

VALLEY NEWS

TUGGERANONG VALLEY AUSTRALIAN FOOTBALL NETBALL CLUB



Auskick Rookies

IMPORTANT DATES

Every Friday Night

Meat Raffles

Canberra Southern Cross Club,
Tuggeranong

22 July 2023

Ladies Day

23 July 2023

GWS Giants Home Game

5 August 2023

RU OK Round

12 August 2023

Past Players, Sponsors and
Volunteer Day



A WORD FROM THE JUNIOR FOOTBALL DIRECTOR

Wow! It is hard to believe we have halfway through the season already, now we move into the business end of the year.

The Rookies program has been a huge success with 40+ players coming along each week to work on developing their skills.

A huge thanks to our coach Tristan Turner with assistance from Justin Donley and David Canning on a fantastic program.

Our 4 Auskick Pro's teams have been enjoying the new format of a 2-zone competition which sees the players competing against Weston Creek, Eastlake Demons and Qbyn Tigers.

This has given them the chance to play against more teams and improve their game play each week.

With 15 junior teams from Under 9s to U16 Girls, every team should be proud of their efforts so far.

We may not have a win every week, but the positivity and the way our players are enjoying their season is a testament to the great effort put in by every one of our Coaches and Manager's.

I hope you all enjoyed the June long weekend break from footy, that you are all refreshed, recharged and ready for the remainder of the season.

Take care, stay safe and keep warm.

Amanda Lowes - Junior Football Director

CONGRATULATIONS!

Congratulations Ashley Patton on your selection for 2023 AFL U18 Nationals Allies Squad playing in Brisbane today!

"This is a great recognition of the hard work Ash has put in over the years and also the great support her family has wrapped around her to let her pursue her passion.

The biggest challenge Ash will face will be convincing others that the game isn't as easy as she makes it look - there's a lot of Scott Pendlebury around the way Ash plays - somehow she sees the game way ahead of everyone else, makes excellent decisions with the ball and can make the footy do things others simply cannot. I doubt this is the last time we will be acknowledging this kid 😊."

- Leo Lahey, TVAFNC RSW and Senior Womens Head Coach



2023 AFL NATIONAL CHAMPIONSHIPS - U18 GIRLS

AFL
NATIONAL
CHAMPS
TALENT PATHWAYS



On Sunday we held our final Auskick Rookies Clinic and with the sun shining our players enjoyed some final skills development, an obstacle course and a parent V players game followed by some awards and sausages. Congratulations to all of our Rookies!



We couldn't run these sessions without the support of our coaches and all of our volunteers.

THANK YOU!!

VOLUNTEERS OF THE MONTH



**Netball Volunteer
of the Month**

Narelle Skelly & Leanne Ball

Narelle and Leanne are always happy to put their hands up to support the coaches and Tornado team.

Recently wrangling 10 excited players at Community Night and then stepping up to coach when the girls were away for Junior Champs- even bringing out the cutest cheer squad to support their coaches!

Thanks Narelle and Leanne for everything you do!

Tristan Turner, David Canning & Justin Donley

Tristan has been involved as either a coordinator or coach of Auskick Rookies program for the past few years and this year has once again delivered a awesome program.

Joining the coaching team we had Justin and Dave to help teach football skills and have a fun time with our youngest players.

NB: Justin Donley not pictured



**Junior Volunteer
of the Month**



**Senior Volunteer
of the Month**

Jesse McPhail

Jesse leads our Men's Community Div. 3 team for the Club. Not only does he coach the team, he runs the training, organises the volunteers for the various roles needed to get a team onto the park, such as trainers, field umpires, goal umpires, timekeepers and runners. He has created a great environment where players are willing to travel to far-flung destinations such as Yass, Murrumbateman, and Cootamundra.

The Club is very appreciative of the time and effort Jesse has put into building the team while always maintaining his sense of humour and positivity.

Jesse is the essence of a great club-person in that he has been a great servant and played at all levels of footy for the Tuggeranong Footy Club, but he has managed to bring together a group of people who are playing footy purely for the love of the game. Jesse is now building depth and culture within our club which will set us up for a bright future.

