



VALLEY NEWS



Tuggeranong Valley Australian Football Club

Important Dates

14 December 2020

Board Meeting

15 December 2020

Preseason Training

U14s to Seniors

6-7:15pm @ Isabella 101/102

17 December 2020

Pre-Christmas Training Ends

Rising Stars to Seniors

6-7:15pm @ Greenway

End of Year

Sponsor Event

Late December 2020

Senior/Community Grade

Draw Release

2 February 2021

Senior training resumes

February 2021

AFL Fixture Release

28 February 2021

Junior Registrations Close

Late March 2021

Junior Draw Release

17 April 2021

Round 1: Community &

Rising Stars Men

24 April 2021

Round 1: Juniors

1 May 2021

Round 1: Seniors

Ho Ho Ho, it's a word from the President

As our last newsletter for 2020, the very first year of the Tuggeranong Valley Australian Football Club, I would like to thank every single member of our amazing Community for pulling together to make 2020 a resounding success. Throughout the season I had the privilege of witnessing first hand just how resilient and committed our Valley community is in bringing together four Clubs to create a single, strong and supportive family never more so needed in our times than in 2020.

In 2021 we will face many new challenges and square off against some of our 2020 foes but rest assured we, as a Club and Community, are in a very strong position to tackle these.

Recently we held our first Annual General Meeting, which saw Kellie Hogan and James McCabe stand down from the Board. At our first Board meeting, Luke Lowes also advised he was unable to continue as a Board member. All three have been tireless and dedicated volunteers for the Club in its first year and well before throughout the Valley community. Fortunately, for the Club Kellie, James and Luke will remain very much involved in the Club's operations across senior and junior football so we are very grateful to all three of them for their commitment to the Club and the Tuggeranong Community. The AGM saw Mel Keen and Murray Chynoweth elected to the Board which continues the very strong structures we have implemented and both have certainly hit the ground running!!! With Luke standing down we have one vacancy on the Board and are keen to hear from anyone who would like to be considered for a Board role. If you are interested please email me at president@tuggeranongfc.com.au and we can have a chat.

Ho Ho Ho, it's a word from the President

The festive season draws to a close each year and on behalf of the TVAFC Board I would like to wish each and every member of our beautiful community a very Merry Christmas and a very safe and fun New Year. Please look after yourself and your loved ones and we will see you all in the new year, back on the park supporting our great Club!!!

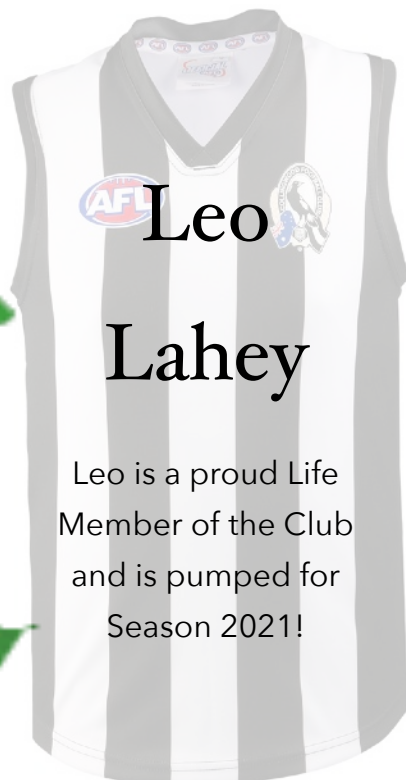
Merry Christmas to everyone!!!

Leo Lahey
President
Tuggeranong Valley Australian Football Club

Club Board

Season 2021

The Board is excited for what 2021 may bring the Club and what better way to get to know them than by way of the following introductions:



President

Leo has been involved with AFL in Tuggeranong since 2014 when he first moved to Canberra from North QLD.

Leo has three children, Steph, Leo and Elliot - all of whom play for the Club.

Over the years, Leo has been a Coach, Umpire, on Committees and Boards - very much hands on!

This year sees Leo in his third year as President, as well as Senior Women's Coach, SESA Coach & the list goes on....

