TUGGERANONG 2023 VALLEY FOOTBALL & NETBALL CLUB



TABLE OF CONTENTS

CLUB PARTNERS	2
PATRON'S MESSAGE	6
PRESIDENT'S MESSAGE	6
OFFICIALS AND VOLUNTEERS	7
DIRECTOR'S MESSAGE	9
NETBALL CLUB AWARDS	10 0
NETBALL TEAM AWARDS	11
ACT REPRESENTATIVE PLAYERS	11 2
TUGGERANONG NETBALL ASSOCIATION REPRESENTATIVE PLAYERS	13
TRAILBLAZERS – COACH'S REPORT	14 4
TRAILBLAZERS – PLAYER PROFILES	15
TITANS - COACH'S REPORT	17
TITANS – PLAYER PROFILES	18
TRADIES – COACH'S REPORT	21 0
TRADIES – PLAYER PROFILES	21
TIARAS – COACH'S REPORT	23
TIARAS – PLAYER PROFILES	24
TROUBLEMAKERS- COACH'S REPORT	27 6
TROUBLEMAKERS – PLAYER PROFILES	28
THRILLERS- COACH'S REPORT	29
THRILLERS- PLAYER PROFILES	30
THUNDER- COACH'S REPORT	32
THUNDER – PLAYER PROFILES	33
TOXIC SPILLS - COACH'S REPORT	35
TOXIC SPILLS - PLAYER PROFILES	36
TERRORS – COACH'S REPORT	38
TERRORS – PLAYER PROFILES	39
TORNADOS – COACH'S REPORT	41
TORNADOS – PLAYER PROFILES	42
TEAM PHOTOS	44

PLATINUM PARTNER COLD PARTNERS CONTRACT PROFESSIONALS COLUB SPONSORS Canberra Southern Cross Club McIntyre PROPERTY

PREMIUM SILVER PARTNER



2023 CLUB SPONSORS

SILVER PARTNERS













CLUB PARTNERS





2023 FOOTBALL TEAM SPONSORS



UNDER 13'S MIXED



PROUDLY SPONSORING UNDER 14'S RED AND UNDER 14'S GIRLS



PROUDLY SPONSORING **UNDER 10'S GIRLS**



PROUDLY SPONSORING UNDER 16'S GIRLS

2023 NETBALL TEAM SPONSORS





PROUDLY SPONSORING TITANS

PROUDLY SPONSORING YR 5 TERRORS



2023 FOOTBALL TEAM SPONSORS



PROUDLY SPONSORING **UNDER 14'S BLUE**



PROUDLY SPONSORING **UNDER 14'S GIRLS**



PROUDLY SPONSORING **UNDER 13'S MIXED**

2023 IN KIND SPONSORS















Canberra's only shop online trophy store



PATRON'S MESSAGE

Season 2023 seems to have gone by in a flash but there were many highlights for the Club both on and off the field that were underpinned by the efforts of players, coaches, managers, board members and volunteers that have again done so much for the Tuggeranong Valley Australian Football Netball Club across the senior men's and women's programs to our Rising Stars and Junior teams. The hundreds of hours that you put into pre-season, the season itself and post-season is critical to making the Club and competition tick and to the health of our great game across the territory.

No one epitomises this selfless service more than Ray Ghirardello and it was appropriate that Ray was recognised with the highest honour with his induction into the AFL Canberra Hall of Fame. Ray has put thousands of hours into volunteering for Australian Rules Football over 30 years, serving with distinction in almost every position imaginable from the playing ranks to junior and senior coaching roles, to critical board roles and a key role in bringing the Valley football clubs together as well as all the game day duties of line marking and canteen duty. There can be no better example of service to community than the extraordinary contribution that Ray has made to football in the Territory and in the Tuggeranong Valley.

And in this vein too it was great to see the Tuggeranong Valley Australian Football Netball Club receive the Prime Minister's Award as the best junior club in the ACT for 2023. Awards like this are no accident and it is testament to the hard work, enthusiasm and inclusivity of all involved in the organisation and running of the junior program. On the field there were some great results with the Rising Stars Women's team making the finals for the first time in a decade, six out of ten junior teams made the finals with the Under 16 girls winning the premiership, and the Under 11 Red Mixed and Under 14 Red Mixed teams both runner ups. There were plenty of individual achievements with representatives at national championships and several representatives in the GWS academy teams in all age groups. Of particular note were the achievements of Jesse Borghouts, League Best and Fairest Under 15 Boys, and Aiden Henderson and Isaac Owusu, equal Best and Fairest Under 14s Mixed Boys. And there were several top 10 finishes across the various age groups.

It is great to see netball going from strength to strength in the Club with significant growth, moving from six teams in the inaugural season last year to 11 teams in 2023. It was also a strong performance on the court with six teams making preliminary finals, four making grand finals and three going on to be 2023 premiers.

It has been great to have a full football season as well as continued growth in the netball program and with the strengthening of links between the Club and St Mary MacKillop College. This year it has again been great to see the recognition of game milestones for senior and junior footballers, the selection of players in GWS academy and other representative teams as well as the spotlight on the many volunteers that make this Club great. It emphasises the strength that the Club has as a community that values the efforts and input of all its members.

After a couple of years of consultation, it is timely to consider what are the next steps to take in ensuring that Australian Football in the Valley has the right investment in infrastructure to support not just the existing playing community but to support growth in football over the next decade. This is critical for the wellbeing of the code in the Territory, and I am keen to work with the Board and Club, AFL Canberra and our local and federal Governments to this end.

Thank you to everyone at the Tuggeranong Valley Australian Football Netball Club for your generosity and warm hospitality throughout 2023, where there continued to be an investment in youth in the senior programs and a recognition of the contribution made by all to the Club. It's a privilege to be involved with a Club built on character, with a respectful and inclusive culture, which makes such an incredible contribution to the community down south.

David Smith MP

PRESIDENT'S MESSAGE

When thinking about how our 2023 season started, with the loss of all our junior gear in the fire at Gordon, to where we are now, you should be incredibly proud of being part of such a fantastic organisation that is now the third largest AFL club in Canberra.

This year we have a lot to celebrate, including but not limited to:

- Three Junior league B&F winners Jesse Borghouts, Isaac Owusu and Aiden Henderson
- Three junior teams making it to Grand Finals
- The Under 16 Girls premiership
- Six of our senior players named in Teams of the Year
- Nick Forester polling in the top 5 Community Men's League B&F
- Joe Dunn's 2023 Goal of the Year
- Continued reduction in margins in our seniors, with further improvements to our off-field culture
- New experiences in our senior/junior engagement, with award night dinners, family BBQ's, more senior attendance at junior events, autograph sessions and even more planned for 2024 already
- Four Netball Grand Finalists with three Netball Premierships
- Kerry Hayes broke the Club record for most senior womens games played which now sits at 232.
- Ray Ghirardello, inducted into the AFL Canberra Hall of Fame
- Beth Matters named AFL Canberra 2nd Grade Women's Coach of the Year, and
- Named 2023 Junior Club of the Year and AFL Canberra Social Media Winners.

To the Board, "Outstanding!" - Luke, Kristie, Matt, Paul, Amanda, Rachael, Leo, Karen, Yoey, Kim and Katie, we've faced fires (twice), break-ins, pathway projects, social calendars most would envy, painstaking merch orders, arguing with banks, securing of grants, coordinating volunteers and the list goes on. I am personally grateful for the support and commitment you have shown me as well. We make a great team!

To our Sponsors — Without your support we simply would not be able to provide the environment that we do. I would especially like to thank our Major Partners, Ian Mackay and the team at Canberra Southern Cross Club; Col McIntyre, McIntyre Property Group; Luke Jess, Contract Professionals; and Mark Woodward, MW Plumbing. Our relationship with each of you now extends well beyond 10 years and we are truly grateful for your ongoing trust and support in investing in our players and our community.

Congratulations again to our Major Club Award Winners and Life Members - We are very fortunate to have such incredible people that give their time and effort so freely and selflessly to make our club what it is.

Thank you volunteers - This year has without a doubt seen more and more people getting involved and invested in what we are doing. Which enables the Board to make inroads on where the club is trying to get to. To everyone that either joined a sub-committee or put your hand up even to do the smallest of tasks, thank you for recognising that it takes a village to raise a child.

So many reasons this year to celebrate our fantastic club. Congratulations again to all our award recipients, our players, families, and broader community. I can't wait to see what season 2024 brings.

