for another great year. A huge thanks to Katie, Amanda Lowes and Karen Cooper for their organisation and to Peter and the Merchandise committee for making sure we all looking fabulous in our TVAFNC kit.

Last month a call was made for School point of contacts to strengthen and broaden our partnerships with the Tuggeranong community. If you have an existing relationship with a local school and feel that you could promote the Club to the school community, please let me know at the volunteer email address or see me at a senior football game day.

Volunteer in the Spotlight



Bec Ashcroft has been barracking for her kids on the footy sideline for 17 years. The highlight of Bec's weekend is watching her boys play football and see how they have grown into wonderful young men along the way.

Over the years Bec has performed numerous roles and demonstrates how many small jobs make a huge difference. You name it Bec has probably done it, from cutting up oranges for half time, time keeping (this is a little stressful when you love a chat), being creative with the balloon arch, helping out at the canteen, turning sausages on the BBQ and selling uniform items.

We asked Bec what she likes about volunteering and she said enjoys working alongside other club members to help lighten the load. And what has been Bec's favourite job at the club? Setting up the balloon arch on a Friday night of course, lots of laughs and followed by a drink at the Southern Cross Club.

If you would like to help out just like Bec, with a vision of lots of small jobs shared by many volunteers contact me at volunteers@tuggeranongfc.com.au or chat to your team manager.

VOLUNTEERS OF THE MONTH - APRIL



**Club Volunteer
of the Month**

WARREN LEYDEN

After a couple of years in the Northern Territory we are so happy to welcome home photographer extraordinaire Warren Leyden. Warren is responsible for all those fantastic action photos you have been seeing on our social media. We are very lucky and grateful that Waz gives his time and skills to make sure we have a fantastic record of players and events.



**Senior Volunteer
of the Month**

DENIS LIUZZI

Denis Liuzzi has a long history of volunteering at various sporting clubs and events. Denis and his wife moved to Canberra last year and TVAFNC became the next lucky club to benefit from his generosity and experience.

Since contacting the club last year, Denis has done a mountain of work in the medical trainer's space. He attended pre-season training to make sure our teams were ready to start the season, met with Tony O'Dea for advice on how he previously performed the role. He has also met with the new physios and other trainers engaged by the Club.

VOLUNTEERS OF THE MONTH - APRIL



**Netball Volunteer
of the Month**

CHARITY BURNETT

This month we give a shout out to Charity Burnett who has taken on the role of netball events manager, as well as managing the Toxic Spills.

Charity has been working hard behind the scenes, coordinating and planning a number of events that help us build a fantastic community. Thanks for all your hard work, Charity!



**Junior Volunteer
of the Month**

NICOLE KNOX

Nicole recently took a group of 19 under 12, 14 & 16 girls to the NSW Police Force inaugural Blue Heeler's Women's Leadership and Wellbeing Program in Queanbeyan.

Thanks to Nicole leadership and care for our club members our developing female leaders were able to participate and enjoy this fantastic program.

MEDIA CALL OUT



Mothers Day, 14th May

If you would like to be featured in our Mothers day post, please join our whatsapp group [here](#) or scan the QR code and send your photo **by this Saturday, 6th May** to Tash and Kim.



Sir Doug Nicholls Round

We would like to profile our Aboriginal and Torres Strait Islander members for this round. If you are interested, please join our whatsapp group [here](#) or scan the QR code

Please submit your profile by Saturday the 20th of May.

Please message us with the following information and a photo of yourself.



1. **NAME:**
2. **MOB:**
3. **ROLE IN TVAFNC: (Player etc)**
4. **What does the Sir Doug Nicholls round mean to you?**

Alternatively, email communications@tuggeranongfc.com.au

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INTERS DIV 4 - TIARAS

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PROUDLY SPONSORING
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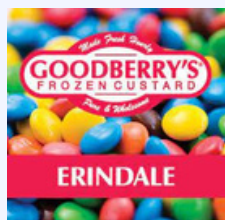


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UNDER 16'S GIRLS

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PROUD SPONSOR OF:
Natasha Monger



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Sam Patton



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2023 CLUB SPONSORS

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