

# VALLEY NEWS

Vol 6, 2022

## Important Dates

**14 October 2022**

16 Girls, RSW & RSM  
Presentation

**15 October 2022**

First and Second Grade  
Senior Presentation

**22 October 2022**

Netball Presentation

**23 October 2022**

Junior Presentation  
(Auskick to Under 14s)

**30 October 2022**

Annual General Meeting

# AGM

Annual General Meeting

## 11am Sunday

## 30 October 2022

Canberra Southern Cross Club - Tuggeranong

For more information please email Kristie at  
[Secretary@tuggeranongfc.com.au](mailto:Secretary@tuggeranongfc.com.au)



Past players, and lifelong mates, through footy pictured with their U14 daughters who now play.

- Dale and Amelia Naughton
- Luke and Tayla Jess
- Zoe and Shane Harman
- Ricci and Kiara Miller
- Mick and Kate Patton

# COMMUNITY EVENTS

**EMERGING LEADERS**

(16 GIRLS, RSW, RSM)

**2022 PRESENTATION**



**FRIDAY 14 OCT - 6PM**

**CANBERRA SOUTHERN CROSS CLUB WODEN**

**\$50 (TWO COURSE MEAL)**

**DRESS: SMART CASUAL**

**PURCHASE TICKETS BY THURSDAY 6 OCTOBER**

**ENQUIRIES: KELLIE AT COMMUNITY@TUGGERANONGFC.COM.AU**

Purchase your ticket/s to attend the Emerging Leaders  
Presentation Night by going to:

<https://www.eventbrite.com.au/e/421702823497>



# COMMUNITY EVENTS



SENIOR AND VOLUNTEER

## *Presentation Night*

**SATURDAY 15 OCTOBER, 6PM**

**CANBERRA SOUTHERN CROSS CLUB WODEN**

**\$120 PP DRESS: COCKTAIL**

**3 COURSE MEAL**

**5 HOUR DRINKS PACKAGE**

**LIVE BAND**

**TICKETS ON SALE UNTIL 6 OCTOBER**

**CONTACT KELLIE - [COMMUNITY@TUGGERANONGFC.COM.AU](mailto:COMMUNITY@TUGGERANONGFC.COM.AU)**

Purchase your ticket/s to attend the Senior and Volunteer  
Presentation Night by going to:

<https://www.eventbrite.com.au/e/411111895747>

# COMMUNITY EVENTS

SUNDAY 23 OCTOBER

10AM -12PM AUSKICK TO U10S

1PM - 3.30PM U11S TO U14S

CALWELL HIGH SCHOOL THEATRE

111 CASEY CRES CALWELL



2022 JUNIOR  
PRESENTATION





# JUNIOR FOOTBALL

## JUNIOR FINALS

The following 7 junior teams progressed to **finals in 2022**:

- Under 11s
- Under 12 Girls Red
- Under 13 Red **\*\*2022 Minor Premiers\*\***
- Under 13 Blue
- Under 14 Blue
- Under 14 Girls Red **\*\*2022 Minor Premiers\*\***
- Under 16 Girls

The following 5 junior teams advanced through to the **second week of finals**:

- Under 12 Girls Red
- Under 13 Red
- Under 13 Blue
- Under 14 Blue
- Under 14 Girls Red

The following 3 junior teams played in the **2022 Grand Final** on 4 September:

- Under 13 Red
- Under 13 Blue
- Under 14 Girls Red

The following two teams brought home the **2022 premiership**:

- Under 13 Red
- Under 14 Girls Red

### AFL Canberra Under 13 Grand Final



**Congratulations  
TV AFC Under 13 Red  
AFL Canberra Premiers 2022**

### AFL Canberra Under 14 Girls Grand Final



**Congratulations  
TV AFC Under 14 Girls Red  
AFL Canberra Premiers 2022**

# JUNIOR FOOTBALL

## GWS GIANTS - SUPER 24 SERIES



Congratulations to:

- Mia Willis (U15 Girls)
- Ariella Paterson (U14 Girls)
- Jade Paterson (U14 Girls)
- Morgan Stevens (U14 Girls)

for their selection in the Greater Western Sydney (GWS) Giants teams to compete in the Super 24 Series in Albury from **26-29 September 2022**.