Kellie Hogan
TVAFNC President

OFFICIALS & VOLUNTEERS

TVAFNC BOARD

Patron

David Smith MP

President	Kellie Hogan
Vice President/Corporate and Strategy	Luke Jess
Secretary	Kristie Chynoweth
Treasurer	Matthew Brine
Senior Football	Paul Highmore
Junior Football	Amanda Lowes
Netball	Karen Cooper
Sponsorship	Leo Lahey/Laura Scheele
Communications	Kim O'Dea
Property, Facilities & Merchandise	Peter Ashcroft
Community	Katie Kearney
Volunteers	Rachael Kennedy

NETBALL COMMITTEE VOLUNTEERS

Registrar	Kristie Chynoweth
Manager's Coordinator	Taryn Virtue
Events Coordinator	Charity Burnett
Milestones and Statistics Coordinator	Tracy Heathcote
Uniform Coordinator	Kerry Bibb
Photographer	Taryn Virtue

COACHES AND MANAGERS

Year 4 Green (Tornados)

Year 5 Green (Terrors)

Coach Sophie Cooper

e Cooper Coaches

Maddi Shiels Elaina May

Patrice Welfare

Manager Karen Cooper N

Stephanie Nguyen

Manager Katie Kearney

Intermediate Division 1

Intermediate Division 1 (Toxic Spills)

Coach Louise Patton

Coach

Bianca Sands

Bella Sands

Manager Charity Burnett

Manager

(Thunder)

Jo Banchit

Intermediate Division 2 (Thrillers)

Coach Shelley Fisher

Manager Christina Knobel

Intermediate Division 3 (Troublemakers)

Coach Natalie Rawsthorne
Manager Kerryn O'Connor

Intermediate Division 4 (Tiaras)

Coach Karen Cooper Manager Huyen Tran

Seniors Division 2

(Titans)

Coach & Natasha Monger

Manager

Seniors Division 2 (Trailblazers)

Coach Natalie Rawsthorne

Manager Kristie Chynoweth

Seniors Division 3 (Tradies)

Coach & Karen Cooper

Manager

Seniors Division 3 (Tryhards)

Coach Patrice Welfare
Manager Sarah Felstead

DIRECTOR'S MESSAGE

It was always going to be hard to top our inaugural season, but Season 2023 was a year of growth for TVAFNC. It started by being officially recognised into the Club Constitution, allowing netball players and families to have a say in the direction of the Club moving forward- a great start to our year!

For a Club to grow into the future, development of junior players and coaches is essential. This year saw our first junior teams take to the courts, as well as the introduction of our first junior coaching teams. It was exciting to watch both players and coaches develop their skills across the season.

Our Intermediate teams once again faced different challenges throughout the year. As team line-ups changed, new players were welcomed into the TVAFNC family and teams moved up to higher divisions, the season was marked with highs and lows throughout. Changes at an Association level made navigating the season more challenging than last year, but we managed to field successful teams across the board.

The Senior space was another growth area for our Club, with an additional two teams participating in this space. Once grading was finally settled, we were competitive across the divisions and featured heavily in the Finals series.

Congratulations must go to our fantastic coaching team- Sophie Cooper, Stephanie Nguyen, Maddi Shiels, Elaina May, Patrice Welfare, Karen Cooper, Natalie Rawsthorne, Shelley Fisher, Bianca Sands, Bella Sands, Louise Patton and Tash Monger. A Club needs great coaches who pour so much of themselves into developing players and fostering a love of the game. Thank you for all the dedication that you showed throughout a difficult season. It is truly appreciated.

To the team of managers who back up our coaches every week- Karen Cooper, Katie Kearney, Huyen Tran, Kerryn O'Connor, Chrsitina Knobel, Jo Banchit, Charity Burnett, Kristy Chynoweth- doing a million little things to make sure that game days run smoothly, to coordinating rosters and participation in Club events, keeping game day stats and everything in between, thank you for everything that you do to ensure our coaches and players can play the game.

A huge thank you to the amazing volunteers who formed the netball committee this year. Taryn Virtue (Manager's Coordinator/ Photographer), Kerry Bibb (Uniforms), Charity Burnett (Events), Tracy Heathcote (Milestones/ Game Stats), Kristy Chynoweth (Registrar)- your support has been invaluable across the season. A big shout out to Katie Kearney who supported our involvement in Club based activities and Kim O'Dea and Tash Monger who lifted our social media presence through the roof. A Club runs on volunteers, and I am eternally grateful for everyone that helped out across the year.

The ongoing support and commitment to developing the netball side of the Club by the TVAFNC Board Members makes all this possible. Kellie Hogan (President), Matt Brine (Treasurer), Luke Jess (Vice President) and Kristy Chynoweth (Secretary) work tirelessly behind the scenes to ensure that we get to play the game we love throughout the year.

To all of the players and families who chose to make TVAFNC their home - you guys are what makes our Club what it is. It is impressive to see the courts awash with the red, blue, yellow and white each Saturday, from the very first game of the day right through to the very last. It has been another amazing season- I look forward to seeing you all again courtside in 2024!

Karen Cooper

NETBALL AWARDS

TVAFNC NETBALL CLUB AWARDS

Coach of the Year Michelle Fisher

Club Person of the Year – Player Emily Hart

Club Person of the Year – Volunteer Katie Kearney

Umpire of the Year Tylah Baker

Dual Sports Player of the Year Indiana Kildey

Senior Player of the Year Isabella Sands

Intermediate Player of the Year Meagan Briedis

Encouragement Award Chelsea Hogan

Emerging Coach of the Year Sophie Cooper

Stephanie Nguyen

Milestone Games (50)

Isabel Heathcote

NETBALL TEAM AWARDS

NETNEATBAACH EXAEMENTS

Seniors Division 1 (Titans)

Coach's Award Bianca Sands Player's Player Indiana Kildey Best in Grand Final

Seniors Division 2 (Trailblazers)

Coach's Award Renelle Pearce Player's Player Indiana Kildey

Seniors Division 2 (Tradies)

Coach's Award Macey Hazell Player's Player Gabby Scott-Cameron

Tahlia Banchit

Charlie McDermott

Best in Grand Final Best in Grand Final Mya Traise

Intermediate Division 1 (Toxic Spills)

Coach's Award Charlie Chase Player's Player Chantel Burnett

Maegan Briedis

Intermediate Division 1 (Thunder)

Coach's Award Kyla Pearce Player's Player Ella Berry

Intermediate Division 2 (Thrillers)

Coach's Award Maddi Shiels Player's Player Imogen Bond Best in Grand Final Sinead Briedis

Intermediate Division 3 (Troublemakers)

Coach's Award Caitlin Murray Player's Player Willow Boswell **Intermediate Division 4** (Tiaras)

Coach's Award Maggie Kane Player's Player Zoe Harman

Year 5 Green (Terrors)

Coach's Award Amelie Davies **MVP**

Montana Villatobas **Improvement** Zoe Annan

Year 4 Green (Tornados)

Coach's Award Taeyah Whiting **MVP** Georgia Ball

Improvement Ella Poulter

ACT REPRESENTATIVE PLAYERS

ACT School Sports U17s

Maegan Briedis

ACT School Sports U15s

Maegan Briedis Charliese Virtue

Netball ACT Academy

Sophie Cooper Charliese Virtue

ACT School Sports U12s

Keira Kirk (Shadow Player)

Netball ACT Developing and Academy Umpires Program

Kelli Hart Indiana Kildey

HCF State League

Maegan Briedis TNA Under 19s Isabella Sands ANA Under 19s

NETBALL ACHIEVEMENTS

TUGGERANONG NETBALL ASSOCIATION REPRESENTATIVE PLAYERS

U15s Division 1	Ella Berry	Sophie Cooper
	Indiana Kildey	Stephanie Nguyen
	Charliese Virtue	
U15s Division 2	Tayla Bibb	Chantell Burnett
	Sam Gibbs	Martina Luciano
	Zara Pearce	Gabby Scott-Cameron
U14s Division 1	Kate Patton	Maddi Shiels
U14s Division 2	Tahlia Banchit	Sinead Briedis
	Ella Knobel	Mya Traise
U13s Division 1	Imogen Bond	Elaina May
	Olivia Whitby	
U13s Division 2	Willow Boswell	Ayla Hogan
U13s Division 3	Elissa Gregory	Keira Kirk
	Gracie Jones	Chloe O'Connor
U12s Division 2	Jasmine Nguyen	Linley Stevens
TNA Level Up Program U11s	Ruby Welfare	

SENIOR WOMEN DIVISION 2

TRAILBLAZERS - COACH'S REPORT

The pressure for the Trailblazers was on after a solid 1st place in the inaugural 2022 season. For the most part, our team remained the same, we said a hopeful 'see you soon' to two wonderful players and welcomed three new ones. Ash, Georgia, and Kyla were such incredible additions to our team. And to add to our family ties, we now had a mother/daughter duo as well as a sister/sister/cousin trio. We are definitely a close-knit team and those who were not technically "family," fit in perfectly.

Starting the year in a combined division, it took a few weeks to get the grading sorted but eventually the Trailblazers were off to a cracking start in Seniors Division 2. There were a few injuries, a couple of losses, some more wins, and a few games where we struggled to put a team on the court but overall we always enjoyed playing with each other and gave it our all. Our team may look to be an odd combination of women but somehow, we are an ideal match.

When our whole team was present we were quite attack heavy, very much relying on our two remaining defenders. A huge shout out to the few players (you know who you are) who stood up and often played out of their preferred position to assist our defensive side, we couldn't have gotten as far as we did without your sacrifice and strength on the court. I think it is fair to say, we are all very proud of each other and the team we have grown to be.

We finished the rounds 4th on the ladder with some work ahead of us. Going into the semi-finals we knew it wouldn't be easy but weren't going to go down without a fight. And what a tight game we fought, taking the win by 16 goals. This of course meant we were onto preliminary finals. Again, we knew this was going to be a hard fight, versing one of the only teams we hadn't yet defeated. It was a challenging game, a nail biter until the very end. We were goal for goal right up until the final few minutes of the last quarter, unfortunately the other team took the lead and ended the game with a 4-goal win. We may not have made grand finals, but we were incredibly proud of where we finished and the growth we achieved throughout the season. I'd also like to congratulate our sister TVAFNC team, The Titans, on making it all the way to the grand final (again) and taking out the win. We would have loved to battle it out in the grand final with you but unfortunately this year it just wasn't meant to be.