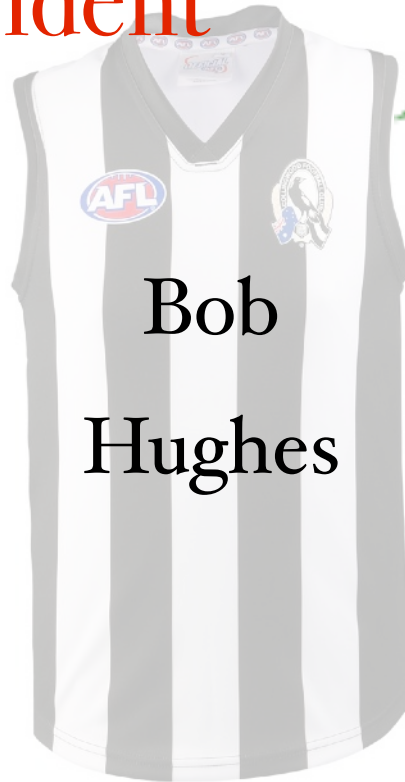
Leo's wife Anne is also often seen around the Club helping out whenever she can.

Vice President

Bob has been with the Club since 1968 as a junior with South Woden.

Bob brings to the 2021 Board a wealth of knowledge from previous experience as a player, Club President and Board Member.

Bob has a highly distinguished playing career receiving the 1st Grade Best and Fairest six times. In 1999 he was included in the official 'ACT Legends' team chosen to commemorate 75 years of football in the territory and in 2011 was subsequently elected into the AFL Canberra Hall of Fame.



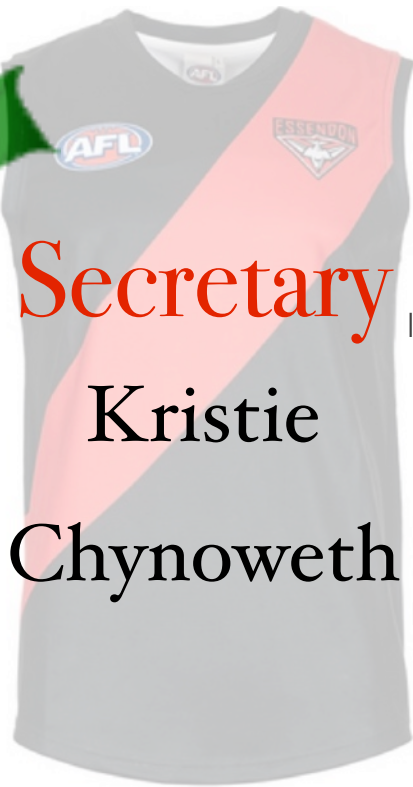
Treasurer



Brett has been on the Board (mainly as Treasurer) since 2016 and is a Life Member of the Club.

Although not involved in 2020, all three of Brett's kids (Tash, Lachlan & Kieran) played with Tuggeranong over a number of years and have helped out around the Club. His wife, Janinne, has also been involved in the Club, including running the canteen for a number of years.

Brett was a player with the Tuggeranong Bulldogs senior team for a number of years. He was an assistant at the Tuggeranong Hawks Seniors in their last year in NEAFL, assistant coach of the Senior men's team for 3 years, senior coach of the women's team for 3 years, then assistant coach of the 2nd grade men's team for 1 year.



Kristie has been Club Secretary since 2019 and is the better half of Muz, who most people around the Club know.

Their son Nic played 17s and Rising Stars in 2020 until he broke his wrist a couple of games in.

Their daughter Emma is 14 and they would love her to play AFL but haven't been able to convince her yet.

Kristie is happy to put her hand up and help wherever and whenever available and is a great believer that many hands make light work.

Kristie was Club Registrar at the Bulldogs for a number of years.

Outside of football Kristie and Muz like to cruise, but due to COVID won't be going anywhere on a ship anytime soon.

Corporate & Strategy

This is Luke's third year on the Board. He played Seniors for Tuggeranong from 1993-2005 and has been a long term Club Sponsor, since 1997, with his Company Procurement Professionals.

Luke has coached the Under 12 Girls for the past two seasons. He has three daughters, Tayla, Abby and Karli that all play in the Juniors. His wife, Mel, has also been involved with the Club, including the organisation of esteemed events such as Women in Sport.





Ray Ghirardello

Ray is very excited by the positive direction of the Club and the long overdue amalgamation that proved a great success in 2020. It will continue to provide an excellent pathway for all the juniors in the Valley and will ensure TVAFC will be a strong force long into the future.