## GWS GIANTS - REGIONAL CHALLENGE

Congratulations to the following players for being selected in the GIANTS Development Regional Challenge teams, that played in Canberra on **10-11 September 2022**:

**U15 Girls:** Hannah DeVoy, Mia Willis

**U14 Girls:** Katrina Brine, Ariella Paterson, Jade Paterson, Morgan Stevens

**U13 Girls:** Emily Bordiuk, Tia Galea

**U12 Girls:** Isabella Brodrick, Tia Herber, Bethany Heron, Chelsea Hogan, Abby Jess, Milla Knox



**U14s:** Xavier Govan

**U13s:** Nate Coleman, Riley Masters, Zac Owen, Isaac Owusu

**U12s:** Ruben Hines, Blake Kearney, James Rice, Sam Whyte

# JUNIOR MILESTONES



**100 Junior Games**

Congratulations **Ash**  
on reaching your  
100 Junior Games Milestone

**21 August 2022**



**50 Junior Games**

Congratulations **Isla**  
on reaching your  
50 Junior Games Milestone

**4 September 2022**

Congratulations **Milla** on  
reaching your  
100 Junior Games Milestone

**21 August 2022**

charterpoint.



**100 Junior Games**

Congratulations **Maeve**  
on reaching your  
50 Junior Games Milestone

**21 August 2022**

Lanyon Pharmacy



**50 Junior Games**



# JUNIOR FOOTBALL

## Junior Coach, Assistant Coach or Manager Expression of Interest (EOI)

Calling volunteers interested in a Junior Coach, Assistant Coach or Manager role in 2023.

**Important:** All 2022 Coaches, Assistant Coaches and Managers are highly encouraged to submit an Expression of Interest (EOI) for the 2023 season.

New or experienced, we will provide all the support and assistance that you need.

As a **Coach/Assistant Coach** you will need to:

- ensure players become proficient in the fundamental skills of the game
- achieve a level 1 AFL Coaching accreditation by Round 1
- be organised with training plans that cater for each players ability, whilst building confidence and team spirit
- commit to attending a minimum of two Coach AFL sessions during the season
- demonstrate our core values of fun, inclusiveness and community and communicate with players and families in a positive, encouraging and supportive manner.

As a **Manager** you will need to:

- be organised and a good communicator
- encourage families to be involved in fundraising and social events
- support the coaching staff by making sure there is game day volunteers for each role
- ensure the integrity of awards and best and fairest voting (if applicable) is done in accordance with Club policy

**Note:** You must have a current Working with Vulnerable People Card for these roles.

To submit an EOI for 2023, go to:

<https://www.tuggeranongfc.com.au/junior-program-volunteers>

#THANKS COACH

Those who can, do.  
Those who can do  
more, volunteer.

~Author Unknown



# SENIOR FOOTBALL

## AFL CANBERRA 2022 LEAGUE BEST AND FAIREST - BAINROT MEDALLIST



**Congratulations to Caitlin Reid!**

AFL Canberra 2022 League Best and Fairest  
and Bainrot Medallist!!!

## AFL CANBERRA TEAM OF THE YEAR 2022

Congratulations to the following players for the selection in the AFL Canberra Team of the Year for 2022:

- Milli Gentle
- Connor Ashcroft
- Caitlin Reid
- Rhys Mooney
- Kathryn Ghirardello
- Tristan Borghouts



# SENIOR FOOTBALL

## ACT WOMEN'S MASTERS

We are proud to announce the following players and staff, have been selected in the inaugural ACT Women's Masters Team!!

- Karen Donlan
- Beth Matters
- Belinda Jenkins
- Ali Henkel
- Karen Hill (Buzz)
- Stephen Donlan - Coach
- Kim O'Dea - Manager
- Tony O'Dea - Trainer

They will be competing in the AFL National Masters Carnival in Adelaide from the 25th of September to the 1st of October!!

Good luck team!!!