The ladies on this team are something special, and so for the second year in a row, I'd like to give a huge thank you to the 10 ladies I had the pleasure of playing with this year. I don't like to refer to myself as the 'coach', because for our team it just isn't accurate, I am simply a part of our team, a bloody amazing team at that!

To finish I'd like to thank our incredible manager, who for the second year in a row, has supported our team and always ensured we were ready to go week after week. Kristie Chynoweth (aka my Step Mum), you are the glue that holds our team together, we all appreciate you so very much and couldn't have completed the year with as much success as we did without you. Thank you to all of the TVAFNC family, we will see you all again next year! Bring it on!!!

Natalie Rawsthorne

SENIOR WOMEN DIVISION 2

TRAILBLAZERS - PLAYER PROFILES

Maegan Briedis

Total Games at end of 2023 - 40

Meg spent this season switching from shooting to defence when we needed the extra help at the defence end. Meg made some remarkable intercepts in defence and played some fantastic games even though defence isn't her preferred position. When shooting though, Meg never failed to impress, demonstrating her exceptional representative skills. Meg you've been incredible.

Ashlee Buckley

Total Games at end of 2023 - 8

Ash was new to TVAFNC's winter season this year and was an incredible asset to the team. Ash is most comfortable as a shooter and occasionally joined the midcourters. Ash had a few weeks off during the season to travel the world and was very much welcomed back on her return. Ash, we are so lucky to have you as part of the team and are excited to watch you grow.

Emma Chynoweth

Total Games at end of 2023 - 30

Em's strength is her shooting, with nailing a long shot being her specialty. When Em has her eye in, she is basically unstoppable and that ball does just what she needs it to. As a prized shooter, which sometimes are hard to find, Em didn't get much time off but that certainly didn't seem to bother her. We are very lucky to have had Em this year.

Madie Chynoweth

Total Games at end of 2023 – 17

Unfortunately Madie was only able to play a couple of games with us this season due to an injury sustained playing AFL. Those games she was able to play though, she absolutely smashed! We hope to see Madie back bigger and better than ever next season.

Emily Hart

Total Games at end of 2023 - 26

At the start of the year Emily decided to focus her abilities on one end of the court (instead of both) and as a result, became one of our incredible defenders. Em had a superb season in defence, making it very difficult for the opposition at every opportunity. Her rebounds and intercepts were fantastic and often a game winner. Congratulations on a fabulous season Em.

Isabel Heathcote

Total Games at end of 2023 - 51

Despite being one of the youngest players on the team and counting seniors as her second game of the day, Izzy gave it her absolute all in mid court week after week. Towards the end of the year we had the absolute honour of celebrating Izzy's 50th game, a first for our Netball community, such an incredible achievement Izzy! We hope to see you again next year!

Georgia Knight

Total Games at end of 2023 – 7

Georgia was another newcomer to the team this year and had an immediate impact with her attack to the ball. Coming from a basketball background, Georgia was simply great with intercepts and strong passing to her teammates. Unfortunately, we lost Georgia for the last few games of the season as she was lucky enough to score a college basketball scholarship in the US. We are so proud of you Georgia and hope to see you back during the school year break next year.

Kyla Pearce

Total Games at end of 2023 – 35

Kyla joined the team this year for her first season of senior netball joining to play as a mother daughter duo with her mum Renelle. Kyla mainly played WD and was always able to find herself in a good position to get the ball down court, Kyla's our quiet achiever but had a great season stepping up into senior's. Well done Kyla!

Renelle Pearce

Total Games at end of 2023 - 21

Renelle was another of our most consistent players, Renelle always fought hard to the ball and never gave the opposition an inch, often flying through the air to make sure she got the ball. We have photo evidence to prove it! Renelle played multiple mid court/attacking positions and excelled every week wherever she played, great season Renelle.

Natalie Rawsthorne

Total Games at end of 2023 - 27

Captain/Coach of the team Nat coordinated the team's position changes during the year, often making a change or two on the fly to ensure that we had the best team on the court. Nat played across the mid court and was another one of the most consistent players all season. Nat also coaches a TVAFNC Inters Div 3 team and coordinates/coaches the Net Set Go program for TNA. Safe to say Nat loves netball and most of her Saturdays in Winter are spent at the TNA courts.

Sophie Wilson

Total Games at end of 2023 - 25

We were so pleased to have Sophie back this season. Sophie is an absolute powerhouse in defence and never gives up. Sophie is a defender you can always count on to give her best and never go easy. Due to injury Sophie couldn't finish the season with us but came and supported us from the sideline. Thanks for everything Soph, we hope to have you back next year!

SENIOR WOMEN DIVISION 2

TITANS - COACH'S REPORT

WOW - what a season!! 2023 was the season that had everything! It was an absolute roller coaster from day 1, but the Titan's spirit shone through and won lots of hearts along the way! To finish off the season as PREMIERS is incredible.

A massive thank you to our team sponsor Irwin Hartshorn Group! Your support was greatly appreciated and contributed to our success.

I am so proud of the way that every player in the team handled themselves over the course of the season and everyone took on the challenges that were handed our way. Our new players this year fit in seamlessly! This team does everything with smiles and laughter and makes it such a wonderful group to be around.

Coming up with words to describe this team and ensuring that I do them justice was difficult, so I enlisted the help of our number 1 supporter - Nan. Her highlights of the season included all members of the team always clapping when the other team scores, being so encouraging of each other during the games and in between, and the great communication. She also shares "it is clear why you all play, the fun everyone is having is so obvious."

Congratulations to all the other TVAFNC teams on your seasons, you are all such amazing representatives of our club! It was always so lovely walking around the courts and seeing players wearing red, yellow and blue with big smiles on their faces and supporting the other teams!

An enormous thank you to Karen for everything she has done for our team and our club this season! We absolutely would not be where we are without you! You are amazing!!

Another big thank you to Kellie and the TVAFNC board for their continued support! We are so blessed to have such committed club management!

Finally, a heartfelt thank you to all the families, partners and friends who supported our team this season! The scoring, time keeping, umpiring, fruit and supporting did not go unnoticed!

See you all again soon for '24!

Natasha Monger

SENIOR WOMEN DIVISION 2

TITANS - PLAYER PROFILES

Ella Baker

Total Games at end of 2023 - 10

Ella was new to our club and our team this year and she fit right in! She is a tough player, who runs all around the court and has so much in the tank. Ella did not look out of place in the senior competition and thrived each week as she gained more and more confidence. She was up for any challenge and was a pleasure to be around. Ella is as consistent as they come, and you knew what you were going to get from her each week. We absolutely loved what you brought week after week Ella!

Anny Dailey

Total Games at end of 2023 - 10

Anny is another player who joined us this year and it has been seamless. You wouldn't know that she has had years off netball and had kids! Anny brought a cool and calm feeling to our shooting circle, and was so encouraging of the rest of the team. She was able to take rebounds when required and convert to keep the scores ticking over. When moving the ball forward, it was always a settling feeling seeing Anny in the circle. Awesome work Anny, great first season at TVAFNC!

Maddie Ferguson

Total Games at end of 2023 – 11

Maddie also joined our team this year after having filled in for a game last season. She worked effectively with all other defenders and was equally strong in both circle defence positions as well as out at WD when required. Maddie is strong at reading opposition feeds of any height and has very quick closing speed. While she was often up against taller opponents, she would still find ways to turn the ball over. Maddie always displays a sheer want for the ball. Loved having you as a Titan Maddie!

Kelli Hart

Total Games at end of 2023 - 11

Kelli joined us during the season and has been an awesome addition to the team. She is a role model teammate, so encouraging and supportive. Kelli is usually the first one to arrive and is always so keen to be out on the court. She was a strong target under the post and equally impressive running a long game out from GA. Kelli was solid when taking rebounds and while feeding to her fellow shooters. Great season Kel, can't wait to see what season 2024 brings!

Rachel Kennedy

Total Games at end of 2023 – 15

Rach is one of our back to back premiership players who is a joy to play with. She makes netball look so easy and could probably still dominate in her sleep. Rach is an accurate shooter and provides many great options into the circle. Often the shortest player in the shooting circle, she takes more than her fair share of rebounds. Rach is a smart netballer and can play across a wide range of positions. She is supportive and encouraging of all teammates and makes an amazing role model for others! You are the best Rach!

Indi Kildey

Total Games at end of 2023 – 46

Indi was new to our team this year but was made for seniors netball! One of a few TVAFNC dual players in the team, she brings her hardness from football over onto the netball court. Indi is a fierce competitor and rarely (if ever) loses a match up. She has an incredible ability to read the ball in the air and take intercepts every game. Indi is super consistent and worked hard to defend and attack regardless of the combinations on court around her. A stellar season capped off by winning the team's 'Player's Player' award. Love your work Indi!

Charlie McDermont

Total Games at end of 2023 – 20

There isn't much to say about Charlie that hasn't already been said. Season 2023 picked right up where it left from last year, and even a month in Europe didn't interrupt her game. Charlie has incredible communication with those around her and does not shy away from a contest. Her vision in both attack and defence is outstanding. Charlie brings a strong drive out of defence. All of these things were on display in the grand final and earned her the 'Best in Grand Final' award. Sendddd it Charlie!

Natasha Monger

Total Games at end of 2023 – 21

Another TVAFNC dual player, Saturdays often meant that Tash had to back up at netball after a morning at football. A more consistent Titan's line up this year meant less shooting and circle defence for Tash, and sent her back into her comfort zone of the midcourt. Still often against taller opponents, Tash was able to read the play to take intercepts or use her body to win the ball. She is never one to shy away from physicality. You rarely see Tash on court without a smile on her face. Bring on Season 2024!

