

# VALLEY NEWS

TUGGERANONG VALLEY AUSTRALIAN FOOTBALL NETBALL CLUB



## Kez Hayes' 232nd Game

### IMPORTANT DATES

**Every Friday Night**

Meat Raffles

Canberra Southern Cross Club,  
Tuggeranong

**5 August 2023**

RU OK Round

**12 August 2023**

Past Players, Sponsors and  
Volunteers Day

**2nd September**

Community Grand Final Canteen

**Saturday 9 September**

Senior/Volunteer Presentation

**Friday 15 September**

Emerging Leaders (16s/RSW)

**16th & 17th September**

GWS Junior carnival Canteen

**Saturday 14 October**

Netball Presentation

**Sunday 15 October**

Junior Presentation  
(Auskick Pro to 15 Boys)

### A WORD FROM THE COMMUNITY DIRECTOR

Firstly, I want to thank all the volunteers, parents and players who have supported the club's events so far this season.

We have been able to run a lot of events that have seen all our TVAFNC community come together. Senior, junior and netball season launch which were all well attended and a great start to season 2023. Then we were lucky enough to be able to send some of our junior AFL girls to the police women's AFL open day at Queanbeyan police station. This was a great opportunity and a lot fun for the girls who represented our club.

We have held movie night, netball community night, ladies day and photo night which were all a great success.

Recently the club held our very first Cocktail Party. The night was full of fun, dancing, raffles, auctions and most importantly a great way to mingle with Senior, Junior and Netball families coming together.

There's not long left now till the end of the season but looking forward to a few events still to come. RU OK round, Sponsors night, past players & life members round and end of season presentations.

It's been great to meet so many of you this year through varied events. This being my first season on the board and in this role I would like to thank everyone for their help and support. Many hands make light work and there are a lot of volunteers who make this club run and your hard work doesn't go unnoticed and is greatly appreciated.

GO TVAFNC !!!

Katie Kearney - Community Director

# CONGRATULATIONS!



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## KEZ HAYES MOST SENIOR WOMENS CLUB GAMES!



# CONGRATULATIONS!

A huge congratulations to Sophie Cooper, Charliese Virtue, Isla Pfeiffer and Willow Kildey (Isla & Willow both play football for TVAFNC) who were selected in the 2023 Netball ACT Academy following ACT Junior Championships!

Super proud of you all ❤️



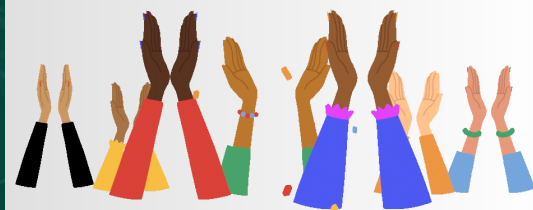
Victoria Piefke	South Canberra Netball Association
Veinanama Kali	South Canberra Netball Association
Amelia Richardson	South Canberra Netball Association
Cleo Hilton-Bell	South Canberra Netball Association
Jariah Kivalu	South Canberra Netball Association
Mia Noonan	South Canberra Netball Association
Kiarma Ramalli	Tuggeranong Netball Association
Charliese Virtue	Tuggeranong Netball Association
Lizzie Nketia	Tuggeranong Netball Association
Tahlia Nicholls	Tuggeranong Netball Association
Isla Pfeiffer	Tuggeranong Netball Association
Mia Keen	Tuggeranong Netball Association
Lariena Pupi Pevefea	Tuggeranong Netball Association
Lucille Gregory	Tuggeranong Netball Association
Willow Kildey	Tuggeranong Netball Association
Sophie Cooper	Tuggeranong Netball Association



## ASH PATTON UPDATE

Our RSW and 1st Grade Womens star, has made the Australian Emeralds team to compete in the WBSC World Cup in Canada this month!!

Congratulations Ash!



**2023 IX WOMEN'S BASEBALL WORLD CUP**

**TEAM SELECTION**

GENEVIEVE BEACOM (VIC)	MADDISON HEATH (NSW)
ALLIE BEBBERE (VIC)	ABBEY KELLY (VIC)
KELSEY BRENNAN (WA)	SHAE LILLYWHITE (VIC)
LILI CAVANAGH (VIC)	ABBEY MCLELLAN (VIC)
LEAH CORNISH (WA)	CARLY MOORE (SA)
MORGAN DOTY (VIC)	CLAIRE O'SULLIVAN (NSW)
MADDISON ERWIN (ACT)	MADDY PATRICK (VIC)
CAITLIN EYNON (WA)	ASHLEY PATTON (ACT)
TICARA GELDENHUIS (NSW)	JORDAN RICHARDSON (NSW)
MEAGHAN HAGGART (WA)	MADDISON TABRETT (NSW)