Senior Football

Ray has been involved in football in the Valley since 1985. Initially as a junior coach and progressing to the senior Club, holding various titles and undertaking many different roles from volunteer, 2nd grade men's coach, assistant senior coach, chairman of selectors and more recently Board member. Ray continues in the role of Director Senior Football in 2021. Ray is supported by his brilliant wife Mary who works very hard behind the scenes across many areas of the Club. Ray and Mary have four adult children, Matt, Tim, Kathryn and Anne-Maree, all of whom have played over 100 senior games, and numerous junior games, in the Valley. All are Life Members of the TVAFC.

Junior Football

Laura has been part of the Tuggeranong Football community for 19 years. Laura has a real passion for the Club and after a successful first year as an amalgamated Club, she is excited to continue to grow a strong junior program in 2021! Laura's family are strongly involved in the Club, with her other half Ricci Miller coaching the Rising Stars, her son Dante coaching the U13s and her son and daughter, Diego & Kiara playing. Laura and Ricci just need to convince their daughter Jasmine that footy is the sport for her!! As well as being our Junior Director, Laura also manages our Rising Stars and our U12 Girls.



Laura Scheele

Bring on 2021
looking forward to
'fingers crossed' a full
season of footy!!

Communications



Melissa Keen

Mel has been involved with AFL in Tuggeranong since 2012, and on the Committee since 2016.

Mel has two children who play for the Club. In 2021, her son Alex will be in U15s and daughter Zoe will be in U14 Girls. Mel's husband, Greg is often seen running the boundary for the kids' games each weekend.

Tuggeranong AFL runs in the family with Mel's father-in-law, John Keen a Life Member since 1983.

Murray, more commonly known around the Club as "Muz" has a son who played a handful of games in U17's and Rising Stars in 2020, as he broke his wrist very early in the season. He also has a daughter that much to his disgust refuses to play AFL. His wife Kristie (aka better half) is the Club Secretary.

Muz has been involved in Tuggeranong football for around 12 years and has held several committee positions at Bulldogs, including Treasurer. In 2020, Muz helped on many sub-committees and umpired the Women's Community side (some may say badly), helping wherever he could.

Community Murray Chynoweth

Kristie and Muz have run the Southern Cross Friday Night Meat Raffle for the last two years, raising funds for the Club.

Interestingly, Muz collects Technics Lego and enjoys doing jigsaws.

Facilities & Property

Glenn Symons

Glenn is a proud Club Life Member and also very involved in Netball, being a nationally accredited score bench official and badged netball umpire.

Glenn has been on the Board since 2017 in a few roles and in 2020 also assisted running the home canteen.

Glenn has also been an assistant coach at Men's 1st grade, Men's 2nd grade and senior Women's levels.

Both Glenn's boys, Jason and Ben, have played Seniors since 2007 and 2009 respectively, having played for Lions since Under 10's. Ben has been involved with the Club in various ways over this time and absolutely loves the Club.

Merchandise

Craig started at the Club in 2012 managing Men's 2nd grade and progressed to 1st grade in 2013 (last year of NEAFL) through to 2019. In 2020, Craig first became a Board member and has been on the Football Committee for a number of years.

On game days Craig can be seen Timekeeping, helping in the canteen, setting up and packing up and anything else that may need to be done.

Craig has two daughters, Izabell who played her first year of AFL in 2020 for Under 14 Girls and Angelia who has been managing senior teams for 3 years.

Craig McLeish

After the births of his daughters, becoming a Life Member of the TVAFC is one of Craig's proudest moments.

