

VALLEY NEWS

TUGGERANONG VALLEY AUSTRALIAN FOOTBALL NETBALL CLUB



IMPORTANT DATES

Every Friday

(Except Good Friday)

Meat Raffles at Tuggeranong
Southern Cross Club

1st April

Junior Football Season Launch

2nd April

Senior Football Season Launch

7th April

Good Friday

9th April

Easter Sunday

15th April

Senior Football Round one

21st April

Junior Football Round one

25th April

ANZAC Day

29th April

Netball Round one

7th May to 1st July 2023

Auskick Rookies Clinic

A WORD FROM THE PRESIDENT

Season 2023 has arrived!

It has been a very busy preseason and last-minute preparations are now in full swing as we approach the first center pass and the first bounce.

Our TVAFNC Fire Appeal has raised just over \$56,000. The community support has been incredible and truly humbling, so thank you to each and every person that has donated. I would especially like to call out the AFL Canberra Foundation (\$15,000), the ACT Chief Ministers Fund (\$10,000), the AFL (\$6,900), the GWS Giants and our Club Partners the Canberra Southern Cross Club, Willyama, McDonalds and our Club Patron David Smith for their above and beyond support.

How great have our community events been so far, with the GWS Community Camp, Bunnings BBQ and our Netball Season launch at Greenway on 21st March all well attended by so many of you. It has been fantastic to see so many new faces, alongside familiar ones getting involved in volunteering so thanks to each one of you and to our Board members, Katie, Karen and Amanda for organising them. These kinds of events are an important part of the culture at our Club, so embrace them and get involved where you can.

Speaking of culture, and the fun environment we have, it would be remiss of me not to give a massive shout out to Kim O'Dea and our incredible Communications Team, Trunisha Patel, Jackson O'Dea, Emma Kennedy, Warren Leyden (Waz) and Tash Monger. Their fresh ideas have lifted the club's engagement to a new level this year complete with TikTok videos and a fresh new look for our Instagram, Facebook and Newsletters. Offering plenty of opportunities to promote and share who we are, far and wide. Keep up the great work.

Enjoy the last few weeks leading up to Round 1. Safe travels for those who are going away over the Easter/School holiday period and I can't wait for the fun that it is about to start!

Kellie Hogan

President

Tuggeranong Valley Australian Football Netball Club

THANK YOU GWS GIANTS ACADEMY

In the wake of the December 2022 fire at our Gordon storage facility, the Club wishes to take this opportunity to thank the GWS Giants Academy for their generous donation of close to 100 footballs to our junior players.

Our Director of Senior Football, Paul Highmore was presented with the footballs by Jason Saddington (Head of the Giants Academy), Tadgh Kennelly (Head Coach of the Academy) and Daniel Scroope (Academy Manager).

Jason said: "As soon as we heard about the fire, we as an Academy wanted to assist the Tuggeranong Footy Club. So we hope the footies assists the club on the path to recovery, and in some small way helps kids in the Tuggeranong Valley to keep playing footy."



The Club appreciates the generosity of not only the Giants Academy, but also the Belconnen, Queanbeyan and Ainslie footy clubs (who have donated to our Go-Fund-Me page) which is further proof that the footy family within Canberra continues to be strong.



THANK YOU!



AFL Masters ACT Canberra Cockies
Queanbeyan Tigers Football Club
Corinne Smith
Tristan Turner
Jayden Riley
Millie Chisholm
Dave Rugendyke
Brian Morton
Nicole Lawder MLA
Matt Joyce
James Heron
Holly Newell
Robyn Bull
Helen Goddard
Phil Jackson
David Smith
Marcia Kimball
Jacklyn Bryant
Sarah Martin
Darren Randall
Ben Sweeney
Thomas Cram
Stephanie McNamara
Alex Mitchell
Neil Irwin
David Williams
Sam Hartmann
Leanne Affleck
Matthew Gately
Ian Mackay
Justin Crosby
Mark Lang
Celeste Trew
Stephanie Cargill
Juliette Major