Darryn Shannon

Every week you will find Darryn goal umpiring for the Under 15s but he also has a hidden talent as a Graphic Designer where this year he has designed some amazing banners for our Greenway Change rooms.

Thanks Darryn they look amazing!



**Club Volunteer
of the Month**



VOLUNTEERS

With the season in full swing the Club has been busy making sure our netballers are on the court and our footballers are running onto the field. The organisation to make this happen involves many parents, players and friends of the Club working together fulfilling lots of jobs.

A big thank you to all our community who are turning up each week as team managers, coaches, trainers, grounds managers, time keepers, goal, field and boundary umpires, runners, parents providing half time oranges or lollies and the first aiders who look after our injured players just to name a few.



The Board is still seeking School point of contacts to strengthen and broaden our partnerships with the Tuggeranong community. If you have an existing relationship with a local school and feel that you could promote the Club to the school community, please let me know at the volunteer email address or see me at a senior football game day.



You might have seen the Social media posts calling out for field and goal umpires for the Community Men's games. If you are keen to support this great team and might love a road trip on the weekends to small local towns please get in contact through the volunteer email address. Jesse and the players are very appreciative of any help they receive.

A big shout out to the organising team of our Cocktail Party held on Saturday night for all your hard work, pulling it all together. A great night was had by all!



Rachael Kennedy - Director of Volunteers

VOLUNTEER SPOTLIGHT

Meet Dante Miller!

Dante is one of our young volunteers who has been closely connected to the club through his love of footy for many years. Dante first started playing with the Lions when he was 4 years old and progressed through to senior football. Even as a young player Dante was quick to help out around the Club often spending time on the canteen BBQ and running water for senior games.



Nowadays you will find Dante leading his favourite junior football team, the U11 Devils, he has been coaching the team for 2 years now and is loving every minute of it. Dante is able to relate to his young players and they respond eagerly to his coaching.

Asked what he loves most about his role Dante says he is at his happiest when he is coaching, feeling it is a very privileged role to guide and mentor young players. When speaking to Dante you can definitely hear the passion he holds for his team and the coaching role.

Being a young coach and someone keen to learn Dante will seek out advice from other Club coaches to broaden his knowledge and experience.

A huge thank you Dante, we hope you will be coaching at our Club for many years to come.

If you would like to help out just like Dante, with a vision of lots of small jobs shared by many volunteers contact me at Volunteers@tuggeranongfc.com.au or chat to your team manager.

Rachael Kennedy - Director of Volunteers

EVENTS!



ATTENTION ALL JUNIOR FOOTBALLERS

All juniors are invited to march out with the GWS Giants at their Home Game on Sunday 23rd July.

Where: Manuka Oval

When: 23 July 2023 1:10pm Bounce

Purchase your tickets by clicking on the photo above.

Announcements will be made at the game on when and where to meet.

Our amazing Junior Football Director, Amanda, will be there to lead the group out.

Any questions, please reach out to Amanda at juniordirector@tuggeranongfc.com.au

CODE OF CONDUCT

A gentle reminder to all of AFL Canberra's Code of Conduct requirements.

Please continue to be respectful and comply with the Code.

Please also be advised that dogs are not permitted at ovals when in use for training or games.



AFL NSW/ACT Rules - Appendix 1

AFL NSW / ACT Code of Conduct

This Code of Conduct is established under Rule 6.3 of the AFL NSW/ACT Rules and is intended to ensure Australian Rules football is a positive and enjoyable experience for everyone. All players, officials, parents and supporters are expected to abide by the Code of Conduct. Any person who fails to comply with the Code of Conduct will be subject of disciplinary proceedings for a breach of policy under Rule 26 of the AFL NSW/ACT Rules.