# SPONSOR OFFER

## DOMAYNE COMPUTERS AND ELECTRICAL

Our Partners at Domayne Computers and Electrical have a fantastic offer for players, members and supporters.

When making a purchase mention the word TV AFC and they will give you \$20 towards your purchase.

Conditions apply, so read the fine print. Offer ends 31<sup>st</sup> October 2022.

# DOMAYNE<sup>®</sup>

## Supporting our partners @ Tuggeranong FC

Exclusive player, member, supporters offer

Mention the word **TV AFC!** And we will give you \$20 toward your purchase

Minimum purchase \$30. Not in conjunction with any other offer. Valid in Computer and Electrical only Franchises only. Not available on Miele, AEG, Falcon, Asko, Smeg Portifino. Offer finishes 31<sup>st</sup> October



DOMAYNE Computers & Electrical. 80 Collie St. Fyshwick



# SPONSOR OFFER



**Swim into Spring**  
Join Stellar Swim today  
and get 4 lessons free!

**4 FREE LESSONS**

**Stellar**  
SWIM

\*Terms and Conditions apply.

Swim into Spring - Stellar Swim are offering 4 lessons free to new joiners during spring so we can help get as many people as possible get into lessons and gain the ability to swim and survive.

<https://www.stellarswim.com.au/swim-into-spring-4-lessons-free>

# SPONSOR OFFER

**Welcome  
Southside Physio to  
footy in the Valley!....**



**Southside  
Physio**

In season 2023, Southside Physio will provide physio support to our players including a 10% discount on treatments to all of our TVAFC and TVFNC members.

Book online at [www.southsidephysio.com.au](http://www.southsidephysio.com.au) or  
call 02 6293 1955

# FUNDRAISING

## Meat Raffle

TUGGERANONG

FRIDAY 7:15PM



The Club Meat Raffle is held on Friday nights at the **Canberra Southern Cross Club - Tuggeranong** throughout the year. Tickets sales open at 5:30pm.

What a great way to end the week catching up with friends, grabbing some dinner and supporting the Club with a raffle ticket or two at the same time. All profits raised go directly back into the Club.

A huge thank you to **Kristie and Muz Chynoweth** (and to those that help out) who volunteer their time to run the Club Meat raffle each Friday night - You guys are amazing!

### Link Your Canberra Southern Cross Club (CSCC) membership to the Club Today!

The Club is lucky to be a part of the CSCC Community Rewards program.

Link your CSCC membership to our Club today for 7.5% of any money you spend on food and beverages to be donated to the Club. Go to: [csc.com.au/rewards](http://csc.com.au/rewards)



### Some things in life are better together.

When business gives back to the community that supports it, everybody wins. That's how we feel at the Canberra Southern Cross Club, which is why we've launched the Community Rewards Program.

The Community Rewards Program allows Canberra Southern Cross Club members to give back to the group most important to them.

By nominating Tuggeranong Valley Australian Football Club 7.5% of your spend on food and beverages at the Southern Cross Club is donated to your chosen group.

Nominating Tuggeranong Valley Australian Football Club as your Community Group is simple. If you are already a member of the Southern Cross Club:

- Go to [csc.com.au/rewards](http://csc.com.au/rewards) then select your group from the list and enter your name and membership number, or
- Come into any venue and speak to our friendly Reception team to nominate your group (your membership details will be required).

New members simply need to identify your group as their preferred Community Group when joining. You can become a member at any of our fantastic venues at Woden, Tuggeranong, Jamison and the Yacht Club.



# NETBALL UPDATE

## NETBALL FINALS

The following four (out of six of the inaugural winter netball competition) teams played in the qualifying finals on Saturday 9 September 2022. All four teams won their qualifying final to gain themselves a week off to prepare for the Grand Final.