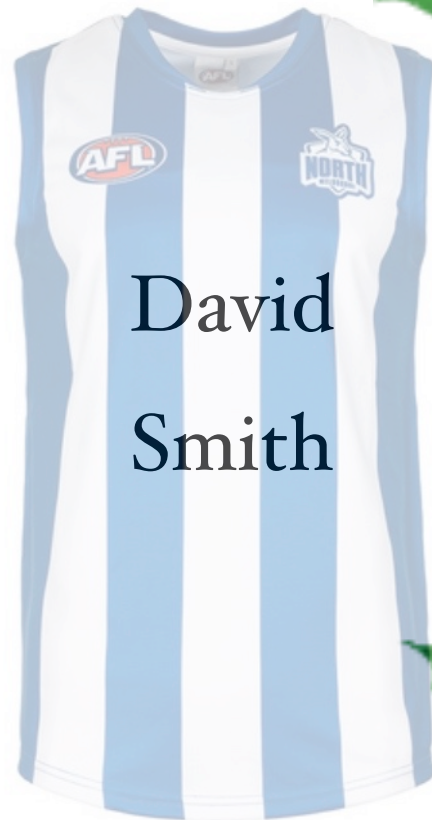
Club Patron

Season 2021

Club Patron

The TVAFC are excited to announce **David Smith MP**, Federal Member for Bean, as the Club's Club Patron for the second year running.

David, an ardent North Melbourne supporter, is a true Canberran and in the relatively short life of the TVAFC has built a very strong bond with the Club and we are proud to announce David as our Club Patron for 2021.



McIntyre
PROPERTY



Events

2020 Sponsor Thank You

The Club is holding an event to thank our Sponsors for their support during 2020. This will be held alongside the last preseason training session on Thursday 17th December.

It would be great if players are able to hang around after their session to chat with the sponsors.



Volunteers

Many Hands Make Light Work

TVAFC is a community Club run by volunteers, no-one is paid to do what they do at the Club and many volunteer their time freely for the good of the community.

The good old saying "Many hands make light work" is so true. Even if you can only help out on the odd occasion, please put your hand up!



The more volunteers, the less everyone has to volunteer their time. If you have a friend you can volunteer with and take it in turns so you each have a week off - even better.

We need your help to make 2021 a success!



If you are interested in lending a hand, there are many committees that would love your help! You can choose to do as little or as much as you would like. All help makes lighter work for someone else.

Check out the following opportunities for you to be involved:



Do you have expertise or a keen interest in Finance?

Then lend a **hand** and join the Finance Committee, email Brett at treasurer@tuggeranongfc.com.au

Do you have a passion for footy?

Then lend a **hand** and join one of the Football Committee's. To assist on the Senior Football Committee, email Ray on football@tuggeranongfc.com.au

To assist on the Junior Football Committee, email Laura at juniordirector@tuggeranongfc.com.au



Volunteers

Many Hands Make Light Work



Do you have an expertise or keen interest in Communication?

Then lend a **hand** and join the Communications Committee, email Mel at **communications@tuggeranongfc.com.au**

Volunteer Today!

If you are interested in playing a bigger role at the Club, there are many committees that you can lend a hand on....

Events and Fundraising, Canteen, Facilities, Merchandise, Corporate and Strategy. Email Kristie at **secretary@tuggeranongfc.com.au** and let her know what you are interested in doing and she will put you in touch with the right person.

WANTED

First Aid/Level 1 Trainers



TVAFC is committed to building on the success of season 2020 and we are seeking more people to assist across all areas of the Footy Club.

A crucial area that we that we are seeking assistance/ volunteers for is **First Aid/Trainers/Strappers** for training nights and game days.

Note: Training, qualifications can be arranged via TVAFC

If you are interested in, or require additional information, please contact:
Ray Ghirardello, Director Senior Football by phone on **0422 060 134**
or email at **football@tuggeranongfc.com.au**

Volunteers

Many Hands Make Light Work



TVAFC
Events & Fundraising
**INTERESTED
IN HELPING
OUT?**
YOU CAN HELP AS LITTLE OR AS
MUCH AS YOU LIKE!
1 OR 2 EVENTS OR EVERYTHING
IT IS UP TO YOU!
EMAIL YOUR INTEREST TO MURRAY AT
COMMUNITY@TUGGERANONGFC.COM.AU



★ WANTED ★ PHOTOGRAPHERS

Are you interested in photography?

We are seeking expressions of interest from members of our community to take photos throughout the season.

We are looking for volunteers from the amateur happy snappers to the more elite semi-professionals who are interested in capturing Club moments.

Email your interest to Mel at
communications@tuggeranongfc.com.au

Player Registration

2021 Open Now

Our Club stands out above the rest because of the community experience. Footy life at TVAFC is about belonging to a community and the Club has plenty on offer including:

- Low registration fees
- Auskick Rookies and Auskick Pros receive an AFL pack directly from the AFL as part of their registration
- New Junior players from Under 9s and above receive a free Club hoodie, playing shorts and socks
- Senior players receive a Club Polo, T-Shirt, playing shorts and socks
- A Kick Start Program with scholarships that allow kids that otherwise would not be able to play sport to join in, and
- Partnership with the Greater Western Sydney (GWS) to promote AFL in the Tuggeranong Valley.