Bella Sands

Total Games at end of 2023 – 21

Bella is another player who was new to the team and club but was an absolute star. When she was up and about, she was unstoppable. Bella worked hard this season on being able to still bring it when she wasn't and ensured that she could stay in the game. She also played state league this season as well as coaching junior teams. Bella is a fantastic role model for younger players (and older too!) and is the well deserving recipient of the 'Senior Player of the Year' award. We cannot wait to see you thrive even more in 2024 Bella!

Bianca Sands

Total Games at end of 2023 - 12

It was so exciting to welcome Bianca to the Titans this season and BOY she did not disappoint. She is another player who makes netball look simple and like she could do it with her eyes closed. She earned the TNA Division 2 MVP award which was no fluke, the other teams saw exactly what we did! The thing that sets Bianca apart from others is the energy and care that she puts into other people's netball. She wears so many netball hats but is never too busy to help out, provide feedback or just listen when you need it. For this she is the well deserving recipient of the 'Coaches Award'. You are amazing Bianca!

Teigan Single

Total Games at end of 2023 - 20

Teigan is as passionate as they come! She is intimidating for anyone to come up against. She is a strong pillar in defence and often provides a way out of defence after winning the ball back. Her form this season carried on from the 2022 premiership winning season. Teigan works well with those around her and takes on any defensive role required in a game. Her voice can be heard across the court, and it is often followed by laughter (sometimes hers and sometimes ours). Can't wait to see many more mini-tunnels Teigan!

TRADIES - COACH'S REPORT

A combination of Thunder, Toxic Spills and outside recruitment saw the birth of team Tradies in 2023- a team that was put together to allow players to recapture their love of the game outside the competitiveness and pressure of Intermediate and Representative duties.

Experiencing Senior competition for the first time, Tradies learned to adapt and change their expectations and playing styles to suit the opposition weekly. As a playing group who were still adjusting to each other's different styles, they showed resilience, composure and flexibility each week as they continued to grow and dominate the competition.

The girls quickly developed a strong bond and their enjoyment of playing together was evident to all of those watching on the sidelines. While the diverse range of skills and abilities that was within the Division 3 competition meant that some weeks were not as challenging for the Tradies, this meant that players were able to explore different positions that they hadn't played for several years and reconnect with the sport they loved from a place of less pressure and expectation.

Tradies met a determined Maddies Marauders in the Grand Final. They were able to hold their nerve, maintain their composure and trust in each other to come away with a 34-24 win in very hot conditions. Each player knew their role and carried it out on the day.

A big thanks to all the parents for their ongoing support throughout the season in a million roles that it takes to get the players on court weekly. An extra shout out to Taryn Virtue, who captured our season in photos throughout the season-looking at those smiling faces makes all the time and effort throughout the season worth it. My biggest thanks goes to the players who laced up their netburners weekly. Through a season that presented you all with a variety of challenges, highs and lows, thanks for being a great group of players to be around. You are all great netballers, but more importantly, you are awesome young ladies and role models. Thanks for allowing me to be a small part of your netball journey.

Karen Cooper

TRADIES - PLAYER PROFILES

Tahlia Banchit

Total Games at end of 2023 – 37

Tahlia continues to be one of the hardest working players around TNA. She has the ability to shut down the strongest WA/C's in the game, moving seamlessly between defence and attack. Always reliable, dependable and up for any challenge, Tahli's dedication was noted by her teammates, and she drew for the Player's Player award. Great season, Tahli!

Ella Berry

Total Games at end of 2023 – 22

Ella is one of the most versatile players in this age group and made the switch to TVAFNC in 2023. Learning to play in the mid-court and filling a defensive role when needed, Ella takes on board feedback and always gives 100%. She never backs down from a challenge- her positivity and willingness to do whatever is needed makes her the ultimate team player. Thanks for an amazing season, Ella!

Tayla Bibb

Total Games at end of 2023 - 39

Tayla is one of the most dependable defenders in the game. Her ability to read the play and pick off intercepts is amazing to watch. She is a safe pair of hands pulling in rebounds and is a reset option as she transitions the ball into attack. Tayla was also able to spend more time out in GD throughout the season, showcasing her skills and movement down court. Well done, Tay!

Chantel Burnett

Total Games at end of 2023 - 36

Chantel was a player who I turned to when I needed to shut the opposition down with pure speed. Her ability to burn players off the line, both in attack and defence often opened up scoring opportunities for the team. A player who is relentless when given a task, Chantel played a key role in the Grand Final by shutting down the opposition's attack end. Great season, Chantel!

Sophie Cooper

Total Games at end of 2023 - 38

A different dynamic in the shooting circle for Tradies saw Soph take on the role of GA. Her defensive pressure sees her create attacking opportunities, and her work rate to move the ball into the shooting circle is impressive. Soph's accuracy on the shot and her ability to contest rebounds makes her difficult to defend. Great work, Soph!

Macey Hazell

Total Games at end of 2023 – 37

Macey is one of the most unassuming players on court. She possesses the ability to control the play in a calm, composed manner and feeds the shooting circle beautifully. Always dependable and consistent in her approach to the game, Macey was awarded the Coaches Award for her work in season 2023. Well done, Mace!

Zara Pearce

Total Games at end of 2023 – 10

Ziggy was a new addition to the TVAFNC family in 2023. Her positive attitude and willingness to take on a variety of roles made her a pleasure to work with. Ziggy's ability to pop in mid/long range shots in the circle made her a powerful weapon in the shooting circle. Her knowledge as a shooter made her a handy WA option. Great to have you onboard, Ziggy!

Gabby Scott-Cameron

Total Games at end of 2023 –26

Gabby's return to TNA saw her find a home at TVAFNC in 2023. Her willingness to attack every ball and apply pressure in defence meant that she was able to turn over a lot of ball and then work the ball down to our attacking end. Gabby's hard work, determination and positivity as a teammate saw her tie for the Player's Player award. Congratulations on a fabulous season, Gabs!

Mya Traise

Total Games at end of 2023 - 9

Mya was another player to join TVAFNC in the Senior space this season. Her shooting accuracy and ability to hold on tough defenders saw her nail down the Goal Shooter role for Tradies. Mya's sunny disposition and positive attitude as a teammate was embraced by all. Mya's sharp shooting while unwell in the Grand Final saw her take out the Best in Grand Final Award for Tradies. Well done, Mya!

Charliese Virtue

Total Games at end of 2023 – 35

Charliese's athleticism and defensive skills saw her explore the GD role more with Tradies. Deceptively quick with sharp reflexes, Char is able to cover a lot of court quickly and make teams pay for wayward passes. In the circle, Char was able to shut down attackers and get the ball down to our end. A great end to the season for a great player!

TIARAS - COACH'S REPORT

Tiaras, what a wild ride it has been! As girls move away from school-based netball, Division 4 teams usually comprise of players coming from a variety of playing experiences to mesh in a new Club, with new coaches and many experiencing Intermediate competition for the first time. This was very true of the Tiara's.

As the girls got to know each other, bonds and friendships were formed and there was an air of excitement amongst the team as we faced the unknown together. We had a lot of players who were playing in different roles as a new team- a challenge that pushed them out of their comfort zones, but as the season progressed and they found their feet, they really nailed these.

In a season that saw a lot more movement in the grading space than in previous years, the Tiara's experienced some upheaval in the first few rounds that could have completely derailed their season. They showed resilience and determination to recover from this, and quickly became a true force to be reckoned with within the competition. The end of regular rounds saw Tiara's placed third, based only on percentage.

Finals games added a new element into play- nerves. The girls overcame a determined Rebels team to progress to the Preliminary Final. Unfortunately, the Katz got off to a fast start and despite our most determined efforts, we went down narrowly. To finish third overall in a season that was anything but smooth sailing is a testament to the dedication and growth of the players across the season. I am so proud of every one of the players for what they brought to the team.

I want to give a huge thank you to the parents who not only chose TVAFNC to be their new Club but trusted me as a new coach with your daughters- it was a real privilege to be able to work with this group of players. Thanks for the scoring, the fruit, the treats, running children to and from training, being flexible with timings to accommodate me- greatly appreciated.

Huyen Tran, we have been on the sidelines of netball in many forms for 8 years now. Thank you for being the most amazing manager a coach and team could ask for. I appreciate everything that you did this year more than words can say.

To Katie and Gavin Kearney, our amazing sponsors from Woden Automotive Service, thank you for throwing your support behind the Tiara's in season 2023. We truly appreciate it and hope we did you proud throughout the season.

To the amazing coaches that make up the TVAFNC family, thank you for your support, wisdom and generosity over season 2023. You are all incredible coaches, and we are lucky to have you here at our Club.

Finally, the biggest thank you goes to the players who bought us all together this year. Tiara's - you pushed me, you challenged me, you made me laugh, you made me cry. It was an experience that I grew from, and I cannot wait to see you all again in 2024. You really are the Queens of the court.

Karen Cooper

TIARAS - PLAYER PROFILES

Nikita Crawford

Total Games at end of 2023 – 14

Keets was a player that showed her defensive skills right from game one. She often doubted her ability to shut down the taller shooters, but when she played on the body, she was able to lock shooters down and make scoring hard for the opposition. Keets was a handy WD option and brought a different dynamic to the midcourt when playing in this role. Well done on a fantastic season, Nikita!