**COACHING STAFF:**  
 JASON POPSISHIL (MANAGER - NSW)  
 CHRIS OXPRING (PITCHING COACH - NSW)  
 SAMANTHA-JANE HAMILTON (ASSISTANT COACH - VIC)  
 LISA-ANNE NORRIE (ASSISTANT COACH - QLD)  
 URSULA HOWARD (EO - VIC)  
 TAMMY ONG (PHYSIOTHERAPIST - NSW)

# ACT SCHOOL SPORT

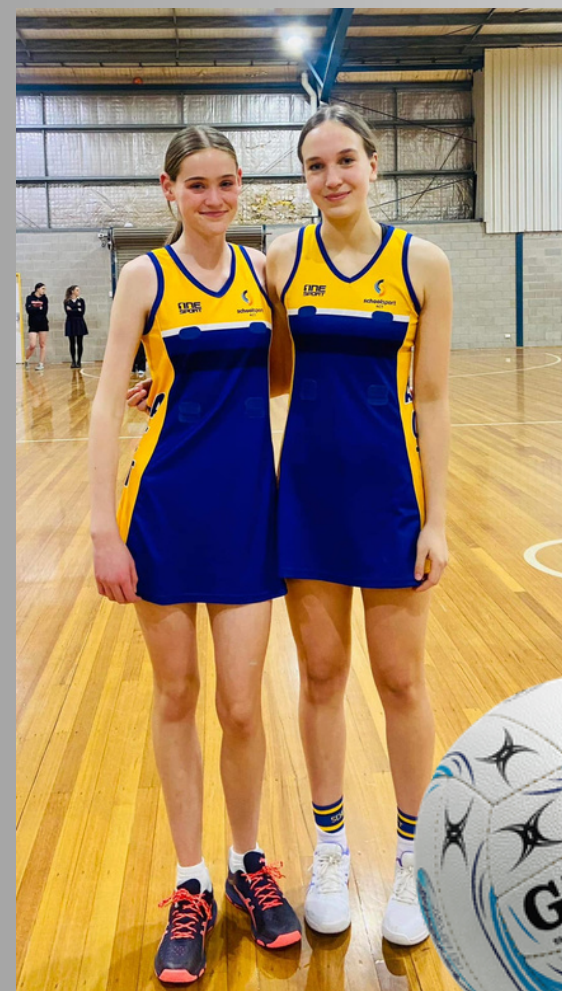
Congratulations to the following TVAFNC players who competed at Ballarat to represent the ACT at the School Sport Australia U15, Australian Football Championships this week!



Under 15's girls: Katrina Brine, Alana Fraser, Tayla Jess, Indiana Kildey, Willow Kildey (shadow), Kate Patton, Morgan Stevens (Captain), Maddi Mayer (shadow- absent)



Under 15's Boys: Aiden Henderson, Jack Reilly, Jesse Borghouts (Vice Captain), Riley Masters



Our Under 15 Netball superstars Char and Meg are preparing to head to Perth to battle it out with the up and coming superstars of the future.

We wish you both the best of luck- play hard!

We will be watching in when we can!



Congratulations to Morgan Stevens on her selection in the All Australian Team! (pictured with Coaches Taylah Bacon and Leo Lahey)

# VOLUNTEERS OF THE MONTH



**Netball Volunteer  
of the Month**

## Tracy Heathcote

Our netball volunteer for the month of July is Tracy Heathcote.

Tracy has taken on the role of managing our games stats and making sure that the process runs smoothly.

Tracy has been instrumental in reviewing the process and making sure that we are keeping on top of it. She is also among the first to put her hand up whenever the call goes out for support.

Thanks for everything you do Tracy!

## Stephanie Crosby

Steph has taken on the complex task of auditing and updating our junior player game stat's.

Our records since amalgamating have not been accurate, Steph has worked with the team managers, collating any changes, and reviewing past files to determine accurate statistics.

Thank you Steph, for all your hard work.



**Junior Volunteer  
of the Month**

## Josh Hogan

Josh is definitely our quiet achiever.

Every home game Josh takes on the daunting task of time keeping for the Men's first grade game, the added pressure of the time on/off rule makes most of us run from this task but Josh is always there ready to take on the clock.

Josh also makes sure the score board is in top working order, this year Josh arranged the licensing and secured a new laptop for the Club.

Thanks Josh



**Senior Volunteer  
of the Month**

## Social Committee

**Katie Kearney, Kim Rice, Lisa Williams, Amy Kickett, Janine Hugo,  
Lucy Crouch, Karen Davidson, Scott Williams, Louise Henderson,  
Rochelle Masters**

EOur social calendars would be empty if it wasn't for our fantastic Social Committee.

This season we have been treated to plenty of great events catering to all Club members and creating an inclusive community culture. A huge thanks to Katie, Kim, Lisa, Amy, Janine, Lucy, Karen, Louise, Rochelle and Scott for all the planning and work that has made events such as the season openings, movie and photo nights, Ladies Day, Rookie Presentation and a wonderful Cocktail Party possible.



**Club Volunteer  
of the Month**

# VOLUNTEERS

## COMMUNITY CANTEEN HELPERS

As we approach the end of the season it is great to see our hard-working volunteers still giving 110% to the successful running of the Club.

It takes a coordinated effort to make sure that every week we have netballers taking the court and footballers running out onto the ground.

Our vision of lots of small jobs shared by many volunteers is alive and well with lots of volunteers putting up their hand every weekend.

Before we all take a well-deserved break there are still some opportunities to help the Club and importantly some fundraising activities.

TVAFNC will run the canteen for the following events, if you can provide a couple of hours please respond to the below email or see me at the Seniors games.

- 1. Community Grand Final Canteen – Saturday 2nd September**
- 2. GWS Junior carnival – Saturday 16th and Sunday 17th September**

Contact Rachael at: [Volunteers@tuggeranongfc.com.au](mailto:Volunteers@tuggeranongfc.com.au)



# AWARD NOMINATIONS

With the season nearing competition we have commenced preparing for our upcoming presentations:

**Senior/Volunteer Presentation - Saturday 9 September**  
**Emerging Leaders (16s/RSW) - Friday 15 September**  
**Netball Presentation - Saturday 14 October**  
**Junior Presentation (Auskick Pro to 15 Boys) - Sunday 15 October**

This is your chance to tell us about the volunteers that stood out for you this year and who you think deserves that little extra bit of recognition for the significant time and effort they put in for Season 2023!

Volunteers are what makes a club, so we are looking for individuals that fit into one or more of the following:

A person involved in club activities that are often not high profile or that do not always get recognition.

An outstanding contributor to the running of the club

Someone who goes above and beyond what is expected.

A small thing that may have seemed insignificant but just made that huge difference to you, the team or the Club, OR

A volunteer that exemplifies leadership, commitment and upholds the core values of the Club.

Please send through the name/s of the people that jump into your mind and just a couple of sentences on what makes them great. They could be involved in juniors, seniors, netball or across multiple areas of the Club.

If you would like a copy of the Award's Policies for Football and Netball, please email [secretary@tuggeranongfc.com.au](mailto:secretary@tuggeranongfc.com.au).

Nominations need to be sent to [secretary@tuggeranongfc.com.au](mailto:secretary@tuggeranongfc.com.au) by **no later than midnight Sunday 6 August to be considered.**



# END OF YEAR PRESENTATIONS

## TICKETS ON SALE SOON!

SENIOR & VOLUNTEERS

*Presentation Night*

SOUTHERN  
CROSS CLUB  
WODEN

9 SEPTEMBER  
5:30PM

COCKTAIL  
ATTIRE

EMERGING LEADERS

*Presentation Night*

SOUTHERN  
CROSS CLUB  
TUGGERANONG

15 SEPTEMBER  
6:30PM

SMART CASUAL  
ATTIRE

NETBALL

*Presentation Night*

SOUTHERN  
CROSS CLUB  
WODEN

14 OCTOBER  
TBA

SMART  
CASUAL

JUNIOR

**PRESENTATION DAY**

CALWELL  
HIGH  
SCHOOL

15 OCTOBER  
TBA

CALWELL  
HIGH  
SCHOOL



# MEDIA CALL OUT

## FATHERS DAY



TVAFNC 2023 Fathers Day

WhatsApp group



Fathers day is only 4 weeks away on the 3rd of September.

We will be acknowledging our TVAFNC Dad's on our socials.

If you would like your dad or father figure to be featured, please send a photo of yourself & your dad or father figure in to us, via the WhatsApp Group or email Kim at [Communications@tuggeranongfc.com.au](mailto:Communications@tuggeranongfc.com.au)

## SOCIAL MEDIA

Have any good news to share?

We want to make sure we share everyone's good news equally.

So make sure you drop a line to Kim at [Communications@tuggeranongfc.com.au](mailto:Communications@tuggeranongfc.com.au) to check if we have something lined up for you already or to arrange for a post to occur.



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# 2023 FOOTBALL TEAM SPONSORS



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**PROUDLY SPONSORING  
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UNDER 14'S GIRLS**

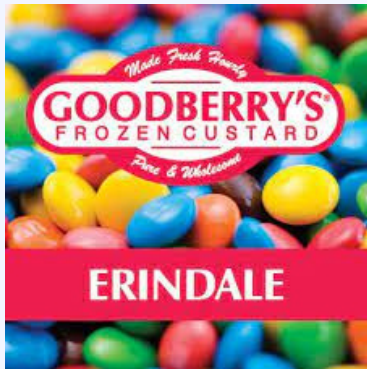


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**PROUDLY SPONSORING  
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