AFL Canberra Foundation
Magpies Junior Football Club
Michael Serena
David Ceremia
Matthew Gately
Eric Bowman
Janice Carruthers
Tomica Gnjec
Brendan Greenwood
Darren Gore
Paul Ryan
John Muir
Stuart Woodbridge
James O'Reilly
Brett and Janinne Monger
J Laing
Snuggles Pet Resort
Murray Chynoweth
Leanne Chaffer
Hayley Mac
Jane Enright
Tony Greenwell
Wendy Lambert
Courtney Smith
Murray Lembit
Canberra Security
Annette Ellis
David Adens
Robyn Fidge
Ellen Keeffe
David Evans
Kate Greenacre
James Ceely
Sammy Hennessy
David Bailey

Chisholms on Farm Butchery
Gary and Alana Packer
Brendan & Anne-Maree Bourke
Canberra Southern Cross Club
ACT Chief Ministers Fund
The AFL
GWS Giants
Willyama
McDonalds
Ainslie Football Club
Adam Robinson
Beth Matters
David Smith
Eugenie Hickey
Cathy Lloyd
Barbra Miels-Barrett
Tony Greenwell
Chloe Osbourne
Matt & Jodie Brine
Cerrit Wanganeen
Glen Thurbon
Peita Bourke
Alison Henkel
Phillip Lovett
Elizabeth Affleck
Janet and Victor Hugu
John Keen
All Anonymous Donors
Tracey Whyte
Wayne Prowse
Sue Turtle
The Butler-Woollands
Kristie Chynoweth
Myles Pfeiffer
Kent Scott-McLean



SEASON LAUNCHES



Season Launch | Junior Footy

Saturday 1st April 2023

Time: 1pm - 4:00pm

Location: Kambah Oval (Chirside cct)



Season Launch | Senior Footy

Sunday 2nd April 2023

Time: 3pm - 6:00pm

Location: Greenway Oval



Season Launch | Netball

THANK YOU TO OUR VOLUNTEERS WHO HELPED
MAKE THE LAUNCH POSSIBLE

Lucy Crouch
Steve Hogan
Karen Cooper
Katie Kearney
Kim Rice
Jimmy Rice
Luke Jess

Charity Burnett
Rachael Kennedy
Kristie Chynoweth
Murray Chynoweth
Teigan Single
Emily Hart
Renelle Pearce

COACHES

Patrice Welfare
Natalie Rawsthorne
Shelley Fisher

Bianca Sands
Lou Patton
Tash Monger



We had a fantastic time at our
Netball Launch on Tuesday the 21st
of March!

Despite the rain, everyone had a
great time and we can't wait for our
2023 season to start on the 29th of
April!

Check out the photos from the night
on our [Facebook](#) and [Instagram](#)
pages!