Important:

To ensure the team draws are available on time, AFL Canberra require team registration details in early March 2021. Therefore, Player registrations must be completed by **28 February 2021**.

Register Now

for 2021 Season

Select the link below to register for:

[U17s to Seniors Player Registration](#)

Select the link below to register for:

[U9s to U16 Girls Player Registration](#)

Auskick Rookies and Pros (5-8 year olds)
Registration Coming Soon!

Sponsors

Season 2020



ReliaBuilt



Team Sponsors

Season 2020

absolute outdoor
constructions

WAS WODEN
AUTOMOTIVE
SERVICES

CLARITY
Home loans made clear.

SHEDS SHADE AND TURF
Pty Ltd

CHAS HOHM
HAIR WORKS

TLR Communications

K.W. Jacobs
PTY LTD
MASTER ROOF TILERS

MATISH
CONCRETING
0400 110 588

solarhub

Erindale Pharmacy + Lanyon Pharmacy +

Club Sponsorship Opportunities

2021 Season

The TVAFc have always received great support from local Canberra sponsors who have assisted the Club through monetary donations to purchase equipment for training as well as vouchers that are awarded to players on game day.

If you, or someone you know, owns a business and wants to sponsor the Club, we would be happy to have them on board. In return, sponsors receive regular acknowledgement and publicity via Club website, Facebook page, Instagram account and in the Newsletter.

Sponsorship opportunities can be arranged by emailing Bob on **robert.hughes@morellservices.com**

Coaching Groups

2021 Season

2021 continues to look stronger and stronger for the Valley.

The coaches are super pumped for pre-season and looking to build on a strong first year. Get excited for 2021!

Welcome to the family - Paul, Wadey & Heather. It's great to have you all on-board.

Men's - Coaching Group

Head Coach: Jimmy "Ricey" Rice

Kurt "Sketty" Masters

Mick "Patto" Patton

Paul "Fossil" Highmore

Matt "Wadey" Wade

Will "Tin Man" Prowse

Charles "Chuck" Prowse

Greg "Wakka" Walker

Ricci "Mills" Miller

Mark "Woody" Woodward

Senior Women's - First Grade - Coaching Group

Head Coach: Leo "Leroy" Lahey

Senior Assistant Coach: Heather "Haych" Flannery

Assistant Coaches: Steve "Donners" Donlan

Damien "Bowlesy" Bowles

Mark "Raz" Rasmussen

Senior Women's - Community Grade - Coaching Group

Head Coach: Steve "Donners" Donlan

Senior Assistant Coach: Vacant - Please email Ray at football@tuggeranongfc.com.au if you are interested in helping out!!!

Assistant Coaches: Damien "Bowlesy" Bowles

Mark "Raz" Rasmussen

Coaching Groups

2021 Season

Junior Coaching Group

Coming Soon....

Junior Coaches & Managers

Expressions of Interest

**Interested in developing our Junior players skills
and love of our game in 2021?**

Become a Junior Coach, Assistant Coach or Manager and be part of
our players growth and development!

If you are interested,
please complete the form by clicking [here](#)

Please contact Laura at juniordirector@tuggeranongfc.com.au
if you have any questions



Brindabella Print



Website: tuggeranongfc.com.au

Email: secretary@tuggeranongfc.com.au

Facebook: facebook.com/tvaafc

Twitter: @TuggeranongFC

Instagram: tv_afc

Preseason Training

2020 Sessions

Our first few training sessions for male and female players **turning 14 in 2021 to Seniors** have had excellent attendances with 70-80 players across our men's, women's and junior programs.

With only 3 sessions left before Christmas, please come along and start preparing for 2021!