Zoe Harman

Total Games at end of 2023 - 13

Zoe made TVAFNC her new home in 2023. From the first whistle, Zoe's natural athleticism shone through. In fact, keeping Zoe out of every contest proved to be the biggest challenge! Zoe played a utility role throughout the season, stepping up to the challenge in all positions across the court before nailing down the GA role. She was an instrumental part in the success of the team throughout the season, seeing her recognised by her teammates as the Player's Player. Great to have you onboard, Zoe!

Chelsea Hogan

Total Games at end of 2023 - 24

Chels is one of the easiest players to work with. Her enthusiasm, positivity and team-first spirit make her a natural leader. On court, she is always up for the contest and turns over an incredible amount of ball- teams often underestimated Chels' tenacity and ability to get to the high ball. As a dual sport player, Chels would often arrive straight from the footy field and then give it her all on the court. Congratulations on an awesome year, Chels!

Aimee Holmes

Total Games at end of 2023 – 14

Aimee's natural speed made her a force to be reckoned with in the midcourt. As our go to WD, she could fly from nowhere to pick off an opposition pass and transition from defence to attack effortlessly. Her athleticism made her a great C option when needed. Aimee played the game of the season in the Preliminary Final, shining on court as she shut down the oppositions attack. Thanks for joining us this year Aimee!

Maddison Jones

Total Games at end of 2023 – 14

Maddi is a natural defender, competitive with the physicality to match. When Maddi backs herself, she can be a shooter's worst nightmare- getting tips on balls, locking players down with a strong hold and pulling in rebounds. Maddi was able to move between the GK/GD roles with ease across the season. Loved watching you grow in your first year of Inters, Maddi!

Maggie Kane

Total Games at end of 2023 – 14

Maggie's natural calm and unassuming nature fooled many an opposition shooter this year. Deceptively quick, with super sharp reflexes and an ultra-competitive nature saw Maggie shine in defence for Tiaras. Her willingness to go after every ball saw her pull in multiple intercepts or get touches to allow a reset in defence. Maggie applied herself diligently at every training session and always gave it all on court. Maggie was the recipient of the Coaches Award for season 2023. Can't wait to see what next season brings you, Mags!

Jasmine Nguyen

Total Games at end of 2023 – 14

Jazzie was our only second game player for season 2023. Jazz would turn up already warm from playing a full game in the Year 6 competition, but she always gave it all for Tiaras. A naturally clever, highly accurate shooter, Jazz has worked out how to use her height and positioning to her advantage and is a great midrange shot. Jazz was often the most enthusiastic player at training, keen to push herself to develop her game. Jazzie, you are a true team player, and I can't wait to see you shine on court next year!

Lily Pendlebury

Total Games at end of 2023 - 12

Lily showed some versatility throughout the season, moving between the attacking circle and into WA. When Lily played with confidence, she was a great target in the shooting circle and used her height and long arms to her advantage. When she was on fire, she could sink goals from everywhere! As a WA, Lily's speed was a great asset. Thanks for making TVAFNC your home in 2023, Lilz!

Alexis Rourke

Total Games at end of 2023 – 12

Lexi worked hard to improve her game at WA. By the end of the season, she was implementing what we worked on in training sessions and was able to work hard to get the ball to the shooters in the best possible position. Her defensive work up court saw her force some held balls throughout the season. Her smiling face hid her truly fierce nature- watching her scrap for contested balls was delightful to watch as a coach.It was a pleasure getting to know you Lexi!

TROUBLEMAKERS-COACH'S REPORT

The Troublemakers were trouble from the start... just kidding, they were anything but trouble. This group of young ladies are strong, enthusiastic, and very driven. You couldn't come across a more lovely group of girls. They all got along well with each other and often spent most trainings giggling and having fun. This season I wanted to work not only on the girls netball skills and techniques but also focus on fitness. Most weeks we started training with a variety of fitness drills, and while I know it wasn't the girls' favourite pastime, I am so proud of how they pushed every week to better themselves. There was definite improvement to be seen by the end of the season.

Overall, our season was fairly solid, we played some amazing games and lost some tough ones. The ladder simply didn't do our team justice. Our division was filled with so many strong teams who all pushed hard right to the end. Whilst we didn't finish where we would have hoped for the season, we played some incredible games and created some very special bonds.

It wouldn't be a successful season though without the help and support from our wonderful parents who support us week after week. Having a supporting sideline means so much to the girls, it is very appreciated. And from a coach's perspective, if my girls are happy, I'm happy! All the parents have been so welcoming and lovely throughout the year, I really appreciate you all, thank you.

Thank you too to our wonderful manager this year, Kerryn O'Connor. You did an absolutely wonderful job in ensuring the girls were ready to go each week and supporting us from the sideline. Being a manager isn't the easiest job and I really appreciate everything you have done for the team and I know the players and parents do too.

I have one last thank you to the 10 beautiful young ladies who worked with me week after week to make the team what it was. You all have such incredible determination to be the best you can be and I truly hope you all keep that trait as you get older. I am honoured to be able to coach you this year and am so proud to be able to see you all grow. I will miss the banter at trainings and the enthusiasm on game days but can't wait to see you all again next year.

TVAFNC is an incredible club to be involved with, I really look forward to growing as a coach next year and seeing what the club has in store for 2024! Go TVAFNC!

Natalie Rawsthorne

TROUBLEMAKERS - PLAYER PROFILES

Willow Boswell

Total Games at end of 2023 - 26

Willow is a player who everyone can always count on. She's dedicated, strong, determined, and willing to do whatever she can to support her team. Willow had an amazing season holding strong in defence. A special mention to Willow for playing a few games up in division two and absolutely smashing it. Willow, thank you for being you!

Elizabeth Flood

Total Games at end of 2023 – 25

This year, after trialling a few positions, we decided that Lizzy played best in WA, and she never disappointed. Lizzy was always quick to the ball and able to smoothly bring the ball down court. Lizzy is small and quick and was an absolute asset to our team, Lizzy, keep believing in yourself and push yourself to be your very best! Thank you for an incredible season!

Ayla Hogan

Total Games at end of 2023 – 26

Ayla is the mid court strength that every team needs. Often in Centre, Ayla is small but oh so powerful, working beautifully (and speedy) with the other mid court players to get that ball moving. Ayla is always chirpy and makes sure everyone is having fun. Ayla, never give up and keep pushing yourself! See you next year!

Gracie Jones

Total Games at end of 2023 - 10

The whole season Gracie has proven she has what it takes to be an amazing defender. After managing an injury early in the season, she came back as strong as ever and never let the team down. Gracie is inclusive, agile, determined, and powerful both on and off the court. Gracie, I have loved watching you grow and can't wait to see you again next year.

Keira Kirk

Total Games at end of 2023 – 11

Throughout the year, Keira was the player who put the most effort into improving herself and was always eager to learn more. Keira is an incredible shooter and such a beautiful young lady. Keira, keep backing yourself and proving to others how strong and willing of a player you are. Your skills and determination are going to open so many opportunities for you. Bring on 2024!

Amelia Kraljevic

Total Games at end of 2023 – 24

This year Amelia transitioned from attack to defence and always held strong in goal circle defence. Amelia always stood her ground and attacked every ball she could. Although quiet, she most certainly has a strong determination to get that ball back. Amelia you are always a pleasure to coach, and I hope we can welcome you back again next year.

Ingrid Macdonald

Total Games at end of 2023 - 14

Ingrid is an absolute powerhouse wherever she gets positioned. Ingrid is a solid mid court player but also shows her strength and passion in defence. Ingrid always has a smile on her face and is a dedicated player who never lets her team, or coach down. Ingrid, your drive and agility has been so lovely to watch, I can't wait to see where you go from here.

Caitlin Murray

Total Games at end of 2023 – 25

This year Caitlin shone in Wing Defence, the number of intercepts she got this season was incredible. Caitlin is such a sweet soul and has shown a lot of improvement this year. I've loved chatting to Caitlin throughout the year and getting to know her. Caitlin, please never change the kind-hearted person you are!

Chloe O'Connor

Total Games at end of 2023 – 12

Chloe is a little pocket rocket, and sometimes a little chatterbox. On the court Chloe powers through the mid court turning over balls and getting the ball into the circle. We have been very lucky to be able to utilise Chloe as our back up shooter when she isn't taking the mid court by storm. Chloe, your enthusiasm doesn't go unnoticed, thank you for being so beautifully happy.

Linley Stevens

Total Games at end of 2023 - 25

Linley is one of our multi-sport players playing both AFL and Netball. Linley has been a solid shooter this year always working with the other attacking players and aiming for the smoothest play possible. Linley, you have such grace both on and off the court. Keep striving to be the best you can be, thank you for being such an asset to our team.

THRILLERS - COACH'S REPORT

Thrillers, we did again.... Back-to-back winners, SO IMPRESSIVE!!! Winning the Grand Final two years in a row is just incredible and I couldn't be prouder of this amazing team. The outcome is great, but as a coach it was a dream come true to see that each and every player step up and play the way they did. They worked together as a team, stayed calm, played their game, achieved a team goal, and took the win by a whopping 43 to 14.

Coming into this season we knew we had a target on our backs, as we were undefeated the year before. Incredibly we walked away from the season with only one loss, which is a massive achievement, and an indication of how great this team is! At the start of the year, we agreed that a loss or two this season would be to our benefit, as it would take the pressure off, and we could learn from it! And that is exactly what we did, we identified our mistakes, highlighted our strengths, and committed to growth. From then on, no team was able to come near us. When the girls worked together, they were unbeatable!