A huge thank you to all of our
volunteers for making last night
possible! ❤️

SENIOR FOOTBALL

**ROUND ONE FOR SENIORS KICKS OFF ON SATURDAY
15TH OF APRIL!!**



**RISE TO
THE CHALLENGE**

2023 Registrations Open

**REGISTER
NOW!**



**THE 2023 AFL CANBERRA
SENIOR AND COMMUNITY
FIXTURE IS NOW LIVE!**

**CLICK ON THE PLAY HQ
IMAGE TO VIEW IT!**

GAME DAY PHYSIO

**Southside Physio Tuggeranong are
excited to join Tuggeranong Valley
Football Netball Club for the 2023
season!**



**Their physiotherapists Laura and Matt,
will be on the sidelines assisting our
athletes with strapping and injuries.**

**Athlete's will receive 10% off
appointments.**

**Southside
Physio**

JUNIOR FOOTBALL

JUNIOR COACH ANNOUNCEMENT

TVAFNC Teams - 2023 Season

Age	Team	Coach	Assistant Coach
16s Girls		Mick Patton	Tia Stevens
15s Boys		Peter Borghouts	Shane Harman Jason Owens
14s Mixed	Blue	Kieran Rogers	
	Red	Mark Woodward	Jimmy Rice
14s Girls		Matt Knox	
13s Mixed		Kurt Masters	
12s Girls		Luke Jess	
12s Mixed		Adam Robinson	
11s Mixed	Blue	Dante Miller	
	Red	Simon Kelly	
10s Girls		Gerry Patron	
10s Mixed	Blue	Tristan Turner	
	Red	Carmen Marotti	
9s Mixed	Red	Peter Ashcroft	
	Blue	Jesse Baker	
Auskick Pros	Red	Vacancies	
	Blue		
	Gold		
Auskick Rookies		Tristan Turner	

REGISTER NOW FOR AUSKICK!!

nab AFL Auskick

**7th MAY
to
1st JULY**

**WHERE
LEGENDS
START**

Register today!




**REGISTER
NOW!**

NETBALL

The countdown is on to Round One- winter season commences on Saturday 29th April and season 2023 is shaping up to be a big one for TVAFNC.

Work has been happening behind the scenes to ensure that we are ready to build upon our success from last year. This year, we have added 3 new teams to our Club, welcoming Juniors for the very first time. With new teams comes new coaches and we are thrilled to welcome our very first Junior Coaches to our very experienced coaching team.

Even though the rain interrupted our plans for season launch, it did not stop everyone from having an enjoyable time and getting to know new players to our Club.

A huge thankyou to all the volunteers and coaches who helped make the night a huge success!

Training commences on Tuesday, 28th March at Calwell Netball Courts.

Team	Coaches	Manager	Training Times
Year 4	Sophie Cooper and Stephanie Nyugen		5:30- 6:30pm
Year 5	Patrice Welfare, Maddi Shiels and Elaina May	Katie Kearney	5:30- 6:30pm
Intermediate Division 4	Karen Cooper		6:45-8:15pm
Intermediate Division 3	Nat Rawsthorne	Kerryn O'Connor	5:30-7pm
Intermediate Division 2	Shelley Fisher	Christina Knobel	6:45-8:15pm
Intermediate Division 1	Bianca Sands	Jo Banchit	6:45-8:15pm
Intermediate Division 1	Lou Patton	Charity Burnett	7:15-8:30pm
Seniors	Nat Rawsthorne	Kristie Chynoweth	No training
Seniors	Tash Monger		No training



I also want to give a shout out to Kerry Bibb (Uniforms and Property), Tracy Heathcote (Games Stats and Milestone Games), Charity Burnett (Events), Kristie Chynoweth (Registrar) and Taryn Virtue (Managers Coordinator)- thanks for helping behind the scenes to make sure things run smoothly throughout the year.

Congratulations to Tahlie Shiels and Abby Jess who were successful in their application to the 'Learn to Umpire' Initiative. Tahlie and Abby will work alongside Sara Murphy (TNA Umpire Coordinator) to develop their umpiring skills- I'm sure we will be able to put them to work in the future!

Please ensure that you register yourself or your child to play using the link for PlayHQ:
<https://www.playhq.com/netball-australia/org/the-tuggeranong-valley-football-and-netball-club/b7afa321>

If you are requiring financial assistance, please do not hesitate to send me an email or give me a call. Both TNA and TVAFNC are able to help out families and players who are needing some financial support.

I am really looking forward to watching our players, coaches and Club grow during Season 2023!

Karen Cooper
Director of Netball

VOLUNTEERS

SCHOOL CONTACTS

TVAFNC is a true community sporting club whose values include unity, inclusion and respect. As a community club we are seeking to strengthen and broaden our partnerships with other community organisations to foster a sense of belonging and ensure that we are the first and best sporting option within Tuggeranong and the broader ACT.

Currently the TVAFNC Board are focusing on our partnerships with Tuggeranong schools. We are seeking Club people who have an existing relationship with a Tuggeranong school to be a contact point within the school for the Club.

This person will promote the Club within the school and create a pathway for a stronger partnership.