PART A General Code of Conduct Requirements

Comply	1.	Comply with: <ul style="list-style-type: none"> (i) this Code of Conduct; (ii) the AFL NSW/ACT Rules ("the Rules"); (iii) the AFL Community Football Policy Handbook ("the Policy Handbook"); (iv) the Laws of Australian Football; and (v) any other rules or policy formally approved and/or adopted by the AFL from time to time. 	
	2.	Comply with: <ul style="list-style-type: none"> (i) any direction given or procedure imposed by the Controlling Body in accordance with the Rules or the Policy Handbook; and (ii) any sanction imposed by the Controlling Body or Tribunal under the Rules or Policy Handbook. 	
	3.	Comply with all relevant laws including anti-discrimination and child protection laws.	
	Protect	4.	Prioritise the safety and welfare of children.
		5.	Respect the spirit of fair play and behave accordingly, and participate in Competition Matches in accordance with the Laws of Australian Football and the Rules
	Respect	6.	Be ethical, fair, honest and respectful in all dealings with other people.
		7.	Contribute to a safe sporting environment and respectful culture which is accepting of individual differences.
		8.	Recognise that AFL is an inclusive environment and respect the rights, dignity and worth of all participants regardless of gender, ability, sexual orientation, cultural background or religion, and never engage in any act of vilification or discrimination toward anyone.
		9.	Recognise and respect the significant contribution of volunteers in our game.
		10.	Respect and use appropriately the facilities and equipment made available for administration, coaching, training, Competition Matches and events, including facilities and equipment provided by the opposing teams.
Never		11.	Never ridicule any mistake or loss and understand that everyone makes mistakes.
		12.	Never engage in physical and/or verbal intimidation or verbal abuse, including sledging and abusive language, toward another person.
		13.	Never engage in any type of violence either on or off the field and condemn the use of violence in any form by another person.
	14.	Never make a threat of violence toward another person or undertake actions that may incite violence toward another person.	
	15.	Never publicly criticise a participant – raise any concerns you have with your Club's officials.	
	16.	Never engage in conduct that is unethical, unbecoming or likely to cause harm to the reputation of the game of Australian Football, the AFL, the League or the Club into disrepute.	
	17.	Never take part in any form of harassment or bullying including via the use of social media.	
	18.	Never make or post inappropriate, offensive or discriminatory comments in public, including via social media, about Players, Clubs, Umpires, Officials, the League or the AFL. Social media includes, but is not limited to, email, instant messaging, text messages, phone messages, digital images, online postings (including social media such as, but not limited to Facebook, Twitter, LinkedIn, Instagram, websites and blogs).	

AFL NSW/ACT Rules - Appendix 1

AFL NSW / ACT Code of Conduct

PART B Code of Conduct Toward Community Football Umpires

LIKE players and coaches:	<ul style="list-style-type: none"> ✓ Umpires are people and are critical participants in our game. ✓ Umpires have different levels of skill and experience and do the best they can. ✓ Umpires will make many good decisions during a Match and they may also make mistakes or decisions that others don't agree with.
UNLIKE players and coaches:	<ul style="list-style-type: none"> ✗ Umpires, including those under the age of 18, have frequently been subject of unacceptable abuse from people, often adults.
Any person involved in Australian Rules community football must:	
Never	1. Never abuse an Umpire [NOTE: Abuse is defined in the Rule 10.14 as including any language, terminology or behaviour intended to insult, offend, intimidate, threaten or harm an Umpire.]
	2. Never argue with, ridicule or dispute a decision of an Umpire.
	3. Never approach an Umpire unless you are a person authorised to do so under the Rules.
	4. Never make intentional contact with an Umpire on or off the field.
	5. Never publicly criticize an Umpire - raise any concerns you have with your Club's officials.
Do	6. Respect the critical and very difficult role that Umpires have in our game.
	7. Support and encourage all Umpires.
	8. Always consider the welfare and safety of our Umpires.