To say it has been an honour to coach this team is an understatement. Every single player has consistently shown me the utmost respect and displayed an ongoing willingness to learn from me. Despite my persistent running sessions and my (sometimes) unusual drills, they would always attack everything with a smile (possibly laughing at my madness), they would trust that it was for their benefit, and they would always do their best, with each and every player smashing their individual goals by the end of the season.

This season has seen me laugh more than ever, have an honest excitement for game day, feel an immense sense of pride, and I have felt less stress than ever. Thanks to these girls, my love for coaching netball is real!

A special thanks to our wonderful Team Manager, Christina Knobel; Our outstanding Netball Director, Karen Cooper - none of this would be possible without you, you're amazing; my fellow coaches; all the umpires and other officials; and thanks to all the parents for all the support you have shown the girls and I this year!

Lastly, a HUGE thanks to the amazing 10 girls that make this incredible Thrillers team. It really has been a huge honour and I am so lucky to have coached you all this year! You are all outstanding sportswomen and wonderful representatives of this amazing club.

Shell Fisher

THRILLERS - PLAYER PROFILES

Imogen Bond

Total Games at end of 2023 - 30

An absolute superstar in the making. There is not much Immi can't do, she just gets better and better with every season. This year she mastered holding strong in the circle, making her an excellent target in the circle, topped off with her impressive accuracy – shooting over 230 goals this season. Another amazing season deservedly winning the 'Players Player award' for the second year in a row. Congratulations Imm!

Sinead Briedis

Total Games at end of 2023 - 14

Sinead was new to the Thrillers this year and what a perfect fit she was for our amazing team. She quickly adapted to our game, bringing an incredible amount of agility, height and strength. Sinead was an absolute pleasure to coach, happily taking on feedback and applying it to her game, seeing her improve week after week. By finals time she was unstoppable, taking out this year's 'Best in Grand Final award'. Congratulations Sinead!

Elissa Gregory

Total Games at end of 2023 – 20

Liss is a player who has natural netball instincts, who you can be sure will be in the right spot at the right time. With her strong pass and incredible placement, she could always feed the circle with precision. Elissa is the quiet achiever of our team, always two steps ahead of her player and always working hard in the background. With her quiet determination and willingness to take on feedback saw her have an excellent season with great growth. Well done Liss!

Abby Jess

Total Games at end of 2023 - 28

Abby is a solid all-rounder, but undeniably finding her position in the defensive end this year. She is a hardworking player who doesn't give her opponent an inch, often coming out of nowhere to get the intercept. This season saw great improvement in her passing and driving hard for the ball, making her a tough player to keep up with. Well done Abs – you had a great season!

Ella Knobel

Total Games at end of 2023 – 19

Ella is an outstanding teammate, always doing the best she can. Despite an ongoing injury that limited her movement, Ella would always turn up to training week after week to participate in any way she could and to support her teammates. When Ella was able to play this season, she showed her usual strength in defence, turning over a good amount of ball. I can't wait to see what next season brings for you Ella!

Elaina May

Total Games at end of 2023 – 29

Lanes is one of the most joyful players going around, eagerly willing to participate in anything thrown at her and always doing it with a smile. She had an outstanding season in the mid court this year, working hard on the strength of her pass and committing to her lead. As her confidence grew, her game grew too. Well done Lanes, keep it up and keep backing yourself!

Maddi Shiels

Total Games at end of 2023 - 30

Mads is an integral part of our team and TVAFNC. Playing many roles from coach, to umpire, to player, and fill in player for the Div 1's. She had another outstanding season, bringing her usual brilliance in the defensive end, causing all sorts of grief for her opponents and winning a massive amount of ball week after week. Congratulations Maddi on winning the 'Coaches Award' and thanks for your dedication and commitment!

Chloe Smith

Total Games at end of 2023 – 24

Chloe was our most improved player this year, making a huge improvement with her ball skills and defensive play! The last half of the season was impressive from Chlo, she is such a diverse player who could not only play in any position on court, but she would dominate in any position she played in. She is an incredibly agile athlete with a brilliant wingspan (those arms ③). A great season Chlo, thanks for all the laughs at training!

Aislinn Vandermee

Total Games at end of 2023 – 26

What an honour to coach this amazing young lady. Ash always displays respect, kindness and commitment and is an excellent role model. She is a naturally talented netballer who has an incredible ability to read the ball, always getting into the correct position, and with her impressive closing speed she turns over an incredible amount of ball! Congratulations Ash on an amazing season, it is a pleasure to be on this netball journey with you. Keep it up, you are awesome!

Olivia Whitby

Total Games at end of 2023 – 29

Liv is an incredibly talented, reliable, and supportive player. She is highly respected by her teammates, coach, and was voted Team Captain as we came into finals. Proving yet again to be the workhorse of our team, she is an essential player in the mid-court, controlling and dictating every ball as it moved down court. Working hard on her defensive play also saw her turnover an incredible amount of ball and made it very hard for her opponent to ever be an option. Well done on another awesome season, Liv!

THUNDER-COACH'S REPORT

What a great group of girls we have in this team! This season was full of highs and lows with most of our lows coming at the start of the season. We had a couple of setbacks that we knew would impact the season, but to the girls' credit, they were able to stand up and finish the season strong.

Although the season didn't turn out the way that we wanted it to, as coaches, there is no other team we would have wanted to spend the season with. This group of girls have provided us with more laughs than we can count and more frustration than we thought we could handle, but most of all, they have taught us many lessons about ourselves as coaches, as players and most importantly, as people.

We started this season losing games by 20 goals and by the end of the season we were losing by less than 10! The determination, strength and courage you have all shown this season was inspiring to watch.

I want to thank our amazing parents for all the support that they have provided throughout the season. The time you have taken to help with our duty rosters, scoring, fruit and lollies and often sitting out in the cold to support us has been amazing.

Thank you to Jo Banchit for being our ever so organised manager! You run a tight ship and made sure that we knew where we needed to be and when. We appreciate you!

Always the biggest thank you to Karen Cooper for your tireless work in not only making sure our team is happy and supported, but ensuring that our club is running at its very best. We wouldn't have any of this without you!

Thank you Bella Sands for starting out as the assistant coach and ending up as our fourth shooter! I bet you didn't see that one coming!

I can't wait to see what 2024 brings for you all!

Bianca Sands

THUNDER - PLAYER PROFILES

Tahlia Banchit

Total Games at end of 2023 – 37

Our youngest player! T is our backbone through the mid court! Her transition from attack to defence meant that she got a lot of turnovers and her speed down the court allowed us to get the ball to our shooters quickly. Her ability to go between attacking mid court and defensive mid court makes her a very dynamic player who can mix it with players much older than her. T is our silent, smiling assassin. She is very unassuming until you get her on the court. Great season T! I can't wait to see what next year brings for you.

Ella Berry

Total Games at end of 2023 – 22

Every coach's dream! You don't ever give up and you fight for everything. You were so eager to learn and you would take everything from training and put it on the court each week. The pressure you put on the attackers was relentless. Your strength in bringing the ball out of defence and ability to clear the space made it very easy for our attackers to work their magic. What a great season you have had! Well done Ella!

Tayla Bibb

Total Games at end of 2023 - 39

Just when we think Tay can't get any better, she steps it up again! Her ability to read the play is shown by the many touches and intercepts she gets in defence. Seeing her confidence grow this season has been a real highlight for us. Tay understands her own ability and she challenges herself against tough opponents to push that. Tay is one of the most exciting players to watch. It doesn't matter how much taller the shooter is, Tay can shut them down. Don't stop Tay! Next year is yours!

Annalise Blackwell

Total Games at end of 2023 - 20

Annie has a level of calm about her that no one else in our team has. She brings maturity to the court and her ability to read the play and stay calm allows us to maintain control. Annie is a real team player! She always makes sure that the team comes first! She has the ability to guide the team and they listen and respond with action. Annie has the ability to feed the circle and place the ball so that the shooters are right under the post. Annie, you are a real asset to any team. Well done on a great final season of Inters, I know how challenging this season was.

Ava Bond

Total Games at end of 2023 - 10

Ava is always a superstar on and off the court! This season didn't turn out the way that Ava had hoped but her resilience as a person and a player is mature beyond her years. Although we missed Ava on the court, seeing her on the sideline being able to develop the skills to see the game from a different angle was inspiring to watch. Ava, there is no other player like you! I hope to see you back on the court for seniors and state league next season.

Sophie Cooper

Total Games at end of 2023 – 38

If there was ever a season that you were challenged, it was this one. You played with three different shooters and each time you had to adjust to their different styles of play. We are so very proud of the player you have become. Your confidence has grown and in that, so has your game. The accuracy of your shot means that you can pop a goal in from anywhere and I think sometimes that even surprises you! You have the ability to take a ball with strong hands and often under a lot of pressure. This is only the beginning for you! We can't wait to watch you dominating again next season.

Macey Hazell

Total Games at end of 2023 – 37

Our all rounder. Mace is the player that you know you can put anywhere and she will dominate. Her ability to create space on the court means that she is always free for a pass. She is quick in transition and her ability to move the ball quickly and remain calm has resulted in numerous goals throughout the season. She contests every single ball and will get a touch on most passes. Great season Mace! I can't wait to watch you again next season.

Isabel Heathcote

Total Games at end of 2023 - 51

Our loudest player! You'll hear her before you see her and by then it is too late, she is already on the circle edge. Izzy had a cracker of a season. She is a very smart player who is able to think about her next move before she has to make it. She can push the ball to the circle for the shooter under the post or she can reset with the defence on the transverse, all while staying calm and being in control. Great last season of Inters Iz!