Activities may include the introduction of the school to the Club Board, promoting the Club within the school community, seeking permission to publish Club news/updates in the school newsletter and arranging for the Club to participate in events that promote our involvement in the Tuggeranong community such as school fetes and sports days.

It is envisioned that school contact persons will have a current standing in a school, for example a teacher, P&C or a Board member.

If you are interested in this role, please contact the Board through Rachael Kennedy at Volunteers@tuggeranongfc.com.au

A MESSAGE FROM RACHAEL KENNEDY

As the Director of Volunteers, I will be attending the season launches for Netball, Junior Football and Senior Football. I hope to be able to meet with as many Club people as possible to share the various ways we are all able to contribute to the Club.

With a vision of lots of small jobs shared by many volunteers it is my aim that our volunteers will feel included and valued but never overloaded.

Looking forward to meeting you all!



Volunteer in the Valley

TVAFNC LIFEblood TEAM

Join [TVAFNC's](#) Lifeblood Team!



Some things are better together. Like saving lives.

Join our Lifeblood Team. Search 'Tuggeranong Valley AFNC' on the app or website, or reach out staff for more information.

Download the mobile app, book online, or call 13 14 95
Give life. Give blood.

 **lifeblood teams**

We have teamed up with the Australian Red Cross Lifeblood and created a Lifeblood Team.

All it takes to get involved is for you to give plasma or blood register to our Lifeblood Team. So, let us take our team efforts into the donor centres and prove that we are one of the most generous team Australia.

When you make a blood donation, you will be giving life to Australians in need.

IT'S EASY TO GET INVOLVED, SIMPLY HEAD OVER TO OUR WEBSITE FOR MORE INFO!



1 in 3 people will need blood. We give it.

Join The
Tuggeranong Valley AFNC
Lifeblood Team

Give life. Give blood.

 **lifeblood teams**

2023 NETBALL TEAM SPONSORS



**PROUDLY
SPONSORING
YR 5 TERRORS**



PROUDLY SPONSORING TITANS



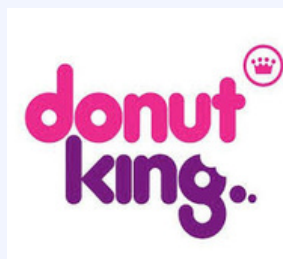
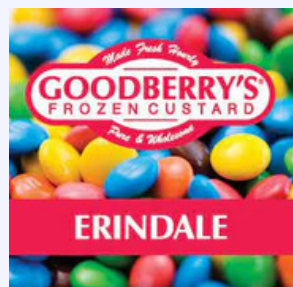
**PROUDLY SPONSORING
INTERS DIVISON 4**

2023 FOOTBALL TEAM SPONSORS



**PROUDLY SPONSORING
UNDER 14'S BLUE**

2023 IN KIND SPONSORS



2023 PLAYER SPONSORS

CLICK ON THE LOGO TO CONTACT OUR SPONSORS!



2023 CLUB SPONSORS

CLICK ON THE LOGO TO CONTACT OUR SPONSORS!

PLATINUM PARTNER



GOLD PARTNERS



CONTRACT
PROFESSIONALS



McIntyre
PROPERTY

PREMIUM SILVER PARTNER



2023 CLUB SPONSORS

SILVER PARTNERS



AUTHENTIC. CONTRACTING. PEOPLE. DEVELOPMENT.



**PROCUREMENT
PROFESSIONALS**



BALFRAN
—REMOVALS—



**BRONZE
PARTNER**

**GAME DAY
PARTNER**



ENCORE
COMMERCIAL CLEANING SERVICES

HAPPY EASTER!!

HAPPY
Easter



TVAFNC's Board members would like to wish our incredible community a very happy and safe Easter.

We look forward to seeing you when our Netball and Football seasons start soon!

CLICK ON THE ICON TO VISIT OUR PAGES!

CONTACT US!



FACEBOOK



INSTAGRAM



TIKTOK



WEBSITE



EMAIL