2023 NETBALL TEAM SPONSORS



PROUDLY SPONSORING
YR 5 TERRORS



PROUDLY SPONSORING TITANS



PROUDLY SPONSORING
INTERS DIV 4 - TIARAS

2023 FOOTBALL TEAM SPONSORS



PROUDLY SPONSORING
UNDER 14'S BLUE



PROUDLY SPONSORING
UNDER 14'S GIRLS



PROUDLY SPONSORING
UNDER 13'S MIXED

2023 FOOTBALL TEAM SPONSORS



CROSSFIT
STRIVE FOR SUCCESS

**PROUDLY SPONSORING
UNDER 13'S MIXED**



**PROUDLY SPONSORING
UNDER 14'S RED
UNDER 14'S GIRLS**

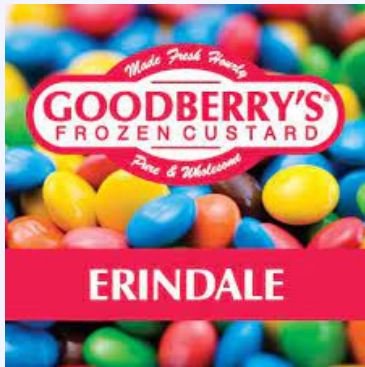


**PROUDLY SPONSORING
UNDER 10'S GIRLS**



**PROUDLY SPONSORING
UNDER 16'S GIRLS**

2023 IN KIND SPONSORS



Conder | Calwell | Weston



Brindabella Print



TROPHY | LINK
Canberra's only shop online trophy store

Supaturf
line marking systems

Ph: (+61) 02 6040 4808 www.supaturf.com.au



2023 PLAYER SPONSORS

CLICK ON THE LOGO TO CONTACT OUR SPONSORS!



PROUD SPONSOR OF:
Sally Scott



PROUD SPONSOR OF:
Ethan Bates



PROUD SPONSOR OF:
Paris Ahearn



PROUD SPONSOR OF:
Matt Channon



PROUD SPONSOR OF:
Teigan Single



PROUD SPONSOR OF:
Lucy McKelvie-Hill



PROUD SPONSOR OF:
Annie Ghirardello



PROUD SPONSOR OF:
Lachlan Kennedy



PROUD SPONSOR OF:
Nikki Harvey



PROUD SPONSOR OF:
Rhys Mooney



PROUD SPONSOR OF:
Lily Bulter-Woollard



PROUD SPONSOR OF:
Lucas O'Dea



PROUD SPONSOR OF:
Jesse McPhail



PROUD SPONSOR OF:
Ed Collins



PROUD SPONSOR OF:
Maarten de Wilt



PROUD SPONSOR OF:
Natasha Monger



PROUD SPONSOR OF:
Sam Patton



PROUD SPONSOR OF:
Polly McKelvie-Hill



PROUD SPONSOR OF:
Charlee Cremeris



PROUD SPONSOR OF:
Maddie Chynoweth



PROUD SPONSOR OF:
Mitch Ivey



PROUD SPONSOR OF:
Rhys Weller-Lewis



PROUD SPONSOR OF:
Kat Ghirardello



PROUD SPONSOR OF:
Erin Shute



PROUD SPONSOR OF:
Kat Ghirardello



PROUD SPONSOR OF:
Trunisha Patel



PROUD SPONSOR OF:
Emily Knox



PROUD SPONSOR OF:
Kyra Jackson

2023 CLUB SPONSORS

CLICK ON THE LOGO TO CONTACT OUR SPONSORS!

PLATINUM PARTNER



GOLD PARTNERS



CONTRACT
PROFESSIONALS



McIntyre
PROPERTY

PREMIUM SILVER PARTNER



2023 CLUB SPONSORS

SILVER PARTNERS



AUTHENTIC. CONTRACTING. PEOPLE. DEVELOPMENT.



PROCUREMENT
PROFESSIONALS



BALFRAN
—REMOVALS—



BREWING COMPANY



BRONZE PARTNERS



Belgravia Apparel

civium

2023 CLUB SPONSORS

GAME DAY PARTNERS



INDIGENOUS PARTNER



WILLYAMA
INDIGENOUS ICT SERVICES
The oldest culture, the latest technology

CONTACT US!



CLICK ON THE ICON TO VISIT OUR PAGES!



FACEBOOK



INSTAGRAM



TIKTOK



WEBSITE



EMAIL