Stephanie Nguyen

Total Games at end of 2023 – 28

Another great season from you Stephy! You are so brilliant to watch. You are constantly pressuring your player and making it hard for them to gain possession. Your ability to intercept, get rebounds and move the ball out of defence is such an exciting part of your game. You contest every single ball and you aren't afraid to put your body on the line. You are a true team player and your teammates respect you. Don't stop Stephy! 2024 is going to be bigger and better!

Kyla Pearce

Total Games at end of 2023 - 35

You are a true team player! We have loved watching you push yourself outside of your comfort zone this season. You bring a level of maturity all while still working on being a confident player on the court. You finished this season really strong, getting turnovers and pressuring your opponent right through until you got the ball. You are able to help move the ball out of the defence end and you have the ability to create space through the mid court. You are always on the transverse ready to be a backup and that support carries through as a team mate. Your resilience is more of a credit to you than you know. You have had a great final season of Inters. I can't wait to be able to watch you play seniors!

INTERMEDIATE DIVISION 1

TOXIC SPILLS - COACH'S REPORT

With strong performances at the back end of season 2022, Toxic Spills approached the 2023 season with a feeling of positivity, anticipation and the desire to turn all of the lessons learned previously into results. The team was strengthened by additions to the mid-court and defensive end, with Sam and Gabby calling TVAFNC their new home and fitting into the existing line-up seamlessly.

Great results throughout the season quickly saw Toxic Spills emerge as a real contender for the premiership title. Players worked hard during training sessions and applied new skills on court. Representative duties (both netball and AFL) hit the team hard towards the back end of the season, but with the support of TVAFNC coaches and players, Toxic Spills were able to remain competitive and finished the season as minor premiers.

A strong performance in the Qualifying Final, saw Toxic Spills earn the week off. Grand Final day saw the TVAFNC family turn up ready to offer their support and cheer the girls on. In a hotly contested game, where the lead changed several times throughout, Katz closed a narrow lead and forced the game into overtime. While the girls left nothing in the tank, they were narrowly beaten on the day.

A huge thank you to Charity Burnett for taking on the role of team manager for season 2023, Taryn Virtue for unofficial team photographer, all parents who helped out with scoring, team duties, coaching and positive support throughout the season.

A special thankyou to the 10 players who made Toxic Spills a force to be reckoned with in 2023. This was the culmination of two years worth of hard work and dedication, and whilst the result did not go our way on the day, I could not be prouder of the way you played.

Looking forward to seeing what new opportunities present in 2024!

Louise Patton

INTERMEDIATE DIVISION 1

TOXIC SPILLS - PLAYER PROFILES

Maegan Briedis

Total Games at end of 2023 - 40

Driven, persistent, accomplished: A huge representative year of netball was on the cards for Meg in season 2023, with her selection in the ACT 15's and 17's teams. Meg has been the ultimate professional this year in the shooting circle culminating in an amazing game in the Grand Final, taking heavy contact and drawing intense defence by both circle defenders. In recognition of this, Meg was awarded the Best in Grand Final Award. Congratulations Meg!

Chantel Burnett

Total Games at end of 2023 – 36

Fast, fit and resilient: Chantel continued to show persistence, patience and the conditioning of a sprinter. Easily able to switch from defence to attack with a high level of agility to make repeated, lighting-quick directional changes. The team's bubbliest and most outgoing player! Her efforts were recognised by her peers this year, with Chantel taking out the Player's Player Award at Presentation Night. Well done, Chantel!

Charlie Chase

Total Games at end of 2023 - 21

Dynamic, creative and controlled: Charlie continued to set up play through her amazing positioning and tempo control of the game. A master of the short and sharp with the ability to run, constantly! Watch her explode off the centre link for a centre pass. She is also the winner of the Coach's Award for the team in recognition of her consistent efforts this year. Congratulations Charlie!

Sam Gibbs

Total Games at end of 2023 - 15

Agile, strong-willed and enduring: Sam joined TVAFNC this season after leaving SCNA to finish her junior representative career with TNA. Sam quickly developed relationships within the team and was a welcome addition to the mid-court building on her athleticism and spatial awareness. Look out for her quick, strong and powerful passes from the centre circle. Sam's stay at TVAFNC will be short-lived as her family head off to sunny Qld. Wishing you all the best in your future netball adventures, Sam!

Indiana Kildey

Total Games at end of 2023 – 46

Passionate, versatile, focussed: Indi continued to show great athleticism this year, quickly able to transition from attack to defence and showed a high-level ability in reading the play of the game and locating other team members on the court throughout games, including around the goal circle edge. Indi was the winner of the Dual Sport Player of the Year Award, for her excellent season in both netball and football. Congratulations, Indi!

Martina Luciano

Total Games at end of 2023 - 24

Unflappable, unselfish and steady: A quiet achiever in the shooting circle, Martina's cool and calm manner culminated in the winning shot for TNAs U15s Green Team a second before full time. Martina has maintained this calm exterior throughout the year facing tough defence from other circle defenders. Using her great spatial awareness Martina has continued to grow her ability to free herself from defenders and into good positions for scoring and rebounding. Great work, Martina!

Astrid Mwamba

Total Games at end of 2023 - 23

Athletic, persistent and tempered: Variety and versatility describe Astrid's style, defending the shot, rebounding, take intercepts, driving the ball into attack after it has been turned over. Her aerobic fitness and determination allow her to appear out of nowhere to take an intercept. Well done, Astrid!

Kate Patton

Total Games at end of 2023 – 24

Competitive, decisive and steadfast: Kate continued to show she is a master at feeding the ball to shooting partners and working with different attacking players. Kate's tenacity has pushed her to take a high level of centre passes, pushing the ball down the court and culminating in her finalising the run by shooting a goal. Kate has evolved this year to also take on the WA position. Great season, Kate!

Gabby Scott-Cameron

Total Games at end of 2023 – 26

Energetic, adaptable and dynamic: The chameleon of defence, playing all three defensive positions throughout 2023, Gabby's strengths in defence continued to grow this year due to her pure determination and commitment. High intensity movement and outstanding communication on court have allowed Gabby to further contribute towards a highly successful defence team. Congratulations on a fabulous season, Gabs!

Charliese Virtue

Total Games at end of 2023 - 35

Determined, dedicated and focussed: Often the last line of defence as GK Charliese continued to gain turnovers and rebounds, hassling the unsuspecting GS with focus in order to shut down goals or pull in rebounds. Look out for her amazing vertical jumps! Charliese's skills and abilities were recognised by Netball ACT selectors, with Char earning selection in the ACT 15's team as well as the Netball ACT Academy after her performance at Junior Championships. Bring on season 2024, Char!

YEAR 5 GREEN

TERRORS-COACH'S REPORT

Terrors, what a season! These girls put their heart and soul into every training session and came to each game positive and ready to give it their all.

It was a tough first season as a team. 9 of our 10 players are in year 4 and the girls played up in this year 5 competition. This didn't stop the Terrors being competitive with all teams that were a year older.

Our defence was strong and the turnovers gave us great opportunities to head down court and get points on the board.

Terrors have a lot of multi-skilled players and this was an advantage to change it up each quarter and get the girls playing well together, and get them ready to up skill in positions for the next season.

Terrors had some amazing wins that gave the girls a boost of confidence. We also had some disappointing losses but the girls didn't let this bring them down.

Maddie, Elaina and I would like to thank all the girls for an amazing 2023 season along with the dedication from their families in getting the girls to training and games and the yummy fruit and snacks for after each game.

Bring on 2024 TVAFNC family!

Patrice, Maddi and Elaina

YEAR 5 GREEN

TERRORS - PLAYER PROFILES

Zoe Annan

Total Games at end of 2023 - 12

Zoe, you came to Terrors not knowing the other girls and boy did you show them what hard work and dedication to training can do. You improved every single week from the first time you stepped on the court to the end of the season. You blew us away with your great positioning on the court and amazing intercepts in defensive positions. Always driving hard and fast around the mid court and getting the ball to the attacking end made the opposition work hard. A coach's dream thanks for making season 2023 so great. By far deserved the Most Improved award, congratulations!

Amelie Davies

Total Games at end of 2023 – 14

The workhouse of our team and one of the most positive players I've ever met! She is really one of the best teammates you could ever ask for. She is always trying her hardest in every situation as well as always being first to training and game day. Constantly supporting her team and always seeking and implementing feedback. Although she is a quiet achiever, she always pushes herself to improve and is definitely obvious on the court. Thank you for trusting us and always trying hard. Congratulations on "Coaches Award" Great season Amelie x

Emma Felstead

Total Games at end of 2023 - 15

Emma started the season a strong mid court player and added shooter to the list of positions she excelled at. Emma absolutely did not let the team down no matter the position she was given- she gave it her all every time she stepped on the court. Emma was able to dart around the court and fire off amazing hard and strong passes into her shooters every touch of the ball. Emma and Rose worked extremely well together- it was great watching them. They knew exactly where they both needed to be at the attacking end. Emma is a player who can transition very fast from attack to defence and is always able to turn over the ball. Can't wait to see you grow and excel in netball, Emma, thanks for a great season.

Charlotte Green

Total Games at end of 2023 – 16

Charlotte, your positive attitude adds so much enjoyment to every training. She always has the largest, happiest smile on her face whether she's at training or a game. She helps us coaches to pick what games and enjoyable activities we play at the end of most trainings. Throughout this season, Charlotte has honed her skills and proven that she is capable of doing anything that we show or teach her. Thank you for your amazing hard work and dedication towards the team for being an outstanding defender. Well done this season, we are so proud of you!