- Thunder beat Maddies 29-25
- Trailblazers beat Katz 45-15
- Thrillers beat Phoenix 32-19
- Titans beat Maddies 44-6

The Grand Finals were held on Saturday 24 September 2022 with all four teams taking out the premiership, results as follows:

- Thunder beat Maddies 30-23
- Trailblazers beat Rebels 47-30
- Thrillers beat Hurricanes 33-20
- Titans beat Rebels 32-23





# NETBALL UPDATE

## WEEKLY AWARDS - ROUND 13



## WEEKLY AWARDS - ROUND 14





# NETBALL UPDATE

## WEEKLY AWARDS - ROUND 15



## WEEKLY AWARDS - FINALS





# 2022 CLUB SPONSORS

The Club is excited to announce that the following sponsors on board for 2022!

## PLATINUM PARTNER



The **Canberra Southern Cross Club** is a community orientated Club, providing family restaurants, gyms, support to local Clubs like ours and much, much more.

### Club Locations

**Tuggeranong:** Cnr Pitman & Howell Streets

**Woden:** 92-96 Corinna Street

**Jamison:** Cnr Catchpole and Bowman Street

**Yacht Club:** Mariner Place Yarralumla

### Tuggeranong Contact Details

Phone: **02 6293 7200**

Email: **reception.tuggeranong@csc.com.au**

Website: **csc.com.au**

## GOLD PARTNERS



**McIntyre**  
PROPERTY

Phone: **02 6294 9393**

Mobile: **0417 263 678** (Col)

Email: **Col.mcintyre@mcintyreproperty.com.au**

Website: **mcintyreproperty.com.au**



**CONTRACT**  
PROFESSIONALS

Phone: **0412 020 871** (Luke)

Email: **info@contractprofessionals.com.au**

Website: **contractprofessionals.com.au**

# 2022 CLUB SPONSORS

## SILVER PREMIUM PARTNER



Phone: **0423 343 732** (Mark)

Email: **mark@mwplumbing.com.au**

Website: **mwplumbing.com.au**

## SILVER PARTNERS



**BALFRAN**  
—REMOVALS—

Phone: **02 6260 1758**

Email: **sales@balfranremovals.com.au**

Website: **balfranremovals.com.au**



Phone: **0428 633 335** (David)

Email: **david@encorecleaning.com.au**

Website: **encorecleaning.com.au**



**PROCUREMENT**  
PROFESSIONALS

Phone: **0412 020 871** (Luke)

Email: **info@procurementprofessionals.com.au**

Website: **procurementprofessionals.com.au**



Email: **kim@keane.com.au**

Website: **keane.com.au**

AUTHENTIC. CONTRACTING. PEOPLE. DEVELOPMENT.

# 2022 CLUB SPONSORS

## BRONZE PARTNERS

# Transform.

Phone: **02 6195 6215**

Website: **transformbuildingsolutions.com.au**

# CIVIUM

Phone: **02 6162 0681**

Email: **enquiries@civium.com.au**

Website: **civium.com.au**



Phone: **02 6126 2500**

Address: **80 Collie St Fyshwick**

Website: **domayne.com.au**



# SOUTH.POINT

TUGGERANONG





# JUNIOR TEAM SPONSORS

Under 10 Girls Thunder Team Sponsor



Under 13 Blue Team Sponsor



Under 14 Girls Red Team Sponsor



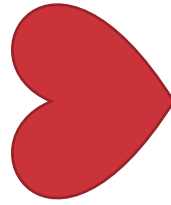
Under 12 Girls Blue Team Sponsor



Under 14 Girls Blue Team Sponsor



Under 16 Girls Team Sponsor



Thank You



# 2022 CLUB SPONSORS

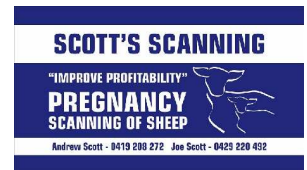
## SENIOR PLAYER SPONSORS

Pat  
McLindin



Pam  
McCormack

Dino  
Benedetti



## IN KIND SPONSORS



# VOLUNTEERS – AUGUST



This month's volunteer award goes to Father Son duo **Luke and Cooper Lowes**. Both Luke and Cooper have consistently volunteered over the course of the season for water running duties with the First Grade Men's of which Luke has also been called on to Manage. Both have always been willing and prepared to help with gameday duties for senior football when asked. Thanks Luke and Cooper for helping out, it is very much appreciated.