Day	Date	Time	Location	Check-In Code
Thurs	10 Dec	6-7:15pm	Kambah Oval 107 <i>Chirnside Cct</i>	945728
Tues	15 Dec	6-7:15pm	Isabella Oval 101/102 <i>Cromwell Cct</i>	947524
Thurs	17 Dec	6-8pm	From the Pavilion 288 Soward Way, <i>Greenway</i>	945711



For further information visit
covid19.act.gov.au/check-in-cbr



PROCUREMENT
PROFESSIONALS



Guardian
EARLY LEARNING GROUP



ENCORE
COMMERCIAL CLEANING SERVICES



BALFRAN
REMOVALS



Bendigo Bank



Preseason Training

2021 Sessions

Preseason training (post Christmas) will re-commence on **Tuesday 2 February 2021** for male and female **Rising Stars to Senior** players.

Details of **Junior** preseason training sessions will follow in the new year.

 Proud sponsor of: Luke Andreatta	 Proud Sponsor of: Emma Beaumont	 Proud sponsor of: Connor Ashcroft
 Proud Sponsor of: Kate Greenacre	 Proud Sponsor of: James McCabe Glenn Currie Adam Walker	 Proud Sponsor of: Stephanie Koutsoupas
 Proud Sponsor of: Annie Ghirardello	 Proud Sponsor of: Matt Channon	 Proud Sponsor of: Taylah Nash
 Proud Sponsor of: Kaiti Primrose	 Proud sponsor of: Ryan Kennedy & Andrew Ryan	 Proud Sponsor of: James McCabe
 Proud Sponsor of: Kelly Donnelly	 Proud Sponsor of: Logan Gray	 Proud Sponsor of: Kahli Abbott
 Proud sponsor of: Ed Collins	 Proud Sponsor of: Leo Lahey Jnr	 Proud Sponsor of: Charlotte Roach
	 Proud Sponsor of: Emily Croft-Sharp	 Proud sponsor of: Kaylee Gregory

AFL Canberra - Season Dates

2021

2021 SEASON DATES - ALL COMPETITIONS

DATES	JUNIORS	COMMUNITY	RISING STARS MEN	SENIORS
17 – Apr		1	1	
24 – Apr <i>ANZAC Day</i>	1	2	2	
01 – May	2	3	3	1
08 – May	3	4	4	2
15 – May	4	5	5	3
22 – May <i>Indigenous Round</i>	5	6	6	4
29 – May <i>Reconciliation Day</i>	6	7	7	5
05 – June	7	8	8	6
12 – June <i>Queens Birthday</i>	GB	GB	GB	GB
19 – June <i>Sockit2MND Round</i>	8	9	9	7
26 – June	9	10	10	8
03 – July	GB	11	11	9
10 – July	10	12	12	10
17 – July	11	13	GB	GB
24 – July	12	14	13	11
31 – Jul <i>RUOK? Round</i>	13	15	14	12
7 – Aug	14	16	15	13
14 – Aug	Finals W1	17	16	14
21 – Aug	Finals W2	Finals W1	17	15
28 – Aug	GF	Finals W2	Finals W1	Finals W1
04 – Sept		GF	Finals W2	Finals W2
11 – Sept			GF	GF

Information correct as at date of publication.

Community Notices

What's new?



Did you know the Club has a **parkrun** Running Group?

It is easy to add yourself to the group.
All you have to do is:

▶ Register, if you haven't already, with parkrun at:
<https://www.parkrun.com.au/register/>

▶ Add "Tuggeranong Valley Australian Football Club"
to your parkrun profile under Running Club.



Instagram

Instagram is up and running!

Follow us today to keep up to date with
happenings at the Club.

tv_afc

Thank you to those who are already following the Club ★

Community Notices

What's new?



*Tuggeranong
Community*

FOOTY – 2021

**Seniors 3rd grade mens and
2nd grade womens**

"I love this game"

Contact: playafl@tuggeranongfc.com.au

Facebook: Tuggeranong Valley Australian Football Club



Community Notices

What's new?

Have you linked your Canberra Southern Cross Club membership to the Club yet?

The **Canberra Southern Cross Club** introduced a Community Reward program in July 2015. The program donates 7.5% of linked member purchases on food and beverages back to us.

This is a great way for the Club to raise funds and doesn't require you to lift a finger - once you have linked your card.

All you have to do is head to **csc.com.au** and search for "Community Rewards Program" or ask at reception next time you are at the Club.

Note: 7.5% is not calculated on function spend or purchase made at Snapper or on their boat.



Merry
Christmas
and
Happy
New Year