Aleriah Kearney

Total Games at end of 2023 – 12

Your constant work in defence, she always applied our feedback and was always trying to improve, over the season she turned over heaps of balls leading us to the win! Your addition to the defensive circle was always a bonus and you always made it difficult for your opponents to get what they wanted! She was always full of stories to share with us coaches. She has been a fantastic addition to our team. Everyone was made to feel extremely welcome by her outgoing personality. We appreciate you for being who you are, and we wish you all the best in the future!

YEAR 5 GREEN

TERRORS - PLAYER PROFILES

Ava Mobberley

Total Games at end of 2023 - 14

Ava- You are the brightest source of joy, and you constantly find a way to make people happy and smile. She started off as one of the team's quieter players and has now developed into one of the most energetic. She is the shining star in the team always making everyone giggle and making the cold long nights just that little bit better. Her performance this season has been outstanding, with her incredible defensive pressure causing a massive amount of turnovers. We appreciate you being a member of our team and wish you the best of luck in everything!

Rose Mylek-Fletcher

Total Games at end of 2023 - 13

Cool, Calm and collected. Rose makes goal shooter look effortless from anywhere in the shooting circle, her accuracy was on point. Rose gave it her all and got the ball up and over every time. Just because most defenders were a head and shoulders taller than Rose it didn't matter, with her strong drive and good positioning Rose was always where she needed to be. Rose's positive attitude and dedication towards her team and everyone around her made season 2023 a great one.

Maddison Thomas

Total Games at end of 2023 - 15

Mads, you're such a pocket rocket in mid court. Always cool, calm and collected, absolutely smashing it when we threw in a running session, she could run for hours! Such a strong teammate who absolutely dominated in any position we threw her into. She is amazing at sticking to her player and making it extremely tough for all her opponents. She is such a valued player in our team bringing a powerhouse in mid court, lots of giggles and of course her amazing skill. We are so proud of how far you've come this season, keep up the good work Mads!

Montana Villatobas

Total Games at end of 2023 - 15

A dream to coach and a spectacular defender. Always giving it 100% at training and on game day. She is a naturally talented and gifted player that always has a massive impact on game day, undeniably winning "MVP". Not only is she unstoppable in defence but also always getting all her shots in as a shooter. Her ability to read the play was unmatchable! We lost count of how many intercepts she gained, we are so beyond proud of you. Monti thanks for being such a superstar, we loved being a part of your journey!

Ruby Welfare

Total Games at end of 2023 – 9

Surgery on her finger and a broken wrist this season for Ruby but this didn't stop her determination to get out on the court and put in 110% every game. Ruby came back stronger than ever. The last game of the season for Ruby was epic-if she wasn't getting intercepts in both defence and attacking positions, she was scoring goals and driving hard for the centre passes. Ruby excelled in every position on the court even asking to play GD and absolutely smashed it. Ruby can shoot from anywhere and is very accurate (when she uses her 3 seconds). She has great space awareness and knows when she can sweep the circle, refeed, or just pop out to receive the ball. Never give up Ruby, thanks for your enthusiasm, encouragement, and love of netball in 2023.

YEAR 4 GREEN

TORNADOS - COACH'S REPORT

This season has been nothing short of incredible, built on the foundation of friendship and shared passion for netball. From the very beginning, we knew we had something special. The bond the girls formed between each other transformed the court into a place of friendship, laughter, and unforgettable memories. Together we faced challenges, celebrated victories, and supported each other through it all. This season will forever hold a special place in our hearts, reminding us of where our coaching journey began and the determination this team has.

The team's training sessions have been absolutely amazing- with players pushing themselves, supporting each other, and having a blast together. Whether it was practising drills, perfecting our skills, or working on team strategies, every session was filled with energy and excitement. It was incredible to see how much we grew as a team and the progress we made. These training sessions truly brought us closer and made us stronger.

We want to take a moment to express our heartfelt gratitude to our amazing manager, Karen Cooper, and everything she has done for us this season. Thank you for your guidance as we navigated this new adventure!

We would also like to recognise the dedicated parents for their patience and understanding. Thank you for your unwavering support, tireless efforts, and commitment throughout the season. Your contributions have been invaluable, and we are truly grateful to have such an incredible team behind us.

Finally, a big round of applause for the incredible team members. All the girls came into this season open minded, determined, and ambitious. Everyone brings something different to the team, and we couldn't be prouder of the amazing players you have become.

Together, we've achieved great things, grown as athletes, and formed lifelong friendships. Keep shining on and off the court!

We are the Tornados!

Sophie Cooper and Stephanie Nguyen

YEAR 4 GREEN

TORNADOS - PLAYER PROFILES

Aria Armstrong

Total Games at end of 2023 - 15

Aria is a very quick learner and, although being new to the sport, she worked hard to develop her understanding of the game. Her determination and persistence throughout the season were outstanding, and her effort was always reflected in her performances. She was always implementing skills from training into her play: such as drives, dodges and her circle holds, which led to her quickly becoming a strong defender. She continually sought advice and was always asking how she could improve. We loved watching you grow this year, great season Ari!

Georgia Ball

Total Games at end of 2023 – 15

Georgia is a player that will never fail to impress you. Her work rate and tenacity on the court is remarkable. From her accurate shooting to her amazing defence, there isn't a position she can't play. Her ability to recognise open space on the court allows her to make hard drives and work the ball down the court. When in defence, she reads the plays like a book. With her vision and speed, she is able to pick off intercept after intercept every game. We have loved watching Georgia play this season and we can't wait to see where she goes in the future!

Liana Barron

Total Games at end of 2023 – 14

Liana is an amazing defender, able to cover and dictate her opponents. Her tight one on one allowed her to cut off her player, and her quick feet got her intercept after intercept. She contested every ball and was a fierce competitor in the circle and throughout the midcourt, using her strong passes to move it down to our attackers. Her incredible defence was evident in every position we challenged her with, and each week she became a stronger competitor on court. She was a lively player who brought energy to both trainings and games, and always played with a smile. Awesome year Liana!

Elodie Hawkins

Total Games at end of 2023 – 14

Ellie is a tough defender, able to both defend shots and guard the goal circle. Her ability to take in our advice encouraged a competitive defensive style, and her versatile skill set allowed her to dominate her player no matter the situation. Ranging from hands over to simply cutting off her player, she was always putting her best foot forward. Not only was she an incredible defender, but she was also an awesome attacker- who quickly learnt her role of taking throw in's and being a crucial backup when the midcourt was struggling. Ellie made incredible progress over the course of the year, and we couldn't be prouder. Fantastic year, Ellie!

Anna Kehoe

Total Games at end of 2023 – 10

Despite Anna being set back by injury at the start of the season, she got the hang of the game quickly. You wouldn't know that this was her first year playing netball and that she missed the first few games. Her enthusiasm at training didn't go unnoticed. She always came in with a positive attitude which really helped us as coaches. During the games, she always put in 100% effort, sticking to her player in defence and driving to space in attack. It was great to see Anna's development this season!

Ella Poulter

Total Games at end of 2023 - 15

Ella is a strong player throughout the mid-court whose drive and determination often led to possession of the ball. She is a powerful defender, who stuck tight and shut down her opponent- she remained calm and prepared for any tips she could grasp. She was able to pull in any ball, and quickly transition to attack to get the ball through the mid-court. She finds space and always knows when she is needed. Her strong passes are crucial to feeding the circle, and she plays strong until the final buzzer. During training, her persistence and drive to improve was admirable. Great work Ella!

Kayla Skelly

Total Games at end of 2023 – 14

Kayla Is a tiny but mighty player, that will always make you laugh! Her passion for the sport was always evident, both on and off the court, regardless of the circumstance. She is a superb attacker who uses her speed, dodges, and drives to get rid of opponents and open space for herself and her teammates. She has an excellent read on the play and knows when to pass off or shoot. Her quick change over time from attack to defence allowed her to shut down and often turn over the ball, and you could always hear her cheering on her buddies and flashing a wide smile. fantastic season, Kayla!

Charlotte Stanfield

Total Games at end of 2023 – 14

Lottie is a brick wall in defence. Her style of defence meant that it was nearly impossible for her player to get the ball. She's also been able to adapt to new styles of defence throughout the season making her an even more dangerous player on the court. We love watching Lottie go for every single ball and the amazing intercepts she pulls off each game. She is also a vital player when it comes to bringing the ball down the court. She knows when and where to drive in order to receive a pass. It's been great to watch Lottie develop over the season!

Aaliyah Welfare

Total Games at end of 2023 – 14

Aaliyah is a very versatile player. We put her in different positions, and she gave each of them a crack. Her defensive pressure on the court resulted in many turnovers for our team and it usually meant she cancelled out her player. When she was attacking, she had clear and precise dodges to get rid of her defender and to find open space. Aaliyah is a very enthusiastic player which was evident in her hardworking attitude at training and on the court. It was so great to watch Aaliyah grow as a player this season!

Taeyah Whiting

Total Games at end of 2023 – 15

Taeyah is such a dynamic player. It took a bit for her to come out of her shell, but she has grown into such an amazing player. She is a sponge for advice and will put into action any feedback she is given. We put her in a couple of different positions this year and she excelled in each of them. Her passes into the circle were unstoppable and her quick dodges and drives meant her defender had no idea where she was. We are so glad that we got the opportunity to coach Taeyah this year!

