**Eugenie** has been the Girls U10 coach for the last 5 seasons and the Club could not have asked for a better coach to introduce young girls to the game of Aussie Rules. As an ex-Tuggeranong player herself, Euge has taught the girls football skills and strategy, but most importantly always with her #1 Rule at the forefront ... Have Fun! Euge has coached over 50 girls including nieces, daughters of old team mates & friends, and welcomed new families to the Club. Many girls have credited Euge for being the reason they continued with AFL into the higher age groups. And her game day awards have always been hugely popular - especially the Sherrin cut into a handbag filled with lollies. Euge will leave big shoes to fill as she hangs up her coach's whistle at the end of this season.



As we start to look to organise Summer Netball teams, it wouldn't be right to not give a shout out to the camera-shy **Kristie Chynoweth**. Kristie took ownership of organising our Seniors Summer teams last year and has been a huge support organising our teams for Winter. She took on the Manager's role with the Trailblazers and keeps the Club up to date with all the news as Secretary! Thanks Kristie for everything you do!

**Brett** has been the Club Treasurer for many years in addition to undertaking many different volunteer roles in the past three decades. Brett is a tireless and committed volunteer who this month pulled together another significant fundraising event with the Community Grand Finals raising more much needed funds for the Club. Brett is a heart and soul member of the Club and a very deserved winner of this months Club Volunteer.





# VOLUNTEERS – AUGUST

## WHAT A TEAM!

*Thankyou...*

Geoff Bennett

Dan and Katrina Dokonal

Gav and Katie Kearney

Gary Searle

Matt Brine

Kim O'Dea

Kellie, Steve, Josh and

Chelsea Hogan

Charlie and Archer Edwards

Mel Keen

Chris Fogarty

Tracey Whyte

Paul Highmore

Adam Coleman

Suzi Owusu

Martin Fisk

Rob Colquhoun

Carolyn, Jade and Ariella

Paterson

Ben and Tim Sweeney

Amanda, Luke, and Harry Lowes

Deb and Tia Herberz

James and Chloe Heron

Greg and Bella Popple

Ben Lehmann

Wayne and Rachel McGann

Kim Rice



# MERCHANDISE

## TVAFC MERCHANDISE | 2022 PRICE LIST

|                       |             |
|-----------------------|-------------|
| Club and Zip Hoodie   | <b>\$40</b> |
| 2022 Club Polo        | <b>\$35</b> |
| 2022 Warm Up Top      | <b>\$35</b> |
| 2022 Training Singlet | <b>\$25</b> |
| Puffer Jacket         | <b>\$60</b> |
| Puffer Vest           | <b>\$50</b> |
| Club/Coaches Jacket   | <b>\$55</b> |
| Sports Bag            | <b>\$50</b> |
| Backpack              | <b>\$30</b> |



|               |             |
|---------------|-------------|
| Beanie        | <b>\$15</b> |
| Cap           | <b>\$15</b> |
| Scarf         | <b>\$20</b> |
| Dress Socks   | <b>\$15</b> |
| Coffee Cup    | <b>\$13</b> |
| Stubby Holder | <b>\$7</b>  |
| Water Bottle  | <b>\$10</b> |

2021 Gear - Various

**Price on application**

If you have any enquiries in relation to Club merchandise, please contact Bec at [merchandise@tuggeranongfc.com.au](mailto:merchandise@tuggeranongfc.com.au)

# CONTACT US

## Club Contact Details



[Secretary@tuggeranongfc.com.au](mailto:Secretary@tuggeranongfc.com.au)

## Club Communication Details



[www.tuggeranongfc.com.au](http://www.tuggeranongfc.com.au)



<https://www.facebook.com/tvaafc>

<https://www.facebook.com/TVNetball>



tv\_afc

TVFNC\_Canberra

## Communications Contact Details

Want to advertise a Club activity or include something in the newsletter, please email Mel at:

[Communications@tuggeranongfc.com.au](mailto:Communications@tuggeranongfc.